

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|--|--|---|--|--|---|--|
| <b>8:00 Blessed Sacrament Cathedral.</b><br><b>9:30 FIRST PRESBYTERIAN</b><br><b>10:00 St. Mathias</b><br><b>10:30 ZION LUTHERAN</b><br><b>10:30 UNITED METHODIST C</b><br>2:30 PM Worship Service, in-person & Channel 957<br>3:30 PM Dominoes<br>6:30 PM Bingo<br><small>New Year's Day</small>                                  | <b>9:30 Resistance Training</b><br><b>10:00 Morning Reflection 957</b><br><b>10:15 Veranda Events MTG</b><br><b>10:15 Coffee Hour</b><br><b>11:00 Keeno</b><br>11:00 Move & Groove<br><b>1:30 Great Courses</b><br>1:00 PM Exercise Video<br>6:30 PM Card Games  | <b>9:30 Better Balance</b><br><b>10:00 Bible Study in Chapel</b><br>11:00 Muscles in Motion<br>1:00 PM Poker<br>1:00 PM Wii Bowling<br>1:00 PM Exercise Video<br><b>1:30 PM Delmont Library</b><br>3:00 PM Best-Loved Hymns<br>3:30 PM Rummikub<br>3:30 PM Billiards<br>6:30 PM Pinochle  | <b>9:00 Shop 'N Save 1</b><br><b>9:30 Resistance Training</b><br><b>10:00 Shop 'N Save 2</b><br>11:00 Nail Polish<br>11:00 Move & Groove<br><b>11:30 Rite-Aid</b><br><b>12:30 PM Walmart</b><br>1:00 PM Exercise Video<br>6:30 PM Bingo  | <b>9:30 Better Balance</b><br><b>10:00 Morning Reflection on 957</b><br>11:00 Muscles in Motion<br><b>11:45 Ferrante's Lakeview Lounge</b><br>1:00 PM Poker<br>1:00 PM Exercise Video<br>3:00 PM Happy Hour<br>7:00 PM Cribbage and Dominoes   | <b>9:30 Resistance Training</b><br><b>11:00 Move &amp; Groove</b><br><b>12:00 Rummy 500</b><br><b>1:00 PM Exercise Video</b><br><b>6:30 PM Black Jack</b><br><b>7:30 PM Billiards</b>                             | <b>11:00 Exercise</b><br><b>1:00 PM Rummikub</b><br><b>1:00 PM Wii Bowling</b><br><b>1:00 PM Movie Matinee</b><br><b>2:00 PM Bridge</b><br><b>6:30 PM Black Jack</b> |
| <b>8:00 Blessed Sacrament</b><br><b>9:30 FIRST PRESBYTERIAN</b><br><b>10:00 St. Mathias</b><br><b>10:30 ZION LUTHERAN</b><br><b>10:30 UNITED METHODIST</b><br>2:30 Worship Service, in-person & Channel 957<br>3:30 PM Dominoes<br>6:30 PM Bingo   | <b>9:30 Better Balance</b><br><b>10:00 Morning Reflection on 957</b><br><b>10:15 Coffee Hour</b><br><b>11:00 Nickel Game</b><br>11:00 Muscles in Motion<br>1:00 PM Exercise Video<br><b>1:30 Great Courses</b><br>3:00 PM LAUREN CONDON<br>6:30 PM Card Games  | <b>9:30 Resistance Training</b><br><b>10:00 Bible Study in Chapel</b><br>11:00 Move & Groove<br>1:00 PM Poker<br>1:00 PM Wii Bowling<br>1:00 PM Exercise Video<br>3:00 PM Best-Loved Hymns<br>3:30 PM Rummikub<br>3:30 PM Billiards<br><b>4:00 PM Touchdown Club</b><br>6:30 PM Pinochle  | <b>9:00 Shop 'N Save 1</b><br><b>9:30 Better Balance</b><br><b>10:00 Shop 'N Save 2</b><br>11:00 Nail Polish<br>11:00 