

President's Council: John R. Dickson IV, President & CEO

Redstone, for a long time, has developed programs and policies to assure employees from different backgrounds and beliefs feel welcomed to work here. This same spirit of inclusion extends to our resident community, too. Our actions precede any of the recent turmoil of riots, violence, and division. Our actions are not the flavor of the month club and we intend to build on a welcoming platform. Our "Core Values & Zero Tolerances", developed many years ago for our workforce, still guide us today. Prior to the COVID-19 Pandemic, we were on our way to further strengthen our welcoming position with a Diversity & Inclusion Committee, made-up of a number of employees. But because of the pandemic, this direction was paused for the last two years. Now, Redstone through the support of the Board, has been working with Ron Porter, Principal of RDP Consulting Services, to further develop a Culture of Inclusion. Mr. Porter has been meeting with Redstone Board members, Officers, and Managers. Soon, this circle will widen to a number of focus groups of employees. In a later step, we will engage residents in this process, too. These groups are meant to gather insights of our understanding of Diversity, Equity, and Inclusion in order to help us enhance our programming. We look forward to sharing more about this journey with you!

**COVID Corner**

As we navigate the ebb and flow of COVID, we want to stress the importance of protecting both yourself and others. Cases continue to fluctuate as we continue to test, vaccinate, and boost residents and employees. If you are over age 50, you are now eligible to receive the second booster and, in fact, employees working in senior care are required to have this booster. We have seen the proof of this being an effective weapon against the often long-lasting and fatal effects COVID and strongly encourage those eligible to receive it. The vast majority of those still being hospitalized with COVID are unvaccinated and unboosted. The health and safety of our community remains our top priority as we continue to keep a close eye on the most effective preventative measures. As always, we also recommend wearing a face mask that covers mouth and nose in indoor public spaces, staying home when sick and monitoring potential symptoms, and thorough hand washing and sanitizing.

August Charity of Choice: Humane Society of Westmoreland County

This is perhaps our most anticipated Charity of Choice of the year! Our fundraiser will run from August 8th to August 30th, with all proceeds collected benefitting the Humane Society of Westmoreland County. Each year, we hold a 'Cutest Pet' contest, all animals of all kinds welcome. If you have a cat, dog, bird, lizard, or any other beloved animal friend, send us their best picture. The winner will have all proceeds donated in their honor. Please send all photo submissions, along with a \$5 donation, to your campus housing assistant or Kim Darragh between August 8th and August 19th. Please include your pet(s) name(s), your name, the campus in which you work or live, and a contact phone number. Voting for the cutest pet will begin August 22nd and will end August 30. Voting will take place in each gift shop. Voting ballots will be \$1 each with NO limit to how many times you can vote. Donations can be cash or check. Checks should be made payable to 'CASH'. Good luck!

**Alzheimer's & Dementia Family and Friends Support Group**

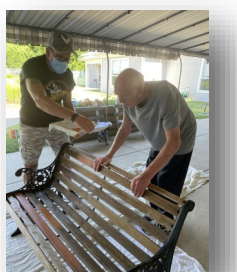
Join our support group specifically for loved ones and caregivers of those facing Alzheimer's or Dementia. Although the group initially will be meeting at Redstone Murrysville, loved ones across Redstone are most welcome and invited to attend. Meetings will be held every fourth Thursday of the month from 1:00 – 2:15 p.m. Our Murrysville chaplain, Rev. Becca Siddle, who is a certified Dementia practitioner and trained by the Alzheimer's Association, will be the group facilitator. Participants must register in advance by calling Becca at 724-733-9494 ext. 5513 (or via email at rsiddle@redstone.org), so please be sure to do so before the *August 25th* meeting!

**DOVE Employee Recognition Program Returns to Redstone**

The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our residents, their family members, friends of Redstone, and each other. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any of the campuses, by using the following link <https://www.surveymonkey.com/r/RPSDove>, or scanning the QR code.

**North Huntingdon Volunteer Refurbishes Patio Bench**

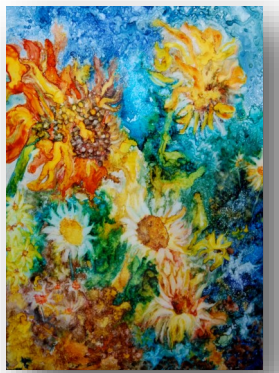
We welcomed Pat Wolff as a volunteer nearly 3 months ago and he is already making quite the impact in our community. After finding a bench in need of some refurbishment and TLC, Pat offered his skills to make this an enjoyable piece of patio furniture for summer days. Pat says, "It could serve a couple purposes...both a hands-on project for any interested residents and a nice addition to the Terrace patio furniture." When the bench first arrived to the restoration crew, aka Pat and North Huntingdon resident Tom, it was sturdy but needed more attention than originally thought. Initially, they had planned on sanding down the wooden slats to repaint them. Pat wanted to safely stabilize the piece of furniture, thus a change in rusted and weathered hardware was now on the agenda.



When you walk the halls of our North Huntingdon Campus, you will notice that resident doors are painted in all different hues of bright colors, a project completed to support our Montessori Philosophy. The bench was painted to match, displaying a beautiful and lively orange to brighten up the Terrace patio. Tom really enjoyed helping with the project, too. Pat says, "You can tell he is no stranger to tools and working with his hands. He dove right in with the power sander and scraper to prepare the wood for paint. He is also pretty meticulous with his painting going so far as to wipe off overshoots with a rag." Once Pat replaces the rusted hardware, the bench will be back to North Huntingdon for all to enjoy for the rest of summer. We can't wait to see this special project finished!

