Redstone Highlands June 2023 Newsletter

# The Window

#### President's Council | Lisa Dormire, VP for Mission Support

You may have noticed that we have had some changes in our Spiritual Life Team over the past couple of weeks, as we make some adjustments to our chaplain assignments. Becca Siddle, who has served half-time as chaplain on the Murrysville campus for nearly 10 years, and half-time as our employee resource specialist over the past four years, has accepted a call to serve as pastor of a Presbyterian Church in New Kensington. She will be greatly missed here at Redstone, but we wish her well as she follows God's calling in her life. As we looked at how to fill this vacancy, it made sense to have the half-time employee resource/support specialist assigned to the Greensburg campus, since the highest number of employees are assigned to this campus. Chaplain Drew DeCrease, our half-time Greensburg campus chaplain, wished to remain in part-time position, so together Drew and I decided that a move to the Murrysville campus would be a good opportunity for him. We hope that serving on a smaller campus will provide him with better work/life balance for this chapter in his life. While he is sad to leave behind his residents and friends on the Greensburg campus, he is excited to begin his ministry in Murrysville next week. We are actively interviewing candidates for the person who will serve half-time as the Greensburg campus chaplain, and half-time as the employee support specialist. We hope that in the next few days we will be able to share news about filling this position. Should employees have needs for employee support including HOPE Program assistance, please contact VP for Mission Support Lisa Dormire during this interim time at ext. 3353. Greensburg residents with spiritual life concerns are also welcome to call Lisa during this transition time. In the midst of these changes, we are grateful that Pastor Brenda Barnes and our friends at the New Hope Presbyterian Church in North Huntingdon continue to provide spiritual life services on that campus. We are very grateful for the many good pastors and chaplains who have served Redstone over the years, and look forward to the next chapter we will all share together on our spiritual life journey!

# **June Charity of Choice: Wishing Well Coin Drive**

Your spare change can help us to create meaningful and memory-making experiences for our residents. From June 12th through June 25th, you can donate your spare change to the jars located in the main lobbies and gift shops on each campus. All change is welcome and all proceeds benefit the Wishing Well Program at Redstone. We are happy to carry on the tradition of the Wishing Well Program which was established in 2005. Some of the wishes granted over the years have been a spa day, a special anniversary dinner, a trip to the Immersive Van Gogh Experience, a Red Velvet cake from Moio's Bakery, and many more.

Every cent counts!

# **Guardian Angels Medical Service Dogs Flag Sale Results**

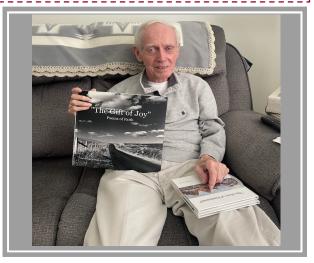
In May, we held an American flag sale as a fundraiser to support Guardian Angels Medical Service Dogs. In total, we raised \$695 in proceeds to support this mission. That's a total of 139 American flags! Flags are now on display outside of each campus. Thank you for your support!

# **COVID UPDATES**

The Public Health Emergency (PHE) has ended as of 5/11/2023. The Covid-19 pandemic has now been classified as an endemic. It is still highly encouraged to self-monitor any related symptoms. Visitors who are exhibiting symptoms of Covid are encouraged to seek testing and delay visits until they are feeling well. For more information or to keep current on Covid visitor status, please visit our website at www.redstone.org/news/coronavirus-visitors.

# **Garden of Love 2023**

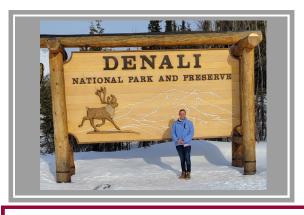
Each spring, we invite those who care about Redstone's mission to support our Garden of Love. A white tree is placed on each campus and is soon full of symbols of spring. All gifts given from now until *July 1*, *2023* will be recognized on our trees. As a symbol of your gift, a spring-themed ornament will be placed on the tree in the Redstone community of your choice. Your gift will also be acknowledged on a signboard in the adjacent area. Gifts may be made in honor or in memory of someone special and we will be happy to notify someone of your gift if you wish. Gifts of financial support help us to provide Benevolent Care to elders who have depleted their financial resources, improve our facilities, provide scholarships to employees, extend hospice support to families and their loved ones, and so much more. Gifts, like flowers in the spring, provide so much hope. For more information or to make an online gift, visit http://weblink.donorperfect.com/GOL\_2023 or scan the QR code.



### **Resident Spotlight: Frank Fawcett**

Frank Fawcett, resident of North Huntingdon campus, has a very special talent to share with our community. He is a poet! Although, he hasn't described himself as a poet his whole life. He says, "That's the funny part. I never bought any poetry. I always appreciated words to songs. I never had interest in poetry. None.. until it started coming to me." Frank says in the past he often waivered in his faith and wanted a sign of encouragement from God. On Christmas Eve of 1976, Frank went to bed exhausted from a long day. He woke up early on Christmas morning and wrote a poem titled "We Thank You Father." He says the poem just came to him line by line sitting at his kitchen table. The poem took him 15 minutes to write, but gifted him a lifetime of poetry after. His call for a sign was answered! Since then, Frank has published a few books containing his poetic works. He describes his first book, The Gift of Joy, as following the church calendar in some respects. He also has two other books, The Story of Emmanuel and Perfect Love. Frank's two sons, both retired forensic photographers, use their photography skills to make his poems visually come to life. Frank says he usually writes a poem first then his sons will place a photograph they have taken to the poem to match the motif. Frank looks to scripture and daily devotions to enhance the message of his poems. He hopes his poetry will offer encouragement to others. He says, "I needed encouragement. Maybe I can help encourage someone else." Be sure to visit the Veranda Arts and Crafts Room on North Huntingdon campus to see an example of Frank and his sons' creative collaboration

hanging on the wall!



