

The Window

President’s Council | Lisa Dormire, VP for Mission Support

The ‘U’ and ‘I’ in SECURITY! We’ve been talking a lot about security recently. It’s important for us to remember that ‘U’ and ‘I’ have to make security happen. As we have been reminded, it will take *all* of us to ensure that Redstone is the safest community possible, and sometimes that might feel uncomfortable to us. We like to think of ourselves as a warm and welcoming community. We are kind to our neighbors and welcome friends with warm hugs. In order for us to maintain the safest environment possible, we will need to remember important guidelines for safety, even when that sometimes makes us feel less welcoming. If you happen to pass by a side or back door and see someone trying to enter, politely tell them that you are unable to let them in and that if they need assistance they need to proceed to the front door. It is also important that these back and side doors never be propped open. While it might feel rude to send a visitor around to the front door, this is the response that will provide the safest environment for our community. Even if you come across someone trying to enter through the front door, instead of simply opening the door to let them in, remind them that they need to use the buzzer system to contact the person or unit they are there to visit. Keep your chin up, be friendly, but stand your ground about opening those doors. Alarms, cameras, and locks help to create a safe environment, but ultimately, it still comes down to ‘U’ and ‘I’ to make Redstone the safest community possible. If you have safety concerns or suggestions, don’t hesitate to talk to your campus director or Jerry May, Corporate Director of Building Services. Thank “U” for making security a priority at Redstone!





Flower Delivery Date Window
March 19-22





*May your troubles be less
and your blessings be more
And nothing but happiness
come through your door*

Happy St. Patrick’s Day
2024!



Resident Spotlight—Ellen Dell

Ellen Dell, Greensburg resident, has lived a long and rewarding life as a teacher. Her career spanned over 30 years in the education system, both in Chambersburg and Mount Pleasant. Ellen says her mother, also a teacher of History, Latin, and English, was probably the first to inspire her to teach. Ellen has two degrees, one in English and one in Library. She first started teaching in 1965 in Chambersburg for 9th grade English. She later moved to library in the 70s in Mt. Pleasant, doing that for 13-14 years. Ellen continued to work in library until the late 80s. She then went back to teaching English, ultimately retiring in 2001. After retiring, she was an accompanist for organ and piano, playing in Mt. Pleasant at Good Shephard, St. Mark in New Stanton, and Trinity in Connellsville. Ellen has so many memories to look back on throughout the years. A favorite memory of Ellen’s is when a bumblebee flew into the room. After one of the panicked students killed it, Ellen asked the students to each write an elegy to the bumblebee, saying their work was tremendous and funny. She loved moments in her classroom where she could switch gears and make anything a teaching moment. Another one is when a group of senior students she once had in elementary library told her they used to rush back to their seats because they loved to hear Ellen read out loud to them in the library. Ellen says, “That was one of the nicest things I’ve ever heard.” Library was rewarding to Ellen because she loved helping kids get excited to read and find things they would enjoy. She loved teaching English because of the literature and grammar. The most important part of teaching was connecting with students. Ellen says she had a rewarding career with many memories to look back and smile on.

NEW Redstone Apparel for Order!

Hoodies, tees, and tie-dye...oh my! We are excited to announce a new round of Redstone apparel! For online orders, you can scan the QR code or visit weblink.donorperfect.com/apparel24. For residents wanting to make cash or check orders, you can visit the front desk on your campus for an order form. All orders MUST be returned to Mission Support no later than March 21, 2024. Items will be delivered approximately 3 weeks after the order date. We will let you know when and where to pick up your items on your campus. We have lots to choose from!



Online Orders



2024 Winery Event

We’re off to the races for our Night Before Derby Party at the beautiful Bella Terra Vineyards! It will be an evening of wine, food, and wagering on the horses. General adult admission is \$40 per person and includes dinner and one glass of wine, beer, or mint julep. Tickets for under 21 and children are also available. Sponsor a

horse named by you for \$25 and win \$100 if your horse comes in first place! Bet on horses at the event to add to the excitement of the derby. Social hour is 5-6p, buffet dinner 6-7p, and horse racing 7-9p. For tickets, scan the QR code, call (724) 832-8401 ext. 3378 or visit

<http://weblink.donorperfect.com/redstonederby24>.

Derby attire, hats, and bowties are encouraged!



