

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key:
 2D = 2nd Floor Dining Room
 2L = 2nd Floor Lounge
 1 = 1st Floor Activity Room
 GL = Garden Level
 PC3 = 3rd Floor Personal Care
 C = Chapel
 HL = Highlanders
 957 = Channel 957

9:00 Monday Reflections – 957
 9:00 Morning Mind Movers – 2L
 10:00 Move and Groove – C/957
 10:30 Better Balance – C/957
 10:00 Hymn Sing – 2L
 10:30 IN2L Games – 2D
 1:30 Resident Council – 2D
 2:00 Food Committee – 2D
 3:00 3-in-a-Row Bingo – 2D

Canada Day

10:00 Muscles in Motion – C/957
 10:30 Yoga/Stretching – C/957
 10:30 Bible Study - HL
 11:30 Trivia Time – 2D
 1:30 Jumbo Ring Toss - 2D
 2:30 Left/Right/Center Dice – 2D
 6:00 Evening Card Game– 2D

9:00 Morning Music – 2L
 10:00 Gift Shop Visit

2:00 Patriotic Popcorn
 3:00 Game Time – 2D

10:00 Move and Groove – C/957
 2:00 PC/SNF Keno - C

HAPPY 4TH OF JULY
Independence Day (US)

10:00 Move and Groove – C/957
 10:30 Better Balance – C/957

2:00 3-in-a-Row Bingo – 2D

3:00 Friday Reflections - 957
 6:00 Evening Prayer - C

11:00 Steven’s Saturday Shindig - 1
 (outside – weather permitting)

1:00 Movie Matinee – 957
Patton

2:00 3-in-a-Row Bingo – 2D

10:00 3-in-a-Row Bingo – 2D

2:30 Interfaith Service - C/957

7 **9:00 Monday Reflections – 957**
 9:00 Morning Mind Movers – 2L
 10:00 Move and Groove – C/957
 10:30 Better Balance – C/957
 10:00 Hymn Sing – 2L
 10:30 IN2L Games – 2D
 2:00 PC/SNF Bingo - C
 3:00 PC/SNF Happy Hour – C

8 10:00 Muscles in Motion – C/957
 10:30 Yoga/Stretching – C/957
 10:30 Bible Study - HL
 11:30 Trivia Time – 2D
 1:30 Jumbo Ring Toss - 2D
 2:00 Fun in the Sun – 1
 (outside – weather permitting)
 2:30 Left/Right/Center Dice – 2D
 6:00 Evening Card Game– 2D
 6:00 Therapy Dog Visits

9 9:00 Morning Music – 2L
 10:00 Gift Shop Visit

1:30 Nail Polish – 2D

3:00 Music by
 Two Jolly Hearts – C/957

10 10:00 Move and Groove – C/957
 10:30 Muscles in Motion – C/957

2:00 Summer Luau
 - Outside Front of Building
 - Hula Dancers
 - Food and Beverages

11 10:00 Move and Groove – C/957
 10:30 Better Balance – C/957

2:00 3-in-a-Row Bingo – 2D

3:00 Friday Reflections - 957
 6:00 Evening Prayer - C

12 9:00 Morning Mind Movers – 2L
 10:00 IN2L Games – 2D

1:00 Movie Matinee – 957
First Wives Club

2:00 3-in-a-Row Bingo – 2D
 3:30 Horserace Game – 2D

14 1:00 3-in-a-Row Bingo – 2D

2:30 Interfaith Service - C/957

15 9:00 Morning Mind Movers – 2L
 10:00 Move and Groove – C/957
 10:30 Better Balance – C/957
 10:15 Joyride
 2:00 PC/SNF Bingo - C
 3:00 PC/SNF Happy Hour – C

16 10:00 Muscles in Motion – C/957
 10:30 Yoga/Stretching – C/957
 11:30 Trivia Time – 2D
 2:00 Fun in the Sun – 1
 (outside – weather permitting)
 2:00 Hall Cart Treat
 6:00 Evening Card Game– 2D

17 9:00 Morning Music – 2L
 10:00 Gift Shop Visit

2:00 Keno – 2D

3:00 Music by
 Reverent Heart – C/957

18 10:00 Move and Groove – C/957
 10:30 Muscles in Motion – C/957

2:00 Craft Time – 2D

19 10:00 Move and Groove – C/957
 10:30 Better Balance – C/957

1:30 PC/SNF Bingo - C
 6:00 Evening Prayer - C

20 11:00 Steven’s Saturday Shindig - 1
 (outside – weather permitting)

1:00 Movie Matinee – 957
Bury My Heart at Wounded Knee

2:00 3-in-a-Row Bingo – 2D

9:00 Balloon Swat – 2L
 10:00 IN2L Games – 2D

1:00 3-in-a-Row Bingo – 2D
 2:30 Interfaith Service - C/957
 3:30 Game Time – 2D

21 **9:00 Monday Reflections – 957**
 10:00 Move and Groove – C/957
 10:30 Better Balance – C/957
 10:00 Hymn Sing – 2L
 2:00 PC/SNF Bingo - C
 3:00 PC/SNF Happy Hour – C

22 10:00 Muscles in Motion – C/957
 10:30 Yoga/Stretching – C/957
 10:30 Bible Study - HL
 11:30 Trivia Time – 2D
 1:30 Jumbo Ring Toss - 2D
 2:00 Fun in the Sun – 1
 (outside – weather permitting)
 2:30 Left/Right/Center Dice – 2D
 6:00 Evening Card Game– 2D

23 9:00 Morning Music – 2L
 10:00 Gift Shop Visit

1:30 Ice Cream Outing

3:00 Music by
 Dave Cinski – C/957

24 10:00 Move and Groove – C/957
 10:30 Muscles in Motion – C/957

2:00 Keno – 2D
 3:00 Yahtzee – 2D

25 10:00 Move and Groove – C/957
 10:30 Better Balance – C/957

1:30 PC/SNF Bingo - C
 3:00 Friday Reflections – 957
 3:15 Memorial Service - C
 6:00 Evening Prayer - C

26 10:00 Cooking with Susan - GL

1:00 Movie Matinee – 957
Goldfinger

28 1:00 3-in-a-Row Bingo – 2D

2:30 Interfaith Service - C/957

29 **9:00 Monday Reflections – 957**
 9:00 Morning Mind Movers – 2L
 10:00 Move and Groove – C/957
 10:30 Better Balance – C/957
 10:00 Hymn Sing – 2L
 10:15 Joyride
 2:00 PC/SNF Bingo - C
 3:00 PC/SNF Happy Hour – C

30 10:00 Muscles in Motion – C/957
 10:30 Yoga/Stretching – C/957
 10:30 Bible Study - HL
 11:30 Trivia Time – 2D

1:30 Men’s Club - C
 6:00 Evening Card Game– 2D

31 9:00 Morning Music – 2L
 10:00 Gift Shop Visit

1:30 Nail Polish – 2D

3:00 Ventriloquist
 Cindy Speck – C/957

JULY 2024

Redstone Highlands – Greensburg – Skilled Nursing (SNF)

Activities are subject to change

Spiritual Activities

Entertainment/Special Event