

The Window

President's Council | Vicki Loucks, VP & COO

Spring is here! This is the season of new life as we watch the flowers bloom and the trees fill with glorious spring blossoms. This season also reminds us that change is good, and that God is still at work in the world. This is such an important reminder for all of us. Change can create anxiety and be intimidating, but it is important that we face seasons of change with hope and optimism. We wanted to tell you about a change that is being implemented here at Redstone. Over a year ago we opened "The Terrace at Redstone Rehab", a secure unit dedicated to short term dementia care for those who need skilled nursing in a secure environment. A wing of the first floor of our nursing home in Greensburg was made secure in order to accommodate these specialty patients. Unfortunately, we've never seen the volume of short-term patients living with dementia coming through the unit that we expected. Therefore, after some deliberation and in an effort to better serve the whole population of patients that we continue to see, we have decided to return this unit back to general short term rehabilitation for all those in need of this care. The secure locking system will be removed and this transition will fully take place on July 1, 2024. This will further help to ensure that when our residents across our continuum need skilled nursing care, we will be ready to provide it here at Redstone. As always, we are grateful for your encouragement and support throughout all of the seasons of change that we face together.



Walk a Mile in HER Shoes

Our Charity of Choice for April is the Blackburn Center. To show our support, we will be holding Walk a Mile in HER Shoes events at each campus with male staff of Redstone walking in red heels to raise proceeds! Our walks will be held on April 18th at 2pm. You can support our male walkers by visiting the front desk to donate cash or checks made payable to 'Blackburn Center'. For each \$10 donation, you can place a red shoe sticker under a walker's name. For each \$1 donation you can place a star under a walker's name. The walker with the most donations in their name will win the Golden Heel Trophy Award to proudly display on their campus. See the flyer in your mailbox for more information!



Resident Spotlight: Pat Brown & Sherry Walker

Pat Brown and Sherry Walker, Murrysville residents, are always seeking adventure as they join the Redstone Goes Trips & Tours travelers to some exciting locations. Pat and Sherry first met when Pat moved to Redstone from Oregon in 2023. They realized just how similar they are, like both being retired first grade teachers, having common interests, and even being travelers before joining the group. Sherry had started traveling with Redstone Goes around eight to nine years ago, having been friends with residents of Redstone and also having a family member being Redstone staff. With the group, she has taken trips to New York City, Washington, West Virginia, and Ohio. It was August of 2023 when Pat started traveling with Redstone Goes, with her first trip being to Stan Hywet Hall & Gardens. Pat and Sherry's first overnight adventure together was a 5-day trip to New England. They called their traveling together a success and decided to be travel companions from here on out! They have been on three trips together, the most recent Ohio Land Cruise being their favorite. They say the laughter, fun, and good food made it an absolute blast to be part of. What makes them good travel companions? "Being considerate and adaptable," they say. Their other piece of advice is to always consider the other person's interests, feelings, and needs. Pat and Sherry look forward to their upcoming Redstone Goes trips together with a train ride in Altoona and the Sights & Sound Theatres in Lancaster!



Night Before Derby Party

Only a few weeks remain until our Night Before Derby Party at the beautiful Bella Terra Vineyards! Be sure to reserve your tickets and horses before April 26th! General adult admission is \$40 per person and includes dinner and one glass of wine, beer, or mint julep. Tickets for under age 21 and children also available. Sponsor a horse named by you for \$25 and win \$100 if your horse comes in first place! Bet on horses at the event to add to the excitement of the derby. Social hour is 5-6p, buffet dinner 6-7p, and horse racing 7-9p. To purchase tickets, scan the QR code, call (724) 832-8401 ext. 3307 or visit <http://weblink.donorperfect.com/redstonederby24>. Derby attire, hats, and bowties are encouraged. We'll see you at the races!

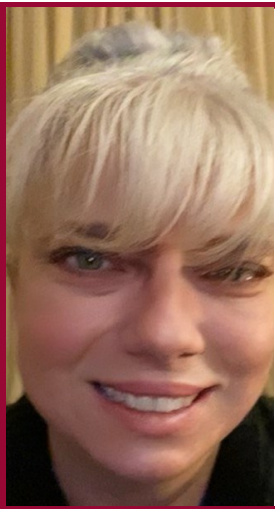


SCAN ME

Daffodil Days Wrap-Up

In March, we teamed with the American Cancer Society to raise proceeds and awareness! Daffodils filled our campuses with hope. In total, we raised an incredible \$1,458 in proceeds for the American Cancer Society. Hope blooms at Redstone!





