

The Window

President’s Council | Lisa Dormire, VP for Mission Support

Sometimes state regulations related to the giving of gifts can be frustrating. There are times when residents want to give gifts to employees, but state regulations prevent this. In fact, accepting a gift from a resident can be grounds for dismissal for our employees. Residents and employees are so grateful that once a year regulations allow for a collection to be taken by residents to be distributed among employees as a symbol of appreciation. Here at Redstone, this “Staff Appreciation” campaign takes place in the late fall, and residents provide a cash gift to employees right before the holidays. Our employees are so grateful for these generous gifts! Traditionally, Redstone and Morrison employees have been included in this distribution, but one of our partner organizations has not been able to participate. Powerback, our rehabilitation and fitness provider partner, must abide by even stricter standards for the receiving of gifts that apply to employees working in rehab services. Rehab employees simply cannot accept gifts from patients. Our residents have been persistent in wanting to provide gifts to the Powerback employees, however, over the past two years we have found a way to do that. While the individual rehab employees can’t accept cash gifts, we were able to use the funds that would have been gifted to them to provide them with a nice holiday dinner in a local restaurant and each employee received a warm fleece jacket embroidered with the Powerback and Redstone logos. Even after these “gifts” were given to Powerback employees, there were funds remaining. On their own, the Powerback team has decided to use those funds to purchase a new piece of equipment to be used to help residents get stronger in the rehabilitation center in Greensburg. Powerback team members assure us that they feel good about paying their gifts forward to help residents and are grateful to have this opportunity to give back. We’re grateful to have generous residents who provided the donations and amazing team members at Powerback who have so graciously used a portion of their gifts in such a special way!



Walk a Mile in HER Shoes

April Charity of Choice: Blackburn Center of Westmoreland County

Are you ready to see the men of Redstone kick up their red high heels? From April 3rd through April 16th, visit the front lobby of each campus to donate to your favorite walker displayed on our donation boards! For every \$1 donated, you will get a star to place under the walker’s name of your choice. A \$10 donation gets you a pair of heels to place under a name. The walker who collects the most donations in their name will receive the new **Golden Heel Trophy** to display proudly on their campus. Red high heel cookies will also be sold in the gift shops the week of the walk for \$2 each, WHILE SUPPLIES LAST. Walks will be held on each campus on Thursday, April 20th starting at 2pm. Donations will also be open during the walk for all gifts of cash or checks made payable to the ‘Blackburn Center’. Come enjoy the festivities and help support a great cause! All proceeds collected benefit the Blackburn Center. Family and friends of walkers are welcome to participate in support by sending cash or check donations mailed to:

Office of Mission Support and Development
126 Matthews St. Suite 2800
Greensburg, PA 15601



Resident Spotlight: Ed Landini

Ed Landini, North Huntingdon resident, can be described as a Pro Wii Bowler. The Landinis have been residents of the North Huntingdon campus for the past 15 years and that’s when their passion for Wii bowling began. Ed used to bowl in leagues when he was younger in Suterville. He bowled many games in the upper 300s! Now, at Redstone, Ed bowls once a week on Monday nights in the 3rd floor parlor on a team. Ed has bowled a few 300 games but averages many games in the upper 200s. Ed will be turning 99 years old on May 12th and still likes to meet with the group to get active and have fun. Louise, Ed’s wife who will also be turning 99 in December, says, “It’s great companionship and they just have a real good time together.” Louise says she was also an avid bowler in her younger days. The couple liked to meet up with their bowling friends and showcase their skills at the alley. In addition to turning 99 this year, the Landinis will also be celebrating their 77th wedding anniversary on April 27th. It is quite a year of celebrations! We asked Louise the secret recipe for lifelong happiness. She says, “We love one another, but we also like one another.” Congrats, Ed and Louise!

Join Residents for Worship

We are always happy to have families and friends join our residents for worship, especially on occasions such as Holy Week and Easter Sunday. Be sure to check the schedule for your specific campus because services are at different times, but everyone is welcome and invited!



RedstoneGOES: Adventure Awaits You



Looking for an exciting overnight stay? The RedstoneGOES group will be taking a historic adventure to the Omni Homestead Resort and the legendary Greenbrier from Tuesday, May 9 to Wednesday, May 10. A highlight of this trip is exploring the declassified Cold War bunker that was kept secret for many years! It was a relocation center for the U.S. Congress, equipped with House and Senate chambers, dorms, power plant, clinic, cafeteria...even a decontamination area. See our site for a full itinerary and to reserve your spot. Seats are filling fast! For other travel opportunities, scan the QR code or visit <https://redstone.org/giving/redstonegoes>.



