

Event Calendar

MV Veranda

January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Happy New Year! 1:00 PM Pittsburgh Steelers vs Baltimore Ravens 2:30 PM Communion and Chapel Service - Rev. Becca Siddle / Redstone Highlands	2 10:00 AM Move and Groove with Balls 10:30 AM Better Balance 11:00 AM Blood Pressure Clinic 6:30 Evening Activity	3 10:30 AM Muscles in Motion 11:00 AM The Great Courses - Experiencing America - A Smithsonian Tour 1:00 PM Turkey Foot Dominoes 2:00 PM Bible Study	4 10:00 AM Move and Groove with Bands 10:30 AM Better Balance 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship	5 9:30 AM Grocery Bank Drugstore 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 1:30 PM Movie on Channel 959 4:30 PM Persichetti's	6 10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 2:00 PM Memory & Conversation Class	7 Read a good book!
8 2:30 PM Chapel Service	9 10:00 AM Move and Groove with Balls 10:30 AM Better Balance 11:00 AM Blood Pressure Clinic 1:30 PM Jack Nicora 3:00 PM Happy Hour 6:30 Evening Activity	10 10:00 AM Food Committee 10:30 AM Muscles in Motion 1:00 PM Shut the Box 2:00 PM Bible Study	11 10:00 AM Move and Groove with Bands 10:30 AM Better Balance 11:00 AM Craft Corner 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship	12 9:30 AM Grocery Bank Drugstore 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 1:30 PM Movie on Channel 959 4:30 PM Bon Cibo	13 10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 12:45 PM Walmart shopping 2:00 PM Memory & Conversation Class	14 1:00 PM Movie "The Help"
15 2:30 PM Chapel Service	16 10:00 AM Move and Groove with Balls 10:30 AM Better Balance 11:00 AM Blood Pressure Clinic 1:30 Chuck Vita 3:00 PM Happy Hour 6:30 Evening Activity	17 10:30 AM Muscles in Motion 10:30 AM Birthday Donuts 11:00 AM The Great Courses - Experiencing America - A Smithsonian Tour 1:00 PM Farkle 2:00 PM Bible Study	18 10:00 AM Move and Groove with Bands 10:30 AM Better Balance 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship	19 9:30 AM Grocery Bank Drugstore 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 11:00 AM Popcorn Day! 1:30 PM Movie on Channel 959 2:00 PM Spiritual Life committee 4:30 PM DeNunzio's (Monroeville)	20 10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 11:30 AM Aldi's Shopping 2:00 PM Memory & Conversation Class	21 Play a game
22 2:30 PM Chapel Service	23 10:00 AM Move and Groove with Balls 10:30 AM Better Balance 11:00 AM Blood Pressure Clinic 3:00 PM Happy Hour 6:30 Evening Activity	24 10:30 AM Muscles in Motion 11:00 AM The Great Courses - Experiencing America - A Smithsonian Tour 1:00 PM Nickel Game 2:00 PM Bible Study	25 10:00 AM Move and Groove with Bands 10:30 AM Better Balance 10:30 AM Morning Social 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship	26 9:30 AM Grocery Bank Drug Store 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 1:30 PM Movie on Channel 959 1:00 PM Alzheimer's & Dementia Support Group 4:30 PM Taipei Tokyo	27 10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 12:45 PM Kohl's Shopping 2:00 PM Memory & Conversation Class	28 Call a friend
29 2:30 PM Chapel Service	30 10:00 AM Move and Groove with Balls 10:30 AM Better Balance 11:00 AM Blood Pressure Clinic 1:30 PM BINGO 3:00 PM Happy Hour 6:30 Evening Activity	31 10:30 AM Muscles in Motion 11:00 AM The Great Courses - Experiencing America - A Smithsonian Tour 1:00 PM Scrabble 2:00 PM Bible Study			Snow Days Are Here!	