










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:45 Chaplain's Corner – 2 1:30 Keno – 3	9:30 Muscles in Motion – 957 10:00 Morning Reflection – C/957 11:00 Better Balance – 957 2:00 Armchair Travel – 3 (Berlin, Germany) 6:00 Puzzle of the Week – L 8:15 Titans v Steelers	10:30 Ball Drumming – 3 2:00 Bingo – 3 3:15 Exercise Class – 3	1:00 Movie Matinee – 957 (Funny Girl)
2:30 Interfaith Service – C/957 Visit the Montessori stations distributed throughout Courtyard	9:30 Resistance Training – 957 10:00 Morning Reflection – C/957 *Kelsey is Off	9:30 Move & Groove – 957 10:00 Bible Study – Highlanders 11:00 Muscles in Motion – 957 2:00 Exercise Class – 3 2:00 Manicures – 3 6:00 Family Feud – 3	9:30 Better Balance – 957 10:45 Chaplain's Corner – 2 11:00 Stretch – 957 1:30 Keno – 3 3:00 Music by Paul Eisert – C/957	9:30 Muscles in Motion – 957 10:00 Morning Reflection – C/957 11:00 Better Balance – 957 5:00 Veteran's Dinner – C (For Veteran's Only) 6:00 Puzzle of the Week – L 6:30 Patriotic Sign-Along with Linda Rose – C/957	10:15 Joyride! (Sign Up Required) 2:00 Bingo – 3 	1:00 Movie Matinee – 957 (The Best Years of our Lives) 2:00 Craft Corner – 3 (Veteran's Door Decoration) 
10:00 Catholic Communion Distribution – C 1:00 Packers v Steelers 2:30 Interfaith Service – C/957 Enjoy a new book in the Library Diwali (Hindi)	9:30 Resistance Training – 957 10:00 Morning Reflection – C/957 11:00 Move & Groove – 957 2:00 Bocce – 3	9:30 Move & Groove – 957 10:00 Bible Study – Highlanders 11:00 Muscles in Motion – 957 2:00 Exercise Class – 3 2:00 Manicures – 3 6:00 Putt-Putt Pool – 3 	9:30 Better Balance – 957 10:45 Chaplain's Corner – 2 11:00 Stretch – 957 1:30 Keno – 3 3:00 Elvis Karaoke with Rob Stewart – C/957	9:30 Muscles in Motion – 957 10:00 Morning Reflection – C/957 11:00 Better Balance – 957 2:00 Craft Corner – 3 (Fall Leaf Lantern) 6:00 Puzzle of the Week – L	9:30 Better Balance – 957 11:00 Move & Groove – 957 2:00 Giving Thanks Bingo! – 3	1:00 Move Matinee – 957 (The Secret Life of Bees)
1:00 Steelers v Browns 2:30 Interfaith Service – C/957 Enjoy a fact packet about Germany in the Activity Room	9:30 Resistance Training – 957 10:00 Morning Reflection – C/957 11:00 Move & Groove – 957 *Kelsey is Off	9:30 Move & Groove – 957 10:00 Bible Study – Highlanders 11:00 Muscles in Motion – 957 2:00 Exercise Class – 3 2:00 Manicures – 3 6:00 Family Feud – 3	9:30 Better Balance – 957 10:45 Chaplain's Corner – 2 11:00 Stretch – 957 1:30 Turkeno – 3 (Turkey Keno) 3:00 Thanksgiving Social & Music by Bobby Taylor – C/957 	9:30 Move & Groove – 957 10:00 Morning Reflection – C/957  Thanksgiving Day (US)	9:30 Better Balance – 957 10:15 Joyride! (Sign Up Required) 11:00 Move & Groove – 957 2:00 Memorial Service – C/957 3:00 Sharing our Losses – C 3:00 Bingo – 3 	1:00 Movie Matinee – 957 (Julie & Julia) 3:00 Tambola – 3
1:00 Steelers v Bengals 2:30 Interfaith Service – C/957 Play cards with a friend!	9:30 Resistance Training – 957 10:00 Morning Reflection – C/957 11:00 Move & Groove – 957 2:00 Hall Cart (German Chocolate Cake)	9:30 Move & Groove – 957 10:00 Bible Study – Highlanders 11:00 Muscles in Motion – 957 2:00 Exercise Class – 3 2:00 Manicures – 3 6:00 Putt-Putt Pool – 3 	9:30 Better Balance – 957 10:00 Resident Council – 3 10:45 Chaplain's Corner – 2 11:00 Stretch – 957 1:30 Keno – 3 3:00 Music by Reverent Heart – C/957	9:30 Muscles in Motion – 957 10:00 Morning Reflection – C/957 10:00 LeadingAge Art Show! – North Huntingdon Campus (Sign Up Required) 11:00 Better Balance – 957 12:00 Birthday Party! – DR 2:00 Let's Cook! – CK (Mini Chicken Pot Pies)		

Activities in **PINK** can be attended in the Chapel or viewed on Channel 957 – Activities are subject to change. Activities in **BLUE** are a part of 'Ready, Set, Travel!'