SCAN ME



“Everyone’s life changes from time to time. I just try to figure a way around an obstacle or wall. My journey has brought me to where I’m at,” says Richard McAfee, Coreworks staff. At just 24 years old, Richard suffered a spinal cord injury that left him paralyzed. With the need to learn a new way of living, Richard decided to not let his challenges prevent him from living his life to the fullest. He instead chose to do incredible things. He says his dad was the biggest support role in his life and supplied him with courage he needed to pursue his passions. It was the early 90s, years after his injury, when Richard took his first adrenaline thrill of tandem skydiving with a professional he first met at the Westmoreland County Airshow. Before his first trip, Richard was taught how to properly land and was given thorough instruction to make sure he was comfortable for what was about to happen. Richard says when he landed, adrenaline was pumping through his body and filled him with a passion for seeking more adrenaline thrills. At around 1992—1993, Richard took his first trip by himself, not strapped to another person, which forever changed the way he would seek that thrill. He then went a third time at around 2001—2002, again free-falling by himself. In 2015, while living in Florida, Richard took it to a new level by bungee jumping, strapped completely into his wheelchair, from a crane. He says that both skydiving and bungee jumping were wild experiences, but bungee jumping was slightly more frightening. “As long as you try, you never fail. Never give up,” says Richard. He also plans to take another solo skydiving trip this summer, where he will once again practice his passion for being resilient.

Meet Our Staff: Richard McAfee



Katelyn Patts started volunteering at Redstone in December of 2023 by joining the residents for social hour, decorating for Christmas, and participating in Monday night games. Katelyn is in pursuit to acquire her 100 Hours of Excellence award through the National Hours Society at Franklin Regional High School. She says that volunteering at Redstone has been enriching by getting to know the residents and hearing their generational stories. “The welcoming atmosphere and the genuine connections I’ve formed with the residents at Redstone always bring a smile to my face, making it a place I eagerly return to. I love hearing their stories, jokes, and just listening to their fascinating lives. Each interaction is filled with wisdom, laughter, and heartfelt conversations that leave a lasting impression on me,” she says. In addition to Redstone, she volunteers at St. Vincent DePaul Thrift shop, cleans parks during the fall and spring removing the invasive species, and is a wrestling manager for the Franklin Regional Wrestling Team. She is also currently raising funds and awareness as a candidate for the Leukemia and Lymphoma Society in the fight against blood cancer. Outside of her volunteer commitments, she is a varsity goalie on the Franklin Regional Girl’s Lacrosse Team, plays tennis, plays clarinet for the Franklin Regional Marching Band, and also shoots archery. Katelyn loves to spend time with friends and family. She also enjoys exploring outdoors with hiking, fishing, or simply soaking in the beauty of nature.

Meet Our Volunteer: Katelyn Patts

St. Patty's Fun & Conversation with Mission Support

Residents are encouraged to join us on the below dates for some fun and to learn about the Benevolent Care Program and supporting Redstone! Events will be held in campus chapels. We will have games, a treat, and update you on happenings.

- Greensburg:** March 1 @ 2—3p
- North Huntingdon:** March 8 @ 2—3p
- Villas:** March 8 @ 4:30—5:30p
- Murrysville:** March 15 @ 3:30—4:30p



**April Charity of Choice: Blackburn Center
WALK A MILE IN HER SHOES**

It is once again time to Walk a Mile in HER Shoes! Each April, our community gathers to raise incredible proceeds for the Blackburn Center and to watch male staff of Redstone walk in red high heels! Supporters may choose to donate to their favorite walker who has signed up for each campus. For every \$1 donated, a star is given to place under the walker’s name, and a \$10 donation gets a pair of heels to place under a name. The walker with the most donations receives the Golden Heel Trophy to proudly display on their campus! We will release more information on donation dates and walk times on each campus!

*Come cheer on your favorite “walker” on Thursday, April 18. Donations will also be accepted at the walk events!

**ALL PROCEEDS WILL BENEFIT THE
BLACKBURN CENTER WHO PROVIDES
SERVICES TO VICTIMS OF DOMESTIC
AND SEXUAL VIOLENCE AND CRIME IN
WESTMORELAND COUNTY.**



February Memories



DOVE Employee Recognition Program at Redstone



The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our community. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any campus, by scanning the QR code, or by using the link www.surveymonkey.com/r/RPSDove.

Puzzle Pitstop

Leprechaun Maze
Help the leprechaun find his pot of gold.

