	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	"I WAS WAITING A LONG TIME FOR SPRING. HELLO APRIL!"	Easter Monday  9:00 AM Monday Reflection 9:30 AM Move & Groove with Resistance Bands 10:00 AM Balance 10:00AM Coffee Hour 6:30 PM Card Games  (Josie off today)	10:30AM Bible Study 11:00AM Blood Pressure Checks 1:00PM Tina, Nurse Navigator 1:00PM Poker 1:30PM Rummikub 1:30PM Tuesday at the Movies (C) 3:30PM Billiards 6:30PM Pinochle	9:00AM Shop N Save 1 9:30AM Move & Groove with hand held weights 10:00AM Balance 10:00AM Shop n Save 2 11:00AM Nail Polish 11:30AM Rite Aid 12:30PM Walmart 1:30PM Yardzee Fun 6:30pm Bingo	10:00AM Muscles in Motion 11:30AM DeNunzio's Italian Restaurant -Latrobe 1:00PM Poker 2:00PM Redstone Walkers & Rollers	9:30AM Move and Groove with Balls 10:00AM Balance 12:00 N Rummy 500 1:00 PM Wii Bowling (3FL) 1:30PM Parkinson's Fitness Class 3:00PM Friday Reflection 6:00 PM Evening Prayer Service 6:30PM Black Jack 7:30PM Billiards	10:00AM Memories & Muffins 11:00AM Exercise (3FL) 1:00PM Poker 1:00PM Rummikub 1:00PM Wii Bowling (3FL) 1:00PM Movie Matinee 2:00PM Bridge 6:30PM Black Jack 6:45PM River City Brass Band
	9:30 AM First Presbyterian 10:00 AM St. Matthias Lutheran 10:45 AM First United Methodist 2:30 PM Worship Service In Person 3:30 PM Dominoes 6:30 PM Bingo	9:30AM Move & Groove with Resistance Bands 10:00 AM Balance 10:00 AM Coffee Hour 10:30AM Weekly Event Talk with Josie 11:00 AM Keeno 1:30 PM Great Courses	10:00AM Muscles in Motion 10:30AM Bible Study 11:00AM Blood Pressure Checks 1:00PM Poker 1:30 PM Rummikub 1:30PM Tuesday at the Movies (C) 3:30PM Billiards	11:30 AM Bank Run 11:30AM Rite Aid 12:30PM Aldi/Dollar Store 1:30 PM Trivia with Tessa	9:30AM Move & Groove Standing 10:00AM Muscles in Motion 10:30AM Be Well Cooking Demo 1:00PM Poker 1:00PM Craft with Sue Steel 2:00PM Redstone Walkers & Rollers 3:00PM Happy Hour	9:30AM Move and Groove w/Balls 10:00AM Balance 12:00PM Rummy 500 1:00PM Wii Bowling (3FL) 1:30PM Parkinson's Fitness Class 3:00PM Friday Reflection 6:00PM Evening Prayer Service 6:30PM Black Jack 7:30PM Billiards	11:00AM Exercise (3FL) 1:00PM Poker 1:00PM Rummikub 1:00PM Wii Bowling(3FL) 1:00PM Movie Matinee 2:00PM Bridge 6:30PM Black Jack
	10:00AM St. Matthias Lutheran 10:00AM Roman Catholic Communion (CHAPEL)	9:00AM Monday Reflection 9:30AM Move & Groove w Bands 10:00AM Balance 10:00AM Coffee Hour 10:30AM Weekly Event Talk with Josie 11:00AM Pay the Lady 1:30PM Great Courses 6:30PM Card Games	9:30AM Yoga/Stretch 10:00AM Muscles in Motion 10:30AM Bible Study 11:00AM Blood Pressure Checks 11:30AM Hoss's Steakhouse 1:00PM Poker 1:30PM Rummikub 1:30PM Tuesday at the Movies (3 <sup>rd</sup> FI) 3:30PM Billiards	9:00AM Shop N Save 1 9:30AM Move & Groove w/ weights 10:00AM Balance 10:00AM Shop n Save 2 11:00AM Nail Polish 11:30AM Rite Aid	10:00AM Muscles in Motion 1:00PM Poker 2:00PM Book Club (3FL) 2:00PM Walk A Mile In Her Shoes 3:00PM Happy Hour 7:00PM Cribbage & Dominoes	9:30AM Move and Groove w/Balls 10:00AM Balance 12:00PM Rummy 500 1:00PM Wii Bowling (3FL) 1:30PM Parkinson's Fitness Class (3FL)	11:00AM Exercise (3FL) 1:00PM Poker 1:00PM Rummikub 1:00PM Wii Bowling (3FL) 1:00PM Movie Matinee 2:00PM Bridge 6:30PM Black Jack 6:45 PM Westmoreland Symphony Orchestra
	9:30AM First Presbyterian 10:00AM St. Matthias Lutheran 10:45AM First United Methodist 2:30PM Worship Service In Person 3:30PM Dominoes	9:00AM Monday Reflection 9:30AM Move & Groovewith Bands 10:00AM Balance 10:00AM Coffee Hour 10:30AM Weekly Event Talk with Josie 11:00AM Nickle Game 1:30PM Great Course (3FL) 3:00PM Plant a Flower 6:30 PM Card Games (Happy 100th BD to Herb K.)	9:30AM Yoga/Stretch 10:00AM Muscles in Motion 10:00AM Primary Election Day- Voting 10:30AM Bible Study 11:00AM Blood Pressure Checks 11:30AM Dollar General 1:00PM Poker 1:30PM Rummikub	9:00AM Shop N Save 1 9:30Move & Groove w/ hand weights 10:00AM Balance 10:00AM Shop n Save 2 11:00AM Nail Polish 11:30AM Bank Run 11:30AM Rite Aid 1:30PM Trivia with Tessa 3:00PM Flutist - Jemma Stemley 6:30PM Bingo  Administrative Professionals Day	9:30AM Move & Groove Standing 10:00AM Muscles in Motion 1:00PM Poker 1:00 PM K4 Refresher 2:00PM Redstone Walkers & Rollers 3:00PM Happy Hour 7:00PM Cribbage & Dominoes	6:30PM Black Jack 7:30PM Billiards Arbor Day	11:00AM Exercise (3FL) 1:00PM Poker 1:00PM Rummikub 1:00PM Wii Bowling (3FL) 1:00PM Movie Matinee 2:00PM Bridge 6:30PM Black Jack
	8:00AM Blessed Sacrament 9:30AM First Presbyterian 10:00AM St. Matthias Lutheran 10:45AM First United Methodist	9:00AM Monday Reflection 9:30AM Move & Groove with Bands 10:00AM Balance 10:00AM Coffee Hour 10:30AM Weekly Event Talk w/Josie 11:00PM Keeno 1:30 PM Great Courses (3FL) 6:30PM Card Games	10:00AM Muscles in Motion  10:30AM Bible Study  11:00AM Blood Pressure Checks  11:30AM Pizza Siena Lunch outing  1:00PM Poker  1:30PM Rummikub  1:30PM Tuesday at the Movies (3FL)  3:30PM Billiards	Please make sure to stop	& say hello to our student intern:	Tessa who will be here with us ever the second of the seco	
1	•		6:30PM Pinochle		Greensburg II	_ Veranda	
	Josie Kauffman/ Life Style	Coordinator GB/ IL 724-8	32-8400 Ext 2282			9 9 4	