

The Window

President’s Council | Lisa Dormire, VP for Mission Support

In a world with so many options for communication, communication is very challenging! We are constantly trying to improve the ways by which we are able to communicate with residents, their families, and friends of Redstone. As we begin a new year, we want to make you aware of some of the communication options that are available to you. Back in the height of Covid, we launched a family and friends email distribution list to disseminate information on an almost daily basis. Over time, we know that list has become very much out of date. Over the next month, we will be reaching out to family members and past list members to ask you to indicate your interest in continuing to receive these email blasts from Redstone. Those we do not hear from will be removed from the list so that we do not continue to send unwanted emails. This email distribution list is used to send this monthly newsletter, press releases, event invitations, and urgent updates in a timely fashion, and is open to anyone who wishes to subscribe. To update your preferences for the email distribution list, simply scan the QR code pictured here. In addition to this email list, we are excited to be launching K4 Connect for our residents over the next few months. K4 Connect is a community engagement platform by which residents can receive information, put in work order requests, register for activities, communicate with one another on a social platform, and more. In January, residents will be able to participate in training to install the platform on their personal tablets and cell phones. In February, a K4 Connect system will be installed in the apartments of all Independent Living residents. By registering for the K4 Connect app, residents across all other levels of care (including Villas, PC, etc.) will also be able to engage with the program, as will family members who wish to install and use the app. Family members and residents who are not IL residents should reach out to the campus director on your campus to find out how to download the app. Here’s to a robust year of communication in 2024!



Get Social With Us!

Keep up on all things Redstone! Campus activities, job openings, fundraisers, and more are shared on our social media. Give us a like or follow to share the good news.



Or visit [www.redstone.org](http://www.redstone.org)

2024 Parkinson’s Support Groups

Our groups are open to anyone in the Redstone community and to the general public who have been impacted by Parkinson’s Disease. We meet once a month in a safe space where people can speak their mind, compare notes with peers, and meet movement disorder experts who can help your quality of life while living with Parkinson’s. We hope you will join us for a sweet treat, fellowship, and support in your walk with Parkinson’s. If you have questions or would like more information on the groups, please contact Jessica Glesk at (412) 874-6453.

Parkinson Support Group

2nd Wednesday of the Month  
1:30pm to 3:00pm  
772 Frontier Drive  
N. Huntingdon, PA 15642  
**January 10**  
**February 14**

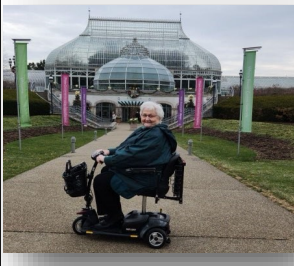
Caregivers Support Group

3rd Wednesday of the Month  
1:30pm to 3:00pm  
12921 Redstone Drive  
Apartment 223  
N. Huntingdon, PA 15642  
**January 17**  
**February 21**



Resident Spotlight: Marge Anke

“To tell the truth, it was a walk down memory lane for me,” says North Huntingdon resident, Marge Anke, about her trip to Phipps Conservatory in Pittsburgh. Marge’s tradition started with her late husband, who used to take off work on Marge’s birthday so they could visit the marvelous conservatory and have a special day of events to follow. He and Marge spent a great many birthdays taking the annual trip to Pittsburgh, watching how the conservatory grew and advanced their display. Marge says her last time to Phipps, before this most recent trip from Redstone, was probably 25 years ago. She was absolutely overwhelmed with how much had changed in her time away. Marge says the memories of time spent with her husband roaming the rooms together filled her heart with so much joy. Seeing the conservatory during the holiday season is exceptionally special, as it is decorated entirely in bright colorful lights. “You couldn’t go quickly through each room. You had to look up and down and inside and every which way,” she says. Marge even had a lovely lunch at the indoor café at Phipps, accompanied on the trip by Amber Ammann, North Huntingdon Community Liaison, and Kimberly Darragh, Gift Shop Merchandiser. Marge’s trip was sponsored by the Redstone Wishing Well Team. She was nominated by Amber Ammann, who welcomed Marge on her very first days at Redstone and who remembered Marge mentioning how special Phipps was to her. Amber says, “Marge is a mentor at North Huntingdon and always steps up to help new residents. She welcomes them, invites them to activities, answers questions... they *really* have a friend at Redstone.” They all had a wonderful time celebrating this special tradition!



On-Campus Interview Days

New year, new career! Join us for on-campus interview days at Redstone or spread the word to those seeking a rewarding career in healthcare.