Muscles in Motion<br><b>11:30 Rite-Aid</b><br><b>11:30 Bank Run</b><br><b>12:30 PM Aldi's/Dollar Tree</b><br>1:00 PM Exercise Video<br>6:30 PM Bingo         | <b>9:30 Resistance Training</b><br><b>10:00 Morning Reflection on 957</b><br><b>10:00 National Aviary</b><br>10:30 Cooking Demo<br>11:00 Move & Groove<br>1:00 PM Poker<br>1:00 PM Exercise Video<br>3:00 PM Happy Hour<br>7:00 PM Cribbage and Dominoes                               | <b>9:30 Better Balance</b><br><b>11:00 Muscles in Motion</b><br><b>12:00 PM Rummy 500</b><br><b>1:00 PM Exercise Video</b><br><b>6:30 PM Black Jack</b><br><b>7:30 PM Billiards</b>                               | <b>11:00 Exercise</b><br><b>1:00 PM Rummikub</b><br><b>1:00 PM Wii Bowling</b><br><b>1:00 PM Movie Matinee</b><br><b>2:00 PM Bridge</b><br><b>6:30 PM Black Jack</b> |
| <b>8:00 Blessed Sacrament</b><br><b>9:30 FIRST PRESBYTERIAN</b><br><b>10:00 St. Mathias</b><br><b>10:30 ZION LUTHERAN</b><br><b>10:30 UNITED METHODIST</b><br>2:30 PM Worship Service, in-person & Channel 957<br>3:30 PM Dominoes<br>6:30 PM Bingo  | <b>9:30 Resistance Training</b><br><b>10:00 Morning Reflection 957</b><br><b>10:15 AM Coffee Hour</b><br><b>11:00 AM Pay the Lady</b><br>11:00 AM Move & Groove<br>1:00 PM Exercise Video<br><b>1:30 Great Courses</b><br>3:00 PM PROCIDA TWINS<br>6:30 PM Card Games<br><small>Martin Luther King Jr. Day</small>   | <b>9:30 Better Balance</b><br><b>10:00 Bible Study in Chapel</b><br>11:00 Muscles in Motion<br><b>11:30 AM Olive Garden</b><br>1:00 PM Poker<br>1:00 PM Wii Bowling<br>1:00 PM Exercise Video<br>1:45 PM Rosary video on 957<br>2:15 PM Catholic Anointing Mass in Chapel & on 957<br>3:00 PM Best-Loved Hymns<br>3:30 PM Rummikub<br>3:30 PM Billiards<br>6:30 PM Pinochle | <b>9:00 Shop 'N Save 1</b><br><b>9:30 Resistance Training</b><br><b>10:00 Shop 'N Save 2</b><br>11:00 Nail Polish<br>11:00 Move & Groove<br><b>11:30 Rite-Aid</b><br><b>12:30 PM CASINO/MALL</b><br>1:00 PM Exercise Video<br><b>2:00 PM Birthday Celebration</b><br>6:30 PM Bingo | <b>9:30 Better Balance</b><br><b>10:00 Morning Reflection on 957</b><br>11:00 Muscles in Motion<br>1:00 PM Poker<br><b>1:00 PM Craft Corner</b><br>1:00 PM Exercise Video<br>2:00 PM Book Club<br><b>2:00 PM POPCORN DAY!!!</b><br>3:00 PM Happy Hour<br>7:00 PM Cribbage and Dominoes | <b>9:30 Resistance Training</b><br><b>11:00 Move &amp; Groove</b><br><b>12:00 PM Rummy 500</b><br><b>1:00 PM Exercise Video</b><br><b>6:30 PM Black Jack</b><br><b>7:30 PM Billiards</b>                          | <b>11:00 Exercise</b><br><b>1:00 PM Rummikub</b><br><b>1:00 PM Wii Bowling</b><br><b>1:00 PM Movie Matinee</b><br><b>2:00 PM Bridge</b><br><b>6:30 PM Black Jack</b> |
