

Sunday

Monday

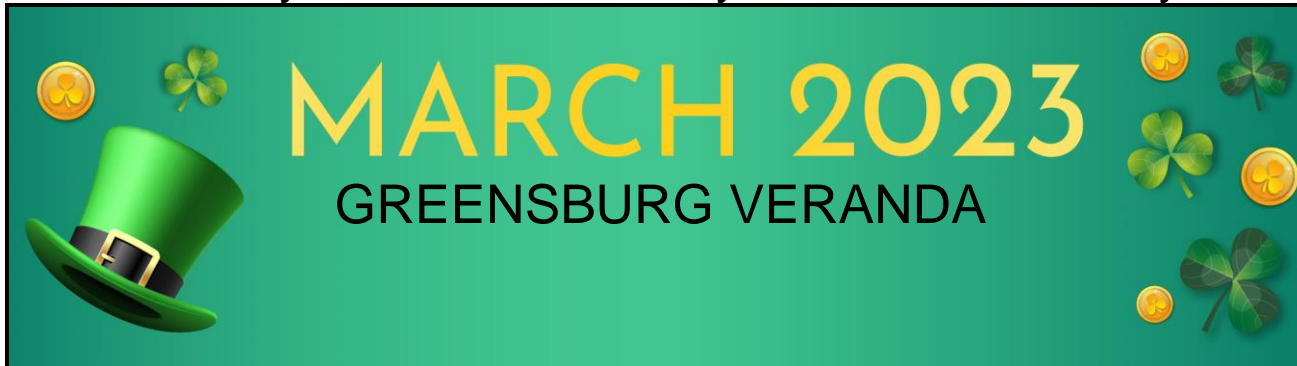
Tuesday

Wednesday

Thursday

Friday

Saturday



9:00 AM Shop 'N Save 1 1
9:30 Resistance Training
10:00 AM Shop 'N Save 2
11:00 AM Nail Polish
11:00 AM Full Body Stretch
11:30 AM Rite-Aid
12:30 PM Walmart
6:30 PM Bingo

9:30 AM Better Balance 2
10:00 AM Morning Reflection on channel 957
11:00 Muscles in Motion
1:00 PM Poker
3:00 PM Happy Hour
7:00 PM Cribbage and Dominoes

9:30 Resistance Training 3
11:00 Move and Groove
12:00 PM Rummy 500
1:30 PM FRIDAY AT THE MOVIES
6:30 PM Black Jack
7:30 PM Billiards

11:00 AM Exercise 4
1:00 PM Movie Matinee
1:00 PM Rummikub
1:00 PM Wii Bowling
2:00 PM Bridge
3:00 PM Wii Bowling
6:30 PM Black Jack
6:45 RIVER CITY BRASS BAND

8:00 AM Blessed Sacrament 5
9:30 FIRST PRESBYTERIAN
10:00 AM St. Matthias
10:30 AM ZION LUTHERAN
10:30 AM UNITED METHODIST
2:30 PM Worship Service, in-person & Channel 957
3:30 PM Dominoes
6:30 PM Bingo

9:30 AM Better Balance 6
10:00 Morning Reflection C957
10:15 Veranda Events Meeting
10:15 AM Coffee Hour
11:00 AM Pay the Lady
11:00 AM Muscles in Motion
1:30 PM GREAT COURSES
3:00 PM Gary Stewart
6:30 PM Card Games
 Purim Begins

9:30 AM Resistance Training 7
10:00 AM Bible Study in Chapel
11:00 AM Move and Groove
1:00 PM Poker
1:00 PM Wii Bowling
1:30 PM Delmont Library
3:00 PM Best-Loved Hymns
3:00 PM Wii Bowling
3:30 PM Rummikub
3:30 PM Billiards
6:30 PM Pinochle

9:00 AM Shop 'N Save 1 8
9:30 AM Better Balance
10:00 AM Shop 'N Save 2
11:00 AM Nail Polish
11:00 AM Full Body Stretch
11:30 AM Rite-Aid
11:30 AM Bank Run
12:30 PM Aldi's/Dollar Tree
6:30 PM Bingo

9:30 AM Resistance Training 9
10:00 AM Morning Reflection on channel 957
10:30 AM Cooking Demo
11:00 AM Move and Groove
12:30 PM TINA, NURSE NAVIGATOR
1:00 PM Poker
3:00 PM Happy Hour
7:00 PM Cribbage and Dominoes

9:00 AM Better Balance 10
10:00 AM Floor Chats FOR 1ST FLOOR RESIDENTS
11:00 AM FLOOR CHATS FOR 2ND FLOOR RESIDENTS
11:00 AM Muscles in Motion
12:00 PM Rummy 500
1:00 PM FLOOR CHATS FOR 3RD FLOOR RESIDENTS
1:45 PM FRIDAY AT THE MOVIES
6:30 PM Black Jack
7:30 PM Billiards
 St. Patrick's Day

11:00 AM Exercise 11
1:00 PM Movie Matinee
1:00 PM Rummikub
1:00 PM Wii Bowling
2:00 PM Bridge
3:00 PM Wii Bowling
6:30 PM Black Jack
6:45 PM Westmoreland Symphony

8:00 AM Blessed Sacrament 12
9:30 AM FIRST PRESBYTERIAN
10:00 AM St. Matthias
10:30 AM ZION LUTHERAN
10:30 AM UNITED METHODIST
2:30 PM Worship Service, in-person & Channel 957
3:30 PM Dominoes
6:30 PM Bingo
 Daylight Saving Time Begins

9:00 Resistance Training 13
10:00 Morning Reflection on Channel 957
10:15 AM Coffee Hour
11:00 AM KEENO
11:00 AM Move and Groove
1:30 PM GREAT COURSES
3:00 PM Roadhouse Willie
6:30 PM Card Games

