The Window

President's Council | Lisa Dormire, VP for Mission Support

For many years, employees at Redstone have paid \$1 per week to the Charities of Choice program in exchange for the opportunity to wear jeans on Fridays. Some employees would purchase a \$30 button in January that would provide them with the opportunity to wear jeans every Friday throughout the year. As we continue to try to build a flexible workplace, we recognize that in many organizations jeans on Friday is simply a corporate practice and policy. As we turn the calendar to 2023, Redstone will also adopt the policy that on Fridays, supervisors may grant employees the opportunity to wear jeans or patterned leggings without making a donation. This does not mean that we are abandoning the Charities of Choice program! It is more important than ever that Redstone raise support for these partner organizations: The Alzheimer's Association, Westmoreland Food Bank, Westmoreland Humane Society, Relay for Life, Rocky Bleier's Service Dogs for Veterans Project, as well as the Hope Program for employee crisis assistance, and Benevolent Care at Redstone. We will continue to do projects throughout the year to raise funds for these organizations. Buttons indicating your support of Charities of Choice will still be available for 2023, but will sell for just \$10. Purchase yours from the front desk on your campus and show your support for Charities of Choice throughout the year! As always, you may select the charity or charities where you want your gift to go. Redstone is grateful to be an organization that provides

support to these partner organizations, and we hope you will join us in wearing a button to show your participation!

COVID UPDATES

As we continue to see periodic cases pop up on our campuses, it is important to remember mitigation for all harmful spread against Covid, Flu and RSV. Please continue to practice washing your hands frequently and thoroughly, covering your mouth and nose when coughing or sneezing, and self-monitoring any Covid, Flu, or RSV-related symptoms. Currently, masks are not required in Independent Living areas on our campuses, but are highly encouraged if attending large gatherings. Masks are required within Clinical areas. In addition, you can consult with your Campus Director to see how you can receive the most recent Covid booster or Flu vaccine to help protect yourself and others from harmful spread! To keep current on Covid visitor status at Redstone, please visit our website at www.redstone.org/news/ coronavirus-visitors.



Resident Spotlight: Lucille Massaro

The spirit of giving is the essence of the holiday season. However, some make it their life's work to always be giving to others. Welcome new Greensburg resident Lucille Massaro who has spent 43 years as a teacher, giving the gift of education to children. To Lucille, there was no greater joy in life than seeing a child's faces light up when realizing they learned and understood something. Lucille always loved school and says any early picture of her can be seen with a pencil and tablet in her hands, often playing make-believe she was a teacher. After gaining her Bachelor's from Duquesne and Master's from Pitt, Lucille began her lifelong journey of educating youth. She would teach a variety of subjects, but says her favorite, unquestionably, was art. Among her memorable projects was her annual winter bulletin board which would feature paint and paper mediums and was designed to be 3-D. "We would trace hands and make evergreen trees with leaves sticking out," she says. Lucille also lead an annual program called CAP [Caring About People]. She would involve the entire school in gathering food to assist a handful of families within the district in need of being fed. "The families told us that the food would last them through Spring," says Lucille, "It's important to do the right thing. Do the best you can. Always." Lucille is proud of her work and of her children who truly value education just like her. Welcome to the community, Lucille!

Snowball Fight

January Charity of Choice: Benevolent Care

A snowball fight...say it ain't snow! The recent snowstorm we had calls for an exceptionally wintery

fundraiser. We will be having a snowball fight...with "real" snowballs this year! This event will run from January 9th through January 22nd. Snowballs are \$2 for a single OR receive a bucket full for \$10. Sneak up on someone and hit them with your snowball! All donations will be displayed on the campuses and can be made in honor or memory of a loved one. Proceeds benefit Benevolent Care, helping seniors in need. Purchase yours at the front desk at each campus. Monetary donations of cash or checks made payable to 'Redstone' are accepted. Contact Kim Darragh at ext. 3378 with any questions.

Mission Support Valentines Gatherings

Residents are encouraged to join Mission Support on the below dates to celebrate a fun Valentine's Day! Together, we will make a special valentine for someone you love, enjoy a delicious treat and drinks, and play a themed game. Mission Support will also be giving a presentation to update everyone on Benevolent Care, the qualification process, and gifts of support. We hope to see you there!

Murrysville: February 7th, 11am—12pm Greensburg: February 7th, 2pm—3pm North Huntingdon: February 9th, 2pm—3pm



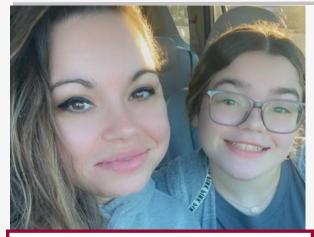
SHOWBALL FIGHT!

