







Event Calendar

May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
			<h1>May 2021</h1>			
2	3	4	5	6	7	8
2:00 PM Communion Service	10:00 AM Indian Lake Walking Trip 10:00 AM Craft Time 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM First Floor Hallway Activity 2:00 PM Catholic Rosary	9:30 AM Grocery Trip 11:00 AM Better Balance 12:30 PM Bank Trip 1:30 PM Max Memory 1:30 PM Great Courses - A Smithsonian Tour of American History 2:30 PM Movie Matinee	Happy Cinco de Maya 11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move and Groove 1:00 PM Bible Study 2:00 PM Grab N Go Treat 2:00 PM 3rd Floor Activity 3:00 PM Walk & Talk	11:00 AM Resistance Training 1:00 PM Second Floor Hall Activity 2:00 PM Great Courses 3:00 PM Happy Hour	11:00 AM Exercise Class 2:00 PM Catholic Communion 2:00 PM C O O Chat	<h2>Visit with friends</h2>
9	10	11	12	13	14	15
2:00 PM Sunday Worship Happy Mothers Day	10:00 AM Indian Lake Walking Trip 10:00 AM Craft Time is Canceled for today 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM Westmoreland Mall Trip 1:00 PM 1st Floor Hallway Activity 2:00 PM Catholic Rosary	9:30 AM Grocery Trip 11:00 AM Better Balance 12:30 PM Bank Trip 1:30 PM Max Memory 1:30 PM Great Courses - A Smithsonian Tour of American History 2:30 PM Movie Matinee	11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move and Groove 1:00 PM Parkinson's Support Group - Clubhouse is canceled until further notice 1:00 PM Bible Study 2:00 PM 3rd Floor Activity 3:00 PM Walk & Talk	11:00 AM Resistance Training 1:00 PM Food Meeting - AC 1:00 PM 2nd Floor Activity is canceled today 2:00 PM Great Courses 3:00 PM Happy Hour 4:30 PM Lucciannos Dinner Trip	11:00 AM Exercise Class 2:00 PM Re-Connect	<h2>Go for a walk</h2>
16	17	18	19	20	21	22
2:00 PM Sunday Worship	10:00 AM Indian Lake Walking Trip 10:00 AM Craft Time 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM 1st Floor Hallway Activity 2:00 PM Catholic Rosary 3:00 PM Singers "R"Us	9:30 AM Grocery Trip 11:00 AM Better Balance 12:30 PM Bank Trip 1:30 PM Max Memory 1:30 PM Great Courses - A Smithsonian Tour of American History 2:30 PM Movie Matinee	11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move and Groove 1:00 PM Bible Study 2:00 PM Day at the Races 2:00 PM 3rd Floor Activity is canceled for today 3:00 PM Walk & Talk	9:30 AM Catholic Service is canceled until further notice 11:00 AM Resistance Training 1:00 PM Second Floor Hall Activity 2:00 PM Great Courses 3:00 PM Happy Hour	11:00 AM Exercise Class 2:00 PM Meditation	<h2>Read a book</h2>
23	24	25	26	27	28	29
2:00 PM Sunday Worship	10:00 AM Indian Lake Walking Trip 10:00 AM Craft Time 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM Target/Walmart Trip 1:00 PM 1st Floor Hallway Activity 2:00 PM Catholic Rosary	9:30 AM Grocery Trip 11:00 AM Better Balance 12:30 PM Bank Trip 1:30 PM Max Memory 1:30 PM Great Courses - A Smithsonian Tour of American History 2:30 PM Movie Matinee	11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move and Groove 1:00 PM Bible Study 2:00 PM 3rd Floor Activity 3:00 PM Walk & Talk	11:00 AM Resistance Training 1:00 PM Second Floor Hall Activity 2:00 PM Great Courses 3:00 PM Happy Hour 4:30 PM Plaza Azteca Dinner Trip 7:00 PM Book Club is canceled until further notice	11:00 AM Exercise Class 2:00 PM Memorial Service	<h2>Watch a movie</h2>
30	31					
2:00 PM Sunday Worship	Happy Memorial Day!!! 10:00 AM Indian Lake Walking Trip is Canceled for today 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM 1st Floor Hallway Activity is canceled for today 2:00 PM Catholic Rosary	