

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key:
A = Arts & Crafts Room
3 = 3rd Floor
C = Chapel
H = Highlanders
L = Library
G = Game Room
957 = Channel 957



1
9:00A Monday Reflection - 957
 10:00A Coffee Hour - A
 10:00A Move & Groove w/Bands-C
 10:30A Balance - C
 1:30P Great Courses - 3
 6:30P Card Games - A

2
 10:00A Yoga/Stretch - C
 10:30A Muscles in Motion - C
10:30A Bible Study - H
 10:30A Food Council Meeting - C
 11:00A Blood Pressure Checks - L
 1:00P Poker - A
 1:00P Tina, Nurse Navigator - H
 1:30P Rummikub - A
 1:30P Tuesday at the Movies - 3
 3:30P Rummikub -A
4:30P Sequel Restaurant

3
9:00A Shop N Save 1
 10:00A Move & Groove w/ weights-C
 10:30A Balance - C
10:00A Shop n Save 2
11:30A Bank Run
11:30A Rite Aid
12:30P Walmart
2:00P Patriotic Popcorn
 6:30P Bingo - C

4
 10:00A Move & Groove - C
 10:30A Muscles in Motion - C
 1:00P Poker - A
 2:00P Redstone Walkers & Rollers
 3:00P Happy Hour - H
 7:00P Cribbage & Dominoes - A



5
 10:00A Move and Groove - C
 10:30A Balance - C
 12:00P Rummy 500 - A
 1:00P Wii Bowling - 3
3:00P Friday Reflection - 957
6:00P Evening Prayer Service - C
 6:30P Black Jack - A
 7:30P Billiards - G

6
 11:00A Exercise - 3
 1:00P Poker - A
 1:00P Rummikub - A
 1:00P Wii Bowling - 3
 1:00P Movie Matinee - 957
 2:00P Bridge - A
 6:30P Black Jack - A

Canada Day
 7
9:00A Monday Reflection - 957
 10:00A Coffee Hour - A
 10:00A Move & Groove W/Bands-C
 10:30A Balance - C
 11:00A Pay the Lady - A
 1:30P Great Courses - 3
 6:30P Card Games - A

8
 10:00A Yoga/Stretch - C
 10:30A Muscles in Motion - C
10:30A Bible Study - H
 11:00A Blood Pressure Checks - L
11:30A Hoss's Steakhouse
 1:00P Poker - A
 1:30P Rummikub - A
 1:30P Tuesday at the Movies - 3
 3:30P Rummikub - A

9
9:00A Shop N Save 1
10:00A Shop n Save 2
 10:00A Move & Groove w/weights -C
 10:30A Balance - C
11:30A Bank Run
11:30A Rite Aid
12:30P Aldi/Dollar Store
3:00P Music by
2 Jolly Hearts - C/957
 6:30P Bingo - C

10
 10:00A Move & Groove - C
 10:30A Muscles in Motion - C
 1:00P Poker - A
 2:00P Redstone Walkers & Rollers
2:00 Summer Luau
- Outside Front of Building
- Hula Dancers
- Food and Beverages
 3:00P Happy Hour - H
 7:00P Cribbage & Dominoes - A

11
 10:00A Balance - C
 10:30A Move and Groove w/ Balls - C
 12:00P Rummy 500 - A
 1:00P Wii Bowling - 3
3:00P Friday Reflection - 957
6:00P Evening Prayer Service - C
 6:30P Black Jack - A

12
 11:00A Exercise - 3
 1:00P Poker - A
 1:00P Rummikub - A
 1:00P Wii Bowling - 3
 1:00P Movie Matinee - 957
 2:00P Bridge - A
 6:30P Black Jack - A

14
 7:30A Christ Church
 8:00A Blessed Sacrament
 9:30A First Presbyterian
 10:00A St. Matthias Lutheran
 10:45A First United Methodist
2:30P Interfaith Service C/957
 3:30P Dominoes - A
 6:30P Bingo - C

15
 10:00A Coffee Hour - A
 10:00A Move & Groove W/Bands-C
 10:30A Balance - C
 11:00A Nickel - A
 1:30P Great Courses - 3
 6:30P Card Games - A

16
 10:00A Yoga/Stretch - C
 10:30A Muscles in Motion - C
 11:00A Blood Pressure Checks - L
 1:00P Poker - A
 1:30P Rummikub - A
 1:30P Tuesday at the Movies - 3
 3:30P Rummikub - A
 6:30P Pinochle - A

