

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All areas are setup for meaningful engagement. Please feel free to use what is available at any time.</p> 	<p>9:00 Reflection – C/957 1 9:30 Move & Groove – 957 10:00 Better Balance – 957</p> <p>APRIL FOOLS</p> <p>*Kelsey Holiday <small>All Fools' Day</small></p>	<p>9:30 Yoga/Stretch – 957 2 10:00 Muscles in Motion – 957 10:30 Bible Study – Highlanders 2:00 Manicures – 3 6:00 Horse Racing – 3</p> 	<p>10:45 Chaplain Hymn Sing – 2 3 1:30 Keno – 3 3:30 Happy Hour – DR</p> 	<p>9:30 Move & Groove – 957 4 10:00 Muscles in Motion – 957 2:00 Craft Corner – 3 <i>Bunny Silhouette</i></p>	<p>9:30 Move & Groove – 957 5 10:00 Better Balance – 957 10:30 Bingo – 3 1:30-4:00 Art Museum Bus Outing <i>Sign Up Needed</i> 3:00 Reflection – C/957 3:15 Exercise Class – 3 6:00 Evening Prayer – C</p>	<p>1:00 Movie Matinee 6 <i>Easter Parade</i> Activity Packets left in Activity Room</p>
<p>2:30 Interfaith Service – C/957 7 Explore Montessori Stations left throughout Courtyard</p>	<p>9:00 Reflection – C/957 8 9:30 Move & Groove – 957 10:00 Better Balance – 957 Armchair Travel puzzles left in the Library</p> <p>*Kelsey is Off</p>	<p>9:30 Yoga/Stretch – 957 9 10:00 Muscles in Motion – 957 10:30 Bible Study – Highlanders 2:00 Manicures – 3 6:00 Therapy Dog Visit</p> 	<p>10:45 Chaplain Hymn Sing – 2 10 1:30 Keno – 3 3:00 Music by Reverent Heart – C/957</p>	<p>9:30 Move & Groove – 957 11 10:00 Muscles in Motion – 957 10:30 Cooking Demo – IL Arts n' Crafts 2:00 Armchair Travel – 3 <i>Aruba</i></p>	<p>9:30 Move & Groove – 957 12 10:00 Muscles in Motion – 957 2:00 Bingo – 3 3:00 Reflection – C/957 3:15 Exercise Class – 3 6:00 Evening Prayer – C</p>	<p>1:00 Movie Matinee 13 <i>When I Find the Ocean</i> 2:00 Trivia – 3</p>
<p>10:00 Roman Catholic Communion – C 14 12:30 Interfaith Service – C/957 Help yourself to a packet featuring fun facts about this month's travel destination</p>	<p>9:00 Reflection – C/957 15 9:30 Move & Groove – 957 10:00 Better Balance – 957 2:00 National Banana Day! <i>Baking Banana Cream Pie</i></p>	<p>10:30 Bible Study – Highlanders 16 2:00 Manicures – 3 6:00 Family Feud – 3</p>	<p>9:30 Move & Groove – 957 17 10:00 Better Balance – 957 10:45 Chaplain Hymn Sing – 2 1:30 Keno – 3 3:00 Magician Clint McMaster – C/957</p>	<p>9:30 Move & Groove – 957 18 10:00 Muscles in Motion – 957 10:30 Yahtzee – 3 2:00 Walk a Mile in Her Shoes - Front of Building</p> 	<p>9:30 Move & Groove – 957 19 10:00 Muscles in Motion – 957 10:15 Joyride! – <i>Sign Up Needed</i> 2:00 Bingo – 3 2:00 Dementia Support Group – C 3:00 Reflection – C/957 3:15 Exercise Class – 3 6:00 Evening Prayer – C</p>	<p>1:00 Movie Matinee 20 <i>Redwood Highway</i> Activity Packets left in Activity Room</p>
<p>2:30 Interfaith Service – C/957 21 If it's warm, take a walk today!</p>	<p>9:00 Reflection – C/957 22 9:30 Move & Groove – 957 10:00 Better Balance – 957</p>  <p>*Kelsey is Off <small>Passover Begins Earth Day</small></p>	<p>9:30 Yoga/Stretch – 957 23 10:00 Muscles in Motion – 957 10:30 Bible Study – Highlanders 2:00 Manicures – 3 6:00 Jeopardy – 3</p> <p><u>Happy Birthday, Charlotte H!</u></p>	<p>9:30 Move & Groove – 957 24 10:00 Better Balance – 957 10:00 Food Committee – 3 10:45 Chaplain Hymn Sing – 2 1:30 Keno – 3 3:00 Flutist Jemma Stemley – C/957</p> <p><small>Administrative Professionals Day</small></p>	<p>9:30 Move & Groove – 957 25 10:00 Muscles in Motion – 957 11:30 Picnic Outing! – <i>Sign Up Needed</i></p> 	<p>9:30 Move & Groove – 957 26 10:00 Muscles in Motion – 957 10:30 Bingo – 3 2:00 Memorial Service – C/957 3:00 Reflection – C/957 3:30 Sharing our Losses – C 3:15 Exercise Class – 3 6:00 Evening Prayer – C</p> <p><small>Arbor Day</small></p>	<p>1:00 Movie Matinee 27 <i>Casablanca</i> 2:00 Tambola – 3</p>
<p>2:30 Annual Hospice Memorial Service – C/957 28 Do some spring cleaning today!</p>	<p>9:00 Reflection – C/957 29 9:30 Move & Groove – 957 10:00 Better Balance – 957 2:00 The Price is Right – 3</p>	<p>9:30 Yoga/Stretch – 957 30 10:00 Muscles in Motion – 957 10:30 Bible Study – Highlanders 12:00 Birthday Party – DR 1:30-4:30 Men's Club – C 6:00 Sunset S'mores – DR</p>	 <p style="text-align: center;">April 2024 Redstone Highlands – Greensburg Courtyard</p>			

Activities in **PINK** can be attended in the Chapel or viewed on Channel 957 – Activities are subject to change. Activities in **BLUE** are a part of 'Armchair Travel!'