

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

NORTH HUNTINGDON VILLAS

| | | | | | | | | | | | |
|-----------------------------|--|---|--|---|--|--|--|--|--|---|--|
| | | | | 1 Exercise 8:30/9:00 am Wanna Play Cards? 1:00 pm | | 2 Private 10:30 am Great Courses 1:00 pm Bowling 1:45 pm Wellness Clinic 11-11:30 am | | 3 Exercise 8:30/9:00 am Outing to the Heinz History Center (for those reserved) 10:00 am | | 4 | |
| 5 Exercise 8:30/9:00 am | | 6 Meditation 1:00 pm Giant Eagle 9:30 am Shop n Save 10:30 am PNC/Key Bank 11:30 am Medical Appointments | | 7 Exercise 8:30/9:00 am Parkinson's Support Group 1:30 pm | | 8 Great Courses 1:00 pm Happy Hour 5:00 pm Wellness Clinic 11-11:30 am | | 9 Exercise 8:30/9:00 am Private 10:30 am | | 10  Veterans Day Remembrance Day (Canada) | |
| 11 Exercise 8:30/9:00 am | | 12 Private 11:00 am Men's Burgers & Beer 2:00 pm Diwali (Hindi) | | 13 Meditation 1:00 pm Private 5:00 pm Giant Eagle 9:30 am Shop n Save 10:30 am 1st Nat'l/S & T Bank 11:30 am Medical Appointments | | 14 Exercise 8:30/9:00 am Community Management Meeting 11:00 am Let's Play a Game 1:00 pm Thanksgiving Pie Social 6:00 pm | | 15 Great Courses 1:00 pm Bowling 1:45 pm Wellness Clinic 11-11:30 am | | 16 Exercise 8:30/9:00 am Book Club 1:00 pm | |
| 17 Exercise 8:30/9:00 am | | 18 Exercise 8:30/9:00 am | | 19 Exercise 8:30/9:00 am Villa Women (tbd) | | 20 Exercise 8:30/9:00 am | | 21 Exercise 8:30/9:00 am | | 22  Thanksgiving Day (US) | |
| 23 Exercise 8:30/9:00 am | | 24 Exercise 8:30/9:00 am | | 25 Exercise 8:30/9:00 am | | 26 Exercise 8:30/9:00 am | | 27 Exercise 8:30/9:00 am | | 28 Exercise 8:30/9:00 am | |
| 29 Private (all day) | | 30 Exercise 8:30/9:00 am (Meet in Clubhouse Fitness room) Leading Age PA Art Show Target/Walmart 1:00 pm | | 31 Exercise 8:30/9:00 am (Meet in Clubhouse Fitness room) Leading Age PA Art Show Giant Eagle 9:30 am Shop n Save 10:30 am 1st Nat'l/S & T Bank 11:30 am Medical Appointments | | 32 Exercise 8:30/9:00 am (Meet in Clubhouse Fitness room) Leading Age PA Art Show | | 33 Exercise 8:30/9:00 am (Meet in Clubhouse Fitness room) Leading Age PA Art Show NO GREAT COURSES TODAY Wellness Clinic 11-11:30 am | | 34 PLEASE SEE REVERSE SIDE FOR IMPORTANT EVENT DETAILS AND INFORMATION. | |