9:30 AM Better Balance 14
10:00 AM Bible Study in Chapel
11:00 AM Muscles in Motion
1:00 PM Poker
1:00 PM Wii Bowling
3:00 PM Best-Loved Hymns
3:00 PM Wii Bowling
3:30 PM Rummikub
3:30 PM Billiards
4:00 PM Bar Nine Restaurant
6:30 PM Pinochle

9:00 AM Shop 'N Save 1 15
9:00 AM Resistance Training
10:00 AM Shop 'N Save 2
11:00 AM Nail Polish
11:00 AM Full Body Stretch
11:30 AM Rite-Aid
12:30 PM Westmoreland Mall/Live Casino
2:00 PM Birthday Celebration
6:30 PM Bingo

9:30 AM Better Balance 16
10:00 Morning Reflection 957
11:00 AM Muscles in Motion
1:00 PM Poker
1:00 PM Craft Corner
2:00 PM Book Club
3:00 PM Happy Hour
7:00 PM Cribbage and Dominoes

9:00 Resistance Training 17
11:00 AM Move and Groove
11:00 AM St. Patricks Day Celebration
12:00 PM Rummy 500
1:30 PM FRIDAY AT THE MOVIES
6:30 PM Black Jack
7:30 PM Billiards
 St. Patrick's Day

11:00 AM Exercise 18
1:00 PM Movie Matinee
1:00 PM Rummikub
1:00 PM Wii Bowling
2:00 PM Bridge
3:00 PM Wii Bowling
6:30 PM Black Jack

8:00 AM Blessed Sacrament 19
9:30 AM FIRST PRESBYTERIAN
10:00 AM St. Matthias
10:30 AM ZION LUTHERAN
10:30 AM UNITED METHODIST
2:30 PM Worship Service, in-person & Channel 957
3:30 PM Dominoes
6:30 PM Bingo

9:00 AM Resistance Training 20
9:00 AM Better Balance
10:00 AM Morning Reflection 957
10:15 AM Coffee Hour and Jessica with Michael J. Fox Foundation
11:00 AM Nickel Game
11:00 AM Move and Groove
11:00 AM Muscles in Motion
1:30 PM GREAT COURSES
3:00 PM Chuck Vita
6:30 PM Card Games
 Spring Begins

9:30 AM Resistance Training 21
10:00 AM Bible Study in Chapel
11:00 AM Muscles in Motion
11:00 AM Move and Groove
12:30 PM Westmoreland Cinema
1:00 PM Poker
1:00 PM Wii Bowling
1:45 PM Rosary video on 957
2:15 Catholic CommSvc Chapel/ 957
3:00 PM Best-Loved Hymns
3:30 PM Rummikub
3:30 PM Billiards
6:30 PM Pinochle

9:00 AM Shop 'N Save 1 22
9:00 AM Better Balance
10:00 AM Shop 'N Save 2
11:00 AM Nail Polish
11:00 AM Full Body Stretch
11:30 AM Rite-Aid
11:30 AM Bank Run
6:30 PM Bingo
 Ramadan Begins

9:30 Resistance Training 23
10:00 Morning Reflection 957
10:30 AM CATIE Training
11:00 AM Muscles in Motion
11:00 AM Move and Groove
1:00 PM Poker
3:00 PM Happy Hour
7:00 PM Cribbage and Dominoes

9:00 AM Resistance Training 24
9:00 AM Better Balance
11:00 AM Move and Groove
11:00 AM Muscles in Motion
12:00 PM Rummy 500
1:30 PM FRIDAY AT THE MOVIES
4:00 PM Applebee's Restaurant
6:30 PM Black Jack
7:30 PM Billiards

11:00 AM Exercise 25
1:00 PM Movie Matinee
1:00 PM Rummikub
1:00 PM Wii Bowling
2:00 PM Bridge
3:00 PM Wii Bowling
6:30 PM Black Jack

8:00 AM Blessed Sacrament 26
9:30 AM FIRST PRESBYTERIAN
10:00 AM St. Matthias
10:30 AM ZION LUTHERAN
10:30 AM UNITED METHODIST
2:30 PM Worship Service, in-person & Channel 957
3:30 PM Dominoes
5:30 PM Pizza Party
6:30 PM Bingo

9:30 AM Resistance Training 27
10:00 AM New Resident Meet & Greet
10:00 AM Morning Reflection on Channel 957
10:15 AM Coffee Hour
11:00 AM Pay the Lady
11:30 AM Billiards
1:30 PM GREAT COURSES
3:00 PM Lynn DeFalco
6:30 PM Card Games

9:30 AM Better Balance 28
10:00 AM Bible Study in Chapel
11:00 AM Tapped Brick House
1:00 PM Poker
1:00 PM Wii Bowling
3:00 PM Best-Loved Hymns
3:00 PM Wii Bowling
3:30 PM Rummikub
3:30 PM Billiards
6:30 PM Pinochle

9:00 AM Shop 'N Save 1 29
9:30 AM Resistance Training
10:00 AM Shop 'N Save 2
11:00 AM Nail Polish
11:00 AM Full Body Stretch
11:30 AM Rite-Aid
6:30 PM Bingo

9:30 AM Better Balance 30
10:00 AM Morning Reflection on channel 957
11:00 AM Muscles in Motion
1:00 PM Poker
3:00 PM Happy Hour
7:00 PM Cribbage and Dominoes

9:30 Resistance Training 31
12:00 PM Rummy 500
1:30 PM FRIDAY AT THE MOVIES
6:30 PM Black Jack
7:30 PM Billiards

