

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**OCTOBER 2024**

**NORTH HUNTINGDON VILLAS**



<p><b>OCTOBER 2024</b> <b>NORTH HUNTINGDON VILLAS</b></p> 	<p><b>1</b> Chaplain Chat 1:00 pm</p> <p>Giant Eagle 9:30 am Shop &amp; Save 10:30 am Banks 11:30 am Medical Appointments</p>	<p><b>2</b> Exercise 8:30/9:00 am</p> <p>Dementia Support Group 3:00 pm (Chapel)</p>	<p><b>3</b> Great Courses 1:00 pm</p> <p>Private 10:00 am</p>	<p><b>4</b> Exercise 8:30/9:00 am</p> <p>Outing to Pittsburgh Zoo (for those with reservations - 3:00 pm departure)</p>	<p><b>5</b></p>
<p><b>6</b> Exercise 8:30/9:00 am</p>	<p><b>7</b> Chaplain Chat 1:00 pm</p> <p>Private 5:00 pm</p> <p>Giant Eagle 9:30 am Shop &amp; Save 10:30 am Banks 11:30 am Medical Appointments</p>	<p><b>8</b> Exercise 8:30/9:00 am</p> <p>Parkinson's Support Group 1:30 pm</p>	<p><b>9</b> Great Courses 1:00 pm</p> <p>Wine &amp; Dine 4:00 pm</p>	<p><b>11</b> Exercise 8:30/9:00 am</p> <p>Private 11:00 am</p> <p>Triple B Farms 10:00 am</p>	<p><b>12</b></p>
<p><b>13</b> <u><b>PLEASE SEE REVERSE SIDE OF CALENDAR FOR IMPORTANT INFORMATION</b></u></p>	<p><b>14</b> Exercise 8:30/9:00 am</p> <p>Private 11:00 am</p> <p>Men's Burgers &amp; Beer (Top of hill) 12:00 pm</p> <p>Westmoreland Mall 1:00 pm</p>	<p><b>15</b> Villa Ladies 11:00 am</p> <p>Giant Eagle 9:30 am Shop &amp; Save 10:30 am Banks 11:30 am Medical Appointments</p>	<p><b>16</b> NO EXERCISE TODAY</p> <p>COO Chat 11:00 am</p>	<p><b>17</b> Great Courses 1:00 pm</p> <p>NO EXERCISE TODAY</p> <p>Book Club 1:00 pm</p> <p>Donuts 9:30 am</p> <p>Oakmont Bakery 10:00 am</p>	<p><b>19</b></p>
<p><b>20</b> Exercise 8:30/9:00 am</p> <p>Wellness Clinic 1:30 pm – 2:30 pm</p> <p>Giant Eagle (NH)/Aldi 1:00 pm</p>	<p><b>21</b> Chaplain Chat 1:00 pm</p> <p>Giant Eagle 9:30 am Shop &amp; Save 10:30 am Banks 11:30 am Medical Appointments</p>	<p><b>22</b> Exercise 8:30/9:00 am</p> <p>Lunch Bunch 12:00 pm</p>	<p><b>23</b> Great Courses 1:00 pm</p>	<p><b>25</b> Exercise 8:30/9:00 am</p> <p>Olive &amp; Peppers (Trafford) 11:00 am</p>	<p><b>26</b></p>
<p><b>27</b> Exercise 8:30/9:00 am</p> <p>Seniors for Safe Driving 12:30 pm</p> <p>Walmart/Target 1:00 pm</p>	<p><b>28</b> Chaplain Chat 1:00 pm</p> <p>Giant Eagle 9:30 am Shop &amp; Save 10:30 am Banks 11:30 am Medical Appointments</p>	<p><b>29</b> Exercise 8:30/9:00 am</p> <p>Ice Cream Treats 5:30 pm</p>	<p><b>30</b> Great Courses 1:00 pm</p>		