

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2:30 Interfaith Service – C 1</p>	<p>9:30 Resistance Training – 1971 2 11:00 Better Balance – 1971</p>	<p>2:00 Manicures – 3 3 2:00 Bible Study with Julie – 3</p>	<p>11:00 Chaplain's Corner – 2 4 1:30 Christmas Keno – 3 3:30 Happy Hour – 1</p>	<p>10:00 Resistance Training – 1971 5 10:30 Craft Corner – 3 Pinecone Christmas Trees 10:30 Move & Groove – 1971 2:00 Jolly Bingo – 3</p>	<p>10:00 Muscles in Motion – 1971 6 10:30 Yoga/Stretch – 1971 2:45 Exercise with Lisa – 3 6:00 Light Up Night – C</p> 	<p>1:00 Movie Matinee – 1971 7 A Merry Scottish Christmas 10:30 Craft Corner – 3 Gingerbread Men 2:00 Sourdough Saturday – CK</p> <p>Happy Birthday, Jean R!</p>
<p>10:00 Catholic Communion – C 8 2:30 Interfaith Service – C/1971</p>	<p>9:30 Resistance Training – 1971 9 11:00 Better Balance – 1971 2:00 Holiday Card Workshop – 3</p> 	<p>10:00 Muscles in Motion – 1971 10 10:30 Yoga/Stretch – 1971 2:00 Bible Study with Julie – 3 2:00 Drum Circle w/ Matt Price – C</p> 	<p>10:00 Move & Groove – 1971 11 10:30 Better Balance – 1971 11:00 Chaplain's Corner – 2 1:30 Roman Catholic Anointing & Communion – C 3:00 Christmas Keno – 3</p>	<p>10:00 Resistance Training – 1971 12 10:30 Move & Groove – 1971 2:00 Craft Corner – 2 Christmas Ornaments 5:30 Christmas Lights Joyride! Sign Up Required 7:00 Music by The Delmont Band – C/1971</p>	<p>10:00 Muscles in Motion – 1971 13 10:30 Yoga/Stretch – 1971 1:30 Jolly Bingo – 3 2:45 Exercise with Lisa – 3</p>	<p>1:00 Mt. Pleasant Church of God Youth Group Carolers – C/1971 0 14 2:00 Movie Matinee – 1971 Haul Out the Holly</p>
<p>2:30 First Presbyterian Church 'Lessons in Carols' – C 15</p>	<p>9:30 Resistance Training – 1971 16 11:00 Better Balance – 1971</p>	<p>10:00 Muscles in Motion – 1971 17 10:30 Yoga/Stretch – 1971 2:00 Manicures – 3 2:00 Bible Study with Julie – 3 7:00 Christmas Program by The East End Kids – C/1971</p>	<p>10:30 Maxwell 3rd Grade Christmas Carolers – C 18 11:00 Chaplain's Corner – 2 1:30 Christmas Keno – 3</p> 	<p>10:00 Resistance Training – 1971 19 10:00 Let's Bake – CK Christmas Sugar Cookies 10:30 Move & Groove – 1971 7:00 Music by the Irwin Male Chorus – C/1971</p>	<p>10:00 Muscles in Motion – 1971 20 10:30 Yoga/Stretch – 1971 1:30 Jolly Bingo – 3 2:45 Exercise with Lisa – 3 6:00 Blue Friday Service – C</p>	<p>1:00 Movie Matinee – 1971 21 Journey to Bethlehem 2:00 Christmas Cookie Decorating – CK 4:30 Steeler Watch Party – IL Arts n' Crafts</p>  <p>Winter Begins</p>
<p>2:30 Interfaith Service – C/1971 22</p> <p>Happy Birthday, Loretta K!</p>	<p>9:30-10:30 Holiday Exercise Class – C/1971 23 2:00 Craft Corner – 3 Felt Garland</p>	<p>10:00 Christmas Keno – 3 24 2:00 Christmas Manicures – 3 2:00 Bible Study with Julie – 3</p>	<p>10:15 Movie Matinee 25 Christmas Chronicles 1:00 Movie Matinee Christmas Chronicles II</p>  <p>Hanukkah Begins</p>	<p>2:00 Armchair Travel – 3 26 London, England</p>  <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>10:00 Muscles in Motion – 1971 27 10:30 Yoga/Stretch – 1971 1:30 Jolly Bingo – 3 2:45 Exercise with Lisa – 3 3:00 Memorial Service – C/1971</p>	<p>1:00 Movie Matinee – 1971 28 A Boy Called Christmas</p>
<p>2:30 Interfaith Service – C/1971 29</p>	<p>9:30 Resistance Training – 1971 30 11:00 Better Balance – 1971</p> <p>Happy Birthday, Anna V!</p>	<p>10:00 Muscles in Motion – 1971 31 12:00 Birthday Party! – DR 2:00 New Year's Party – C 2:00 Bible Study with Julie – 2</p>  <p>New Year's Eve</p>	 <p>Redstone Highlands – Greensburg Courtyard</p>			

Activities in PINK can be attended in the Chapel or viewed on Channel 1971 – Activities are subject to change.