COVID CORNER

We know that it is critical to maintain stringent infection control practices as we battle Covid outbreaks in our buildings. Please continue to practice mitigation for all harmful spread against Covid and Influenza. Do your part to protect the community by washing your hands frequently and thoroughly, covering your mouth and nose when coughing or sneezing, staying six feet apart when possible, and self-monitoring any Covid or Flu-related symptoms. Visitors who are feeling unwell or are exhibiting symptoms, please delay visits to residents. Visitors are encouraged to review our policies prior to visiting and follow all guidelines to keep everyone safe. **For more information or to keep current on Covid visitor status per Redstone campus, please visit our website at www.redstone.org/news/coronavirus-visitors.**



Meet Our Intern: Desiree Saether

Desiree is shadowing various positions here at Redstone. Her goal during her time with us is to get a broader understanding of how healthcare works as a whole and all the components that comprise it. Desiree aspires to work in a healthcare setting with the geriatric population, where she would also like to be an advocate to enhance the care provided to the population. Desiree attends Seton Hill University as a Health Science Premed, so her hands-on learning at Redstone will be a great addition to the experience in her field. Desiree says, “I love that I get to hear everyone’s backstories. Oftentimes, careers are expected to be so linear, but realistically, you can take numerous different paths to find your true calling. I also love how everyone is so passionate about their jobs and the communities they are serving.” In 10 years, Desiree sees herself in a fellowship if she chooses to pursue a career as a doctor. Or, she would enjoy continuing to work in the healthcare setting should she pursue another career path. Good luck to you, Desiree!

DOVE Employee Recognition Program at Redstone

The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our residents, their family members, friends of Redstone, and each other. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any of the campuses, by using the following link <https://www.surveymonkey.com/r/RPSDove>, or scanning the QR code.



DOVE Recognition



Meet Our Volunteer: Anika Jadia

Welcome Anika Jadia to our community, volunteering now for a little over a month with the Murrysville Lifestyles Team! Anika says, “I was motivated to volunteer at Redstone because I wanted to be able to build connections and positively impact as many people as I can.” Volunteering her time here also gives her the opportunity to build upon personal skills such as leadership and interpersonal communication. Anika immediately knew she was a right fit for us and hopes to be here as often as she can in the following years. Sharing her best piece of advice, Anika says, “Being a good listener when you are volunteering is extremely helpful!” Anika finds time to also make an impact at other organizations like the American Red Cross, Rotary, and at her Temple. Helping to make a difference in her community is extremely important to Anika. Outside of her volunteerism, Anika likes to hang out with her friends and family in addition to her hobbies of dance, tennis, and the saxophone. Welcome to Redstone, Anika!

Give Us a Like!

Want to keep updated on Redstone happenings? Follow us on Facebook at Redstone Highlands Communities. We share great pictures of our community, current fundraisers, special highlights of events, and so much more. We’re also on Instagram, LinkedIn, YouTube & Twitter!



Facebook

Celebrate the Kentucky Derby a day early with us on **May 5th, 2023** (also Cinco de Mayo)! Join us for food, beverages, horse racing and fun at the beautiful Bella Terra Vineyards. Proceeds benefit Redstone Presbyterian SeniorCare. Enjoy dinner from 5pm to 7pm with video horse races and wagering from 6pm to 9pm. Casual attire welcome, but hats and bowties are encouraged! \$30 individual ticket price includes taco bar dinner and one beverage voucher. Seating will be open for all to float around and enjoy the evening. Gather some friends and reserve a table for up to 10 persons for an additional \$100. Sponsor and name a horse for \$25 and collect \$100 if your horse wins. Wager on horses for \$2 per bet at the event. Visit www.redstone.org/derbydemayo to purchase tickets.



Parkinson’s Support Groups

Our groups are open to anyone in the Redstone community and to the general public who have been impacted by Parkinson’s Disease. We meet once a month in a safe space where people can speak their mind, compare notes with peers, and meet movement disorder experts who can help your quality of life while living with Parkinson’s. We hope you will join us for a sweet treat, fellowship, and support in your walk with Parkinson’s. If you have questions or would like more information on the groups please contact Jessica Glesk at 724-832-8401 ext. 3390.

Parkinson Support Group

2nd Tuesday of the Month
1:30pm to 3:00pm in **2nd Floor Parlor**
Redstone 12921 Redstone Drive
N. Huntingdon, PA 15642
Tuesday, April 11
Tuesday, May 9

Caregivers Support Group

3rd Wednesday of the Month
1:30pm to 3:00pm in **Apartment 223**
Redstone 12921 Redstone Drive
N. Huntingdon, PA 15642
Wednesday, April 19
Wednesday, May 17

Alzheimer’s & Dementia Family & Friends Support Group

Join our support group specifically for loved ones and caregivers of those facing Alzheimer’s or Dementia. Although the group initially will be meeting at Redstone Murrysville, loved ones across Redstone are most welcome and invited to attend. Meetings will be held every fourth Thursday of the month from 1:00 – 2:15 p.m. Our Murrysville chaplain, Rev. Becca Siddle, who is a certified Dementia practitioner and trained by the Alzheimer’s Association, will be the group facilitator. Participants must register in advance by calling Becca at 724-733-9494 ext. 5513 (or via email at rsiddle@redstone.org), so please be sure to do so before the **April 27th** meeting!