| <b>8:00 Blessed Sacrament</b><br><b>9:30 FIRST PRESBYTERIAN</b><br><b>10:00 St. Mathias</b><br><b>10:30 ZION LUTHERAN</b><br><b>10:30 UNITED METHODIST</b><br>2:30 PM Worship Service, in-person & Channel 957<br>3:30 PM Dominoes<br>5:30 PM Pizza Party<br>6:30 PM Bingo<br><small>Chinese New Year (Year of the Rabbit)</small> | <b>9:30 Better Balance</b><br><b>10:00 New Resident Meet &amp; Greet</b><br><b>10:00 Morning Reflection on 957</b><br><b>10:15 Coffee Hour</b><br><b>11:00 Keeno</b><br>11:00 Muscles in Motion<br>11:30 Billiards<br>1:00 PM Exercise Video<br><b>1:30 PM Great Courses</b><br>3:00 PM GARY STEWART<br>6:30 PM Card Games<br><small>Activity Professionals Week</small> | <b>9:30 Resistance Training</b><br><b>10:00 Bible Study in Chapel</b><br><b>10:00 Salvation Army Thrift Store</b><br>11:00 Move & Groove<br>1:00 PM Poker<br>1:00 PM Wii Bowling<br>1:00 PM Exercise Video<br>3:00 PM Best-Loved Hymns<br>3:30 PM Rummikub<br>3:30 PM Billiards<br>6:30 PM Pinochle   | <b>9:00 Shop 'N Save 1</b><br><b>9:30 Better Balance</b><br><b>10:00 Shop 'N Save 2</b><br>11:00 Nail Polish<br>11:00 Muscles in Motion<br><b>11:30 Rite-Aid</b><br><b>11:30 AM Bank Run</b><br>1:00 PM Exercise Video<br><b>2:30 PM CULINARY CIRCLE</b><br>6:30 PM Bingo          | <b>9:30 Resistance Training</b><br><b>10:00 Morning Reflection 957</b><br><b>10:30 CATIE Training</b><br>11:00 Move & Groove<br>1:00 PM Poker<br>1:00 PM Exercise Video<br>3:00 PM Happy Hour<br>7:00 PM Cribbage and Dominoes<br><small>Australia Day (observed)</small>              | <b>9:30 Better Balance</b><br><b>11:00 Muscles in Motion</b><br><b>12:00 PM Rummy 500</b><br><b>1:00 PM Exercise Video</b><br><b>4:00 PM RED LOBSTER</b><br><b>6:30 PM Black Jack</b><br><b>7:30 PM Billiards</b> | <b>11:00 Exercise</b><br><b>1:00 PM Rummikub</b><br><b>1:00 PM Wii Bowling</b><br><b>1:00 PM Movie Matinee</b><br><b>2:00 PM Bridge</b><br><b>6:30 PM Black Jack</b> |
| <b>8:00 Blessed Sacrament Cathedral.</b><br><b>9:30 FIRST PRESBYTERIAN</b><br><b>10:00 St. Mathias</b><br><b>10:30 ZION LUTHERAN</b><br><b>10:30 UNITED METHODIST</b><br>2:30 PM Worship Service, in-person & Channel 957<br>3:30 PM Dominoes<br>6:30 PM Bingo   | <b>9:30 Resistance Training</b><br><b>10:00 Morning Reflection on 957</b><br><b>10:15 Coffee Hour</b><br><b>11:00 Nickel Game</b><br>11:00 Move & Groove<br>1:00 PM Exercise Video<br>3:00 PM WESTMORELAND PERFORMING ARTS<br>6:30 PM Card Games   | <b>9:30 Better Balance</b><br><b>10:00 Bible Study in Chapel</b><br>11:00 Muscles in Motion<br>1:00 PM Poker<br>1:00 PM Wii Bowling<br>1:00 PM Exercise Video<br>3:00 PM Best-Loved Hymns<br>3:30 PM Rummikub<br>3:30 PM Billiards<br>6:30 PM Pinochle  |  <h1>January 2023</h1> <p>GREENSBURG VERANDA</p>  |  |   |  |