DOVE Employee Recognition Program at Redstone

The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our residents, their family members, friends of Redstone, and each other. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any of the campuses, by using the following link https://



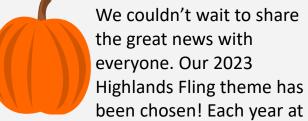
www.surveymonkey.com/r/RPSDove, or scanning the QR code.



Meet Our Staff: Victoria Murrell

Victoria is the newest member of the Human Resources team! She is the Administrative Assistant located at Chapel Hill, processing important documentation, preparing files, and maintaining records (and of course starting each new day with a fresh cup of Starbucks). She says about her job, "I love that each day is different. It's kind of like a little scavenger hunt on finding where everything goes." Victoria is an avid traveler, visiting California for her yearly vacation and having even lived in Montana for years. She says that Ireland is at the top of her bucket list for travels considering it's rich history and beauty of the land. Giving her best piece of advice, Victoria says, "Never fear failure." She would actively describe herself as outgoing, organized, and humorous...we agree! Victoria is also the proud mom of a daughter who recently made Excellent High Honor Roll at school. Welcome to the team, Victoria!

2023 Annual Event Themes VOTED IN



the Fling, attendees can place monetary donations in designated jars of different theme options, choosing what the following year's Fling will be. The winning 2023 theme is...FALL BALL! Since the Fling will be taking place on October 21st, 2023, this theme fits perfectly with the motif of autumn. We already have so many fun things being planned. Stay tuned closer to summer for the unveil of details and for a save the date card! Additionally, our annual spring event, formally known as Chow Bella, has officially been themed as a Kentucky Derby for 2023. With the major excitement surrounding last year's Fling, we decided to continue the fun for this upcoming spring charitable event. We hope to see you at Bella Terra Vineyards on May 5th, 2023 as we once again run for the roses. We will be releasing more information and opening ticket sales



Meet Our Volunteer: Anne Wood

Anne Wood, Greensburg volunteer, lives by the words, "Share what you have, time and energy and it comes back to you." Anne has been volunteering her time at our Greensburg Gift Shop for four years now. After considering retirement, she decided that giving her time to others gave her more fulfillment in life. She also loves spending time with senior citizens! During her time at Redstone, she has met many other volunteers and even some friends along the way. Volunteering also gets her out of the house and doing what she does best...interacting with people! When Anne isn't at Redstone, she also volunteers at Faith in Action, a local organization. Ann also really enjoys being a grandma and getting to spend time with her grandkids, in addition to reading and scrapbooking.

RedstoneGoes: Branson, Missouri

closer to the event

date.

We have some exciting new trips to get you back on the road! This thrilling adventure will take place from March 22nd through March 28th to Branson, Missouri. Join us for a very full trip that will include deluxe motor coach, driver gratuity, six nights hotel, six breakfasts, three lunches, four dinners, along



with six shows (Haygood's, Escape: Magic & Allusion Show, Irish Tenors and Celtic Ladies, Amazing Shanghai Acrobats, Ozark Gospel Show, and Dancing Queen 80's Tribute), two attractions (Titanic Replica & Museum and the Gateway Arch in St. Louis) and a guided tour. Prices are one person in a single room \$1,450, per person in a double room \$1,075, per person in a triple room \$1,000, per person in a quad room \$925. You can reserve spots for each trip by visiting www.redstone.org/ redstonegoes. Please contact Kim Darragh at (724) 832-8401 ext. 3378 if you have any questions. Stay adventurous!

Send a Candy-Gram to Someone You Love! **February Charity of Choice: HOPE Program**

Have a staff member or resident you really love? Show them this Valentine's Day! Candy-grams may be ordered from January 30th through February 12th. We will deliver your special treat and message to your loved one on Valentine's Day. Candy-grams are available in exchange of a \$2 donation OR get 3 candy-grams for \$5! All proceeds go to benefit our HOPE program, helping employees in need during emergency disasters. Please visit the front



desk at any campus beginning January 30th to order your special treat. Monetary donations of cash or checks made payable to 'Redstone' are accepted. Contact Kim Darragh at ext. 3378 with any questions.

Alzheimer's & Dementia Family and Friends Support Group

Join our support group specifically for loved ones and caregivers of those facing Alzheimer's or Dementia. Although the group initially will be meeting at Redstone Murrysville, loved ones across Redstone are most welcome and invited to attend. Meetings will be held every fourth Thursday of the month from 1:00 – 2:15 p.m. Our Murrysville chaplain, Rev. Becca Siddle, who is a certified Dementia practitioner and trained by the Alzheimer's Association, will be the group facilitator. Participants must register in advance by calling Becca at 724-733-9494 ext. 5513 (or via email at

rsiddle@redstone.org), so please be sure to

do so before the January 26th meeting!