

Event Calendar

MV Veranda

March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Welcome Spring!	<p>1</p> <p>10:00 AM Move and Groove with Bands 10:30 AM Better Balance 11:00 Popcorn Day! 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship 7:00 PM BINGO</p>	<p>2</p> <p>9:30 AM Grocery Bank Drug Store 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 11:30 AM BLOOD PRESSURE CLINIC 12:30 PM Movie on Channel 959 4:30 PM Mohan's</p>	<p>3</p> <p>10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 2:00 PM Memory & Conversation Class</p>	Read a good book!
<p>5</p> <p>2:30 PM Communion and Chapel Service - Rev. Becca Siddle / Redstone Highlands</p>	<p>6</p> <p>10:00 AM Move and Groove with Balls 10:30 AM Better Balance 3:00 PM Happy Hour 6:30 PM Evening Activity</p>	<p>7</p> <p>10:30 AM Muscles in Motion 10:30 Birthday Donuts 11:00 AM The Great Courses - Experiencing America - A Smithsonian Tour 11:00 AM Drumming for PC/Terrace 1:00 PM Turkey Foot Dominoes 2:00 PM Bible Study</p>	<p>8</p> <p>10:00 AM Move and Groove with Bands 10:30 AM Better Balance 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship 6:30 PM Grease at Franklin Regional</p>	<p>9</p> <p>9:30 AM Grocery Bank Drug Store 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 11:30 AM BLOOD PRESSURE CLINIC 12:30 PM Movie on Channel 959 4:30 PM John Anthony's</p>	<p>10</p> <p>10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 12:45 PM Walmart 2:00 PM Memory & Conversation Class</p>	1:00 Introduction to 500 BID-Highlanders
<p>12</p> <p>2:30 PM Chapel Service</p> <p>Daylight Savings Time—put your clock ahead one hour</p>	<p>13</p> <p>10:00 AM Move and Groove with Balls 10:30 AM Better Balance 1:30 PM Traci Lee 3:00 PM Happy Hour 6:30 PM Evening Activity</p>	<p>14</p> <p>10:00 AM Food Committee 10:30 AM Muscles in Motion 11:00 AM The Great Courses - Experiencing America - A Smithsonian Tour 1:00 PM Shut the Box 2:00 PM Bible Study</p>	<p>15</p> <p>10:00 AM Move and Groove with Bands 10:30 AM Better Balance 11:00 Craft Corner 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship 7:00 PM BINGO</p>	<p>16</p> <p>9:30 AM Grocery Bank Drug Store 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 11:30 AM BLOOD PRESSURE CLINIC 12:30 PM Movie on Channel 959 2:00 PM Spiritual Life committee 4:30 PM Olive Garden</p>	<p>17</p> <p>10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 2:00 PM Memory & Conversation Class 3:00 PM St. Paddy's Day Party!</p>	Call a friend!
<p>19</p> <p>2:30 PM Chapel Service - Rev. Chuck MacPherson, PCUSA Ret.</p>	<p>20</p> <p>10:00 AM Move and Groove with Balls 10:30 AM Better Balance 1:30 Marilyn Thomas 2:00 PM Book Club 3:00 PM Happy Hour 6:30 PM Evening Activity</p> <p>First Day of Spring!</p>	<p>21</p> <p>10:30 AM Muscles in Motion 11:00 AM The Great Courses - Experiencing America - A Smithsonian Tour 1:00 PM Farkle 2:00 PM Bible Study</p>	<p>22</p> <p>10:00 AM Move and Groove with Bands 10:30 AM Better Balance 10:30 Morning Social 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship 2:30 PM Lifestyle Committee 7:00 PM BINGO</p>	<p>23</p> <p>9:30 AM Grocery Bank Drug Store 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 11:30 AM BLOOD PRESSURE CLINIC 12:30 PM Movie on Channel 959 1:00 PM Alzheimer's & Dementia Support Group 4:30 PM Applebee's</p>	<p>24</p> <p>10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 12:45 PM Westmoreland Mall 2:00 PM Memory & Conversation Class</p>	Play a Game!
<p>26</p> <p>2:30 PM Chapel Service - Rev. Curtis Paul, Newlonsburg Presbyterian Church</p>	<p>27</p> <p>10:00 AM Move and Groove with Balls 10:30 AM Better Balance 2:00 PM CATIE Refresher 3:00 PM Happy Hour 6:30 PM Evening Activity</p>	<p>28</p> <p>10:30 AM Muscles in Motion 11:00 AM The Great Courses - Experiencing America - A Smithsonian Tour 1:00 PM Nickel Game 2:00 PM Bible Study</p>	<p>29</p> <p>10:00 AM Move and Groove with Bands 10:30 AM Better Balance 1:00 PM Wii Bowling Team 2 1:30 PM Catholic Worship 7:00 PM BINGO</p>	<p>30</p> <p>9:30 AM Grocery Bank Drug Store 10:30 AM Yoga 11:00 AM Wii Bowling Team 1 11:30 AM BLOOD PRESSURE CLINIC 12:30 PM Movie on Channel 959 4:30 PM Pugliano's Italian Grille</p>	<p>31</p> <p>10:00 AM Move and Groove with Handheld weights 10:30 AM Better Balance 2:00 PM Memory & Conversation Class</p>	