17
9:00A Shop N Save 1
10:00A Shop n Save 2
 10:00A Move & Groove w/ weights -C
 10:30A Balance - C
11:30A Rite Aid
12:30P Westm. Mall/Live Casino
 2:00P Birthday Celebration - A
3:00P Music by
Reverent Heart - c/957
 6:30P Bingo

18
 10:00A Move & Groove - C
 10:30A Muscles in Motion - C
 1:00P Poker - A
 2:00P Book Club - 3
 2:00P Redstone Walkers & Rollers
 3:00P Happy Hour - H
 7:00P Cribbage & Dominoes - A

19
 10:00A Balance - C
 10:30A Move and Groove - C
 12:00P Rummy 500 - A
 1:00P Wii Bowling - 3
6:00P Evening Prayer Service - C
 6:30P Black Jack - A

20
 11:00A Exercise - 3
 1:00P Poker - A
 1:00P Rummikub - A
 1:00P Wii Bowling - 3
 1:00P Movie Matinee - 957
1:00P St. Vincent Summer Theater
 2:00P Bridge - A
 6:30P Black Jack - A

21
 7:30A Christ Church
 8:00A Blessed Sacrament
 9:30A First Presbyterian
 10:00A St. Matthias Lutheran
 10:45A First United Methodist
2:30P Interfaith Service C/957
 3:30P Dominoes - A
 5:00P Pizza Social - A
 6:30P Bingo - C

22
9:00A Monday Reflection - 957
 10:00A Coffee Hour - A
 10:00A Move & Groove W/Bands-C
 10:30A Balance - C
10:00A Pittsburgh Aviary
 11:00A Pay the Lady - A
 1:30P Great Courses - 3
 6:30P Card Games - A

23
 10:00A Yoga/Stretch - C
 10:30A Muscles in Motion - C
10:30A Bible Study - H
 11:00A Blood Pressure Checks - L
 1:00P Poker - A
 1:30P Rummikub - A
 1:30PM Tuesday at the Movies - 3
 3:30PM Rummikub - A
 6:30PM Pinochle - A

24
9:00A Shop N Save 1
10:00A Shop n Save 2
 10:00A Move & Groove w/ weights -C
 10:30A Balance - C
 11:00A Nails - A
11:30A Bank Run
11:30A Rite Aid
3:00P Music by
Dave Cinski - C/957
 6:30P Bingo - C

25
 10:00A Move & Groove - C
 10:30A Muscles in Motion - C
11:30A Diablo's Restaurant
 1:00P Poker - A
 2:00P Redstone Walkers & Rollers
 3:00P Happy Hour - H
 7:00P Cribbage & Dominoes - A

26
 10:00A Balance - C
 10:30A Move and Groove w/ Balls - C
 12:00A Rummy 500 - A
 1:00P Wii Bowling - 3
3:00P Friday Reflection - 957
6:00P Evening Prayer Service - C
 6:30P Black Jack - A

27
 11:00A Exercise - 3
 1:00P Poker - A
 1:00P Rummikub - A
 1:00P Wii Bowling - 3
 1:00P Movie Matinee - 957
 2:00P Bridge - A
 6:30P Black Jack - A

28
 7:30A Christ Church
 8:00A Blessed Sacrament
 9:30A First Presbyterian
 10:00A St. Matthias Lutheran
 10:45A First United Methodist
2:30P Interfaith Service C/957
 3:30P Dominoes - A
 6:30P Bingo - C

29
9:00A Monday Reflection - 957
 10:00A Move & Groove W/Bands-C
 10:30A Balance - C
 10:00A Coffee Hour - A
 11:00A Nickel - A
 1:30P Great Courses - 3
 6:30P Card Games - A

30
 10:00AM Yoga/Stretch - C
 10:30AM Muscles in Motion - C
10:30AM Bible Study - H
 11:00AM Blood Pressure Checks - L
 1:00PM Poker - A
 1:30PM Rummikub - A
 1:30PM Tuesday at the Movies - 3
 1:30PM Men's Club - C
 3:30PM Billiards - G
 3:30PM Rummikub - C
4:30PM Parkwood Restaurant
 6:30 PM Pinochle - A

31
9:00A Shop N Save 1
10:00A Shop n Save 2
 10:00A Move & Groove w/ weights -C
 10:30A Balance - C
 11:00A Nails - A
11:30A Rite Aid
12:30P Giant Eagle Shopping Trip
2:00P Ventriloquist:
Cindy Speck - C/957
 6:30P Bingo - C



JULY 2024
 Redstone Highlands
 Greensburg - Veranda (IL)

Activities are subject to change - Spiritual Activities - Entertainment/Special Event - Trips (Sign Up)