Dori Webb, Clinical Coordinator for Redstone@Home, has a very creative side to her life outside of Redstone. Dori says her childhood babysitter was Mennonite, so her options for fun activities were UNO, crocheting, or doing chores. She chose to crochet! Dori started to pick up crocheting around the age of 7. Now, Dori crochets to carry on her mother's memory, who also loved to crochet later in life. Dori says that creativity and art have always been an integral part of her life as she and her sister took art, music, and voice lessons at a young age. Dori now owns a small pottery studio with her boyfriend where they make amazing pieces of art! They have two wheels and two kilns. Dori says about art, "It's a part of me. That's like asking someone 'What do you love about breathing?'" Dori's boyfriend is an amazing artist with pottery, sculpting, painting and drawing. Her daughter has won awards for photography, and her oldest son is a graphic design artist and owner of Valley Graphics in Latrobe. Her middle son can work with material like wood, metal, and just about anything you can think of. Dori's sister is also an artist, primarily working in fiber arts. So, you could certainly say that creativity runs in Dori's family. In the future, Dori would like to venture into resin, stained glass, and different areas of pottery such as raku firing.

Meet Our Staff: Dori Webb



Taylor Murphy has been volunteering at Redstone since October of 2023. Taylor enjoys her time helping with events like the Mardi-Gras party, Pictionary, and bingo. Taylor was motivated to volunteer at Redstone by a few friends who worked here in the past. She says, "As a younger person I feel as if I can gain so much insight and knowledge from the older generation. Redstone residents have done a great job at providing me with newfound wisdom. They always share their experiences and let me share my own and they know exactly what to say." Also a National Honor Society student, Taylor volunteers for Murrysville parks, Mother of Sorrows Church, and within the school district, specifically within the primary and high school. She also volunteers with the Leukemia Lymphoma Society where she and other students managed to raise more than \$66,000. When Taylor isn't volunteering, you can find her with family and friends, at her lake house at Raystown Lake, traveling the world, playing with her dog, at church, or at the Franklin Regional High School stadium where she plays varsity lacrosse and will be playing soccer for the first time in the fall! Taylor says, "The residents are such amazing people to be around and I will always have a smile on my face if you see me at Redstone! Redstone is a place that I'm always excited to go and I'm so grateful to be able to volunteer there!" Thank you for your time with us at Redstone, Taylor!

Volunteer Spotlight: Taylor Murphy

You Can Help Us Grow Our Garden of Love!

All gifts given from now until July 1, 2024 will be recognized in our Garden of Love, with trees filled with symbols of spring. Gifts will also be acknowledged on a signboard in the adjacent area. Gifts may be made in honor or memory of someone special and we will be happy to notify someone of your gift if you wish. We have multiple areas to support this year including Benevolent Care, Hospice, Area of Greatest Need, and HOPE Program! This year, our campus directors have asked us to also raise funds for a special purchase for each of our campuses: a "Whisperglide." The Whisperglide brings together those confined to a wheelchair and the able-bodied in a relaxed and socially inviting atmosphere. The wheelchair remains in a level position during the gliding motion, thus all swing occupants can enjoy the same swing motion simultaneously. Each Whisperglide costs about \$7,000. We hope to be able to purchase one for each of our three campuses. What joy this glider will bring as residents, friends, and family members enjoy time together. You may make a gift to place an ornament on our trees by scanning the QR code, calling Mission Support at (724) 832-8401 ext. 3378, or by returning the completed response card. Gifts of support, just like all of the signs of spring, provide us with so much hope. Together, we create a garden of love that brings hope, peace, and joy to residents at Redstone. We are grateful to all who help this garden of love grow through prayers, gifts, and trust.



March Memories



Thank you to faculty and students of Seton Hill University for building lasting connections with residents of Redstone! Students and residents joined in sharing experiences through a personal storytelling exchange via the Narrative 4 program being taught at Seton Hill.



Narrative 4's vision is "Fearless Hope Through Radical Empathy".

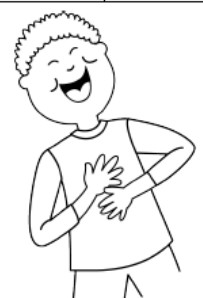
Puzzle Pitstop

APRIL FOOL'S DAY!

Find each word in the search. Words go ↑, →, and ↘.

s	f	u	n	n	y	p	o	k	t
u	n	s	i	p	r	a	n	k	r
A	l	b	i	k	z	t	u	v	i
i	p	o	k	l	e	n	a	x	c
u	l	r	v	j	l	d	q	c	k
y	a	z	i	n	o	y	i	h	s
f	y	m	c	l	o	k	f	u	t
i	e	s	t	s	c	h	e	m	e
r	d	i	i	f	m	p	j	o	r
s	e	t	m	b	x	v	q	r	o
t	a	s	e	t	r	i	c	k	o

trick	first
April	prank
play	joke
funny	humor
victim	trickster
silly	scheme



DOVE Employee Recognition Program at Redstone



The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our community. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any campus, by scanning the QR code, or by using the link www.surveymonkey.com/r/RPSDove.