Meet Our Staff: Amanda Wagner

Amanda Wagner, Housing Assistant on Murrysville campus, is an avid adventureseeker. Recently, Amanda returned from touring Alaska. A highlight for Amanda was traveling on a flagstop train to Denali National Park. She says, "People who live in the bush can stand on the side of the train tracks and get on the train to go to town." This trip was filled with activities like the Alaska Wildlife Conservation and even visiting the Trans-Alaskan Pipeline! Amanda said it was one of her favorite trips. In the past, Amanda has traveled to places like the Grand Canyon and Cayman Islands. She says that she has been traveling on plane since 6 months old, with her dad being a mechanic for US Airways. She's even been to Dubai...two times! Amanda's brother, then a pilot for Emirates, lived in Dubai for five years, making it a perfect travel spot for her. During her trip, Amanda saw the tallest building in the world known as the Burj Khalifa. She also went skiing inside of a massive mall where an entire wing, referred to as the Golden Shok, was dedicated to only jewelry stores. In the near future, Amanda would like to travel to New Zealand with her cat, Artemis, where she hopes to permanently reside. Amanda has always wanted to live abroad. New Zealand's landscape of mountains and seaside is perfect for her! She says, "You can drive one way and get to the mountains and go hiking. You can drive to the beach and be the only person there." Good luck on your travels, Amanda!

# **Messages of Gratitude**

We strive to be Difference Makers and World Changers in one's life plan. A portion of our website has been



dedicated to receive messages of gratitude from you. Our staff members work extremely hard to uphold our core value of *Quality*. That's why we like hearing back from you! If you would like to send a message of gratitude to Redstone, scan the QR code or visit our site at:

#### www.redstone.org/sendusamessage.

Fill out the form and choose SCAN ME to display it on our digital bulletin board to share with others within our community.



# **DOVE Employee Recognition Program at Redstone**

The DOVE Recognition Program seeks to recognize the many wonderful things that



employees do each and every day while serving our residents, their family members, friends of Redstone, and each other. Have you witnessed an employee going above and beyond while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any of the campuses, by scanning the QR code or by using the link:

https://www.surveymonkey.com/r/RPSDove.



Meet Our Volunteer: Rudy Horwatt

Rudy Horwatt has been volunteering at our North Huntingdon campus for six weeks. This is his first volunteer endeavor! Rudy volunteers eight to nine hours a day, three days a week. He assists our Lifestyles Team with resident activities. From 2008 to 2013, Rudy's mother was at a care facility and he would visit her on a daily basis. Throughout his visits, he became aware of the activities and got involved with the opportunity to assist other residents while there years later. Rudy says that he finds the work of resident activities effective, seeing how they benefit and enhance resident life. Rudy's advice to other volunteers is to find the opportunity to be engaged in something that is meaningful, purposeful, and gratifying. He says, "I feel my best when I am helping others." When Rudy isn't volunteering, he enjoys physical fitness, jogging, reading, and spending time with friends. We're so glad to have you at Redstone, Rudy!

# **RedstoneGOES Trips & Tours Upcoming 2023 Trips**

We provide our travelers with great value, great fun, and great safety as we travel together. RedstoneGOES organizes activities, food, and hotels for those traveling with us. We offer one-day trips and overnight stays to exciting locations. Take the stress out of road trips and join us today!

**Stan Hywet Hall & Gardens** 

August 3, 2023

Mystic, Mansions, and Mysterious September 15 – September 20, 2023

**Castles and Christmas** 

December 14 – December 15, 2023

For detailed information on each trip, or to sign up for any of these exciting adventures, please visit www.redstone.org/giving/redstonegoes or call (724) 832-8401 ext. 3378.

# **Parkinson's Support Groups**

Our groups are open to anyone in the Redstone community and to the general public who have been impacted by Parkinson's Disease. We meet once a month in a safe space where people can speak their mind, compare notes with peers, and meet movement disorder experts who can help your quality of life while living with Parkinson's. We hope you will join us for a sweet treat, fellowship, and support in your walk with Parkinson's. If you have questions or would like more information on the groups, please contact Jessica Glesk at 412-874-6453.



#### **North Huntingdon**

**Parkinson Support Group** 

Please RSVP by the Tuesday before the meeting to ensure seating. If you miss the deadline, still feel free to come!

#### Parkinson Support Group

2nd Wednesday of the Month 1:30pm to 3:00pm Redstone Villas Clubhouse 772 Frontier Drive N. Huntingdon, PA 15642 Wednesday, June 14

Wednesday, July 12

#### **Caregivers Support Group**

3rd Wednesday of the Month 1:30pm to 3:00pm Redstone 12921 Redstone Drive, Apt. 223 N. Huntingdon, PA 15642 Wednesday, June 21 Wednesday, July 19

#### Murrysville

**Parkinson Support Group** 

Please RSVP by the Wednesday before the meeting to ensure enough seating. If you miss the deadline, still feel free to come!

#### Parkinson Support Group Caregivers Support Group

2nd Thursday of the Month 1:30pm to 3:00pm Redstone, Arts & Crafts Room 4951 Cline Hollow Road Murrysville, PA 15668 Thursday, June 8

Thursday, July 13

3rd Thursday of the Month 1:30pm to 3:00pm Redstone, Arts & Crafts Room 4951 Cline Hollow Road Murrysville, PA 15668 Thursday, June 15 Thursday, July 20