**Greensburg Campus**  
6 Garden Center Drive  
Greensburg, PA 15601  
**Weds. January 31, 2024**  
9:00a—4:00p

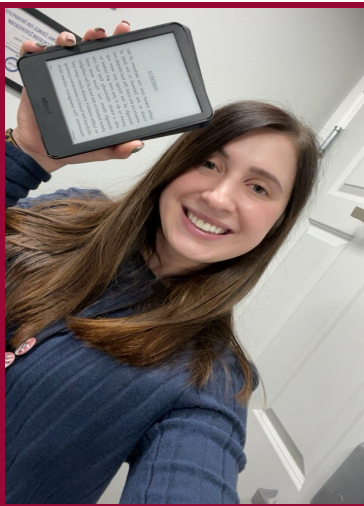
**Murrysville Campus**  
4951 Cline Hollow Road  
Murrysville, PA 15668  
**Tues. February 6, 2024**  
9:00a—4:00p

**North Huntingdon Campus**  
12921 Redstone Drive  
North Huntingdon, PA 15668  
**Thurs. February 8, 2024**  
9:00a—4:00p

Some of our Benefits:

- Medical/Dental/Vision (Full Time & Part Time)
- PTO (Full Time & Part Time)
- Clinical Sign-on Bonuses
- 7 Holidays
- Employee On-Campus Support Program
- On-Demand Pay
- Pet Insurance
- Clinical Referral Bonuses! Up to \$2,000 Within the First 90 days for you and the referred employee!





Amber is ringing in the New Year with new goals! Amber Pritts, Murrysville Care Partner, keeps reaching and setting the bar higher. In 2022, Amber started halfway through the year with a goal to read 24 books. As an avid reader and book lover, Amber wanted to surpass that goal in 2023 by reading 50 books by the end of the year. And she did! Amber ended 2023 by reading a total of 55 books. Her goal for 2024 is to read between 75 to 100 books! Amber’s love for reading started in 5th grade during an accelerated reading program. She read all of the Harry Potter books, saying the reader claimed more points for bigger books in the competition. Amber ended up winning and also gained her affinity for a good book. Amber says that in her span of reading, she has finished at least 500 books. “I would say reading in general has put some light back into my life. It gives me a piece of mind for myself mentally. Books are a way for me to put behind whatever may be on my mind at that moment,” she says, “I think if you really make it a part of your life it not only become valuable to you but others in your life, too.”

Meet Our Staff: Amber Pritts We can’t wait to see how many books you read in in 2024, Amber!



Meet Will Connor, Redstone Hospice volunteer. Will has been a hospice volunteer for 6 months. Will says he was inspired by a fellow resident to become a volunteer, “Lets do something worthwhile.” Will enjoys his time preparing bereavement cards for the loved ones of those who passed away. Outside of volunteering, he likes watching mini series, playing cards, newspaper puzzles, and reading everything, especially mysteries and non-fiction. Will is a retired professor of math, 30 years, for Robert Morris University. Thank you for your volunteerism at Redstone, Will!

Meet Our Volunteer: Will Connor

DOVE Employee Recognition Program at Redstone



DOVE

The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our community. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any of the campuses, by using the following link <https://www.surveymonkey.com/r/RPSDove>, or scanning the QR code.

January Charity of Choice: Benevolent Care SNOWBALL FIGHT!

From January 8—January 22, we will be having a snowball fight contest! Receive an individual snowball in exchange of a \$1 donation or a bucket of snowballs for \$5. You may choose to make your snowball(s) in honor or memory of someone and all donations will be displayed on your campus. Please visit the front desk to make all donations. Monetary donations of cash or checks made payable to ‘Redstone’ are accepted. All proceeds benefit Benevolent Care. The campus who purchases the most snowballs by the end of the contest will win a snowball fight party for their campus! Only 1 campus will win! All snowballs will be given out at the event to those who pre-purchased and we will also sell extra snowballs at the door.

North Huntingdon: January 26, 3:30p-4:30p in Highlanders  
Greensburg: January 24, 3:00p-4:00p in Chapel  
Murrysville: January 26, 3:30p-4:30p in Highlanders

We will announce on January 23rd through CATIE who the winning campus is. *If your campus is the winner, see the time and location for your campus to join us!*



December Memories



Thank You!

Redstone has been named TribLIVE’s 2023 Best of the Best Winner in the Retirement Community Category in Westmoreland Community!



PUZZLE PIT STOP: New Year’s Word Scramble

clkoc	idmitngh	anrjyua	totas
llba	rptay	eelctreba	eray
crshee	fiocent	kisworfre	cootdnwnu

Word Bank: Confetti, Celebrate, Party, Ball, January, Midnight, Cheers, Fireworks, Clock, Year, Countdown, Toast

Happy Retirements!

We wish Betty Trapletti and Nancy Sandacz a retirement full of health, happiness, and relaxation! Betty, PCA for Redstone@Home, celebrated 6 years of service at Redstone. Nancy, CNA for 5 Star Staffing, celebrated 14 years of service at Redstone. Good luck in this exciting new chapter!