Resident Spotlight! Jean Beaufort

"I just do what I do," is the motto of new North Huntingdon Resident, Jean Beaufort. What she does is live and breath all things art. Jean discovered her love for art at a very young age, saying that the artistic genes were inherited from her dad's side of the family. A long list of artists came before her. Jean describes the moment her insatiable appetite for art was satisfied. She grew up in East Pittsburgh alongside her sister, close to the Carnegie Museum of Art. Each year the museum would run an art program for children, with 500 to 600 kids being considered. However, the museum only choose two young, aspiring artists for the program. It was a free ride, you only had to purchase two pencils and two paintbrushes for the program. One lucky year, her sister was selected out of the group of children. After Jean's sister asked program leaders (multiple times) to allow Jean in joining her, they finally said yes! Jean continued this program from grade five to high school. Concluding, the children were given scholarships to Carnegie Melon for Saturday classes of painting and drawing. Jean stayed throughout the remaining four years. She then moved on to receive both her Bachelor's and Master's degrees from IUP before settling into her role as an art teacher for a few different local schools. Jean has a unique ability to write backwards...and with both hands. It was her favorite part about welcoming new students into her art room. Seeing the look on her students' faces as



she performed this never-before-seen trick made her smile. Jean painted everything and anything you could think of. Her works have touched all genres from landscapes to abstract designs. Jean describes some of her work as "kind of crazy" and "just plain fun." Jean has even taught classes at the Southern Alleghenies Museum of Art (SAMA) in Ligonier, PA. She described to us a project in which class attendees would learn how to specially dye silk scarves with a particular process involving an overnight mixture of ingredients while hand dropping and moving the fabric in the mixture the next day. Once the fabric was hot-ironed, the dye would permanently stick. This left the fabric transformed into a wearable work of art. Jean has even created eclectic jewelry involving pour-on paint and blowing the paint around until a unique design is formed. Art is Jean's passion. As she settles into her new home at Redstone, she will display her works of art as well as some of her daughter's photography that she is the proud keeper of. Please welcome Jean to our community!

Employee Spotlight! Holly Reese

Meet one of the faces behind the team successfully navigating Redstone through COVID. Holly Reese began her time with us in February of 2017, starting as our Director of Nursing. Working in the healthcare industry was always Holly's goal. She says, "I worked at a small personal care home in Texas my senior year in high school. One of the ladies I took care of was really mean. I made it my goal to make her smile or laugh every day. Eventually I won her over and she stole my heart. It was at that home that I fell in love with the geriatric population and decided to be a nurse." Fast-forward to 2021, and Holly leads a new role at Redstone as Director of Risk Management. Among her many duties, like coordinating education and developing and updating policies, Holly is also a valuable member of the COVID Team where her motto is, "Team work makes the dream work!" The goal of this team is to stay up to date on the ever-changing guidance and make recommendations to stay compliant in keeping our community safe. That is, of course, in between test scheduling and coordinating follow-ups. This team has administered approximately 3,000 vaccines and boosters since COVID began! Holly's transition to her new role was an enjoyable learning experience. With 20 years of experience in skilled nursing, it was an adjustment to go from a clinical setting to an office-based setting. Holly says, "But, one of the great perks of Redstone, though, is that I can still pick up on the floor and get in some clinical time!" Of her time spent in our community, Holly's favorite memory is when her grandmother was a resident here. She describes the extra time she was able to spend with her grandmother as a blessing. Holly says, "Who doesn't love the ability to get a hug from Grandma when you are having a bad day? Or a good day, for that matter." When Holly isn't working, you can find her traveling to the Caribbean on cruises, meeting new people, and snorkeling in the ocean. When she's home, Holly likes to kayak, bike ride on trails, and spend time with loved ones. Thank you to Holly and our amazing COVID Team for keeping us safe and healthy!

Volunteer Spotlight! Sarah Seremet

Our volunteers take on many roles at Redstone. One thing they all have in common is the value that forming relationships and helping others is the foundation of their work. Sarah Seremet is a perfect addition to the wonderful group of volunteers that walk our halls. She has been volunteering for two months, starting as a friendly visitor and now assisting the lifestyles team with activities. Sarah says, "I love to see residents smile during different activities or when we bring the snack cart around. Seeing the residents happy makes me happy!" Sarah's time here not only allows her to make an impact within our community, but it also allows her to gain practical experience caring for others. Healthcare is Sarah's passion and future career path. A senior at Seton Hill, she is an aspiring Physician Assistant. She also works at a physical therapy clinic. When Sarah isn't with us, she enjoys spending time with her dog Griffin and crocheting hats for babies born at Forbes hospital. She also volunteers at Excelsa Square Latrobe and UPMC Hillman Cancer Center, she is always lending a helping hand somewhere. "You should never be afraid to leave your comfort zone," Sarah tells us, "It will often lead to exciting new opportunities." We are grateful to have you, Sarah!

RedstoneGOES: NEW Trip August 25th

We've added a trip to our 2022-2023 RedstoneGOES trip season. "A Just 'Wright' Beautiful Day" will feature a trip to tour two homes designed by Frank Lloyd Wright. Our day will begin by visiting the Treetops Restaurant in Acme, PA and an after-lunch tour of Polymath Park. After the tour of the homes, we will make about an hour stop at the Greendance Winery/Sand Hill Berries property where you can enjoy a wine tasting, a bit of shopping, and maybe even a piece of pie on your own. We will arrive back at the Villa Clubhouse at Redstone shortly after 6 pm. For more information, visit our RedstoneGoes Trips & Tours page at www.redstone.org/giving/redstonegoes or call Kim Darragh at ext. 3378. We have other day trips and overnight stays being offered during this travel season as well.

