

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Exercise 8:30/9:00 am <small>Canada Day</small>	1 Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	2 NO EXERCISE TODAY	3 NO EXERCISE TODAY	4  NO EXERCISE TODAY	5 NO EXERCISE TODAY Outing to Ligonier for those with reservations – depart Clubhouse @ 10:00 am	6
7	Exercise 8:30/9:00 am Private 11:00 am Library Men's Burgers & Beer 12:00 pm (Top of Hill) Westmoreland Mall 1:00 pm	8 Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	9	10 Exercise 8:30/9:00 am Parkinson's Support Group 1:30 pm	11 Great Courses 1:00 pm Wine & Dine 4:00 pm Wellness Clinic 11-11:30 am	12 Exercise 8:30/9:00 am Private 10:30 am	13
14	Exercise 8:30/9:00 am Villa Women (tbd) Giant Eagle (Irwin)/Aldi 1:00 pm	15 Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	16	17 Exercise 8:30/9:00 am Community Management Meeting 11:00 am	18 Great Courses 1:00 pm Wellness Clinic 11-11:30 am	19 Exercise 8:30/9:00 am Book Club 1:00 pm	20
21	Exercise 8:30/9:00 am Walmart/Target 1:00 pm	22 Chaplain Chat 1:00 pm Ice Cream Social 5:30 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	23	24 Exercise 8:30/9:00 am	25 Great Courses 1:00 pm Wellness Clinic 11-11:30 am	26 Exercise 8:30/9:00 am Donuts 9:30 am	27
28	Exercise 8:30/9:00 am	29 Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	30	31 Exercise 8:30/9:00 pm	<h1>July 2024</h1> <p>NORTH HUNTINGDON VILLAS</p>		