

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 Bingo – 2D 2:30 Interfaith Service - C/1971	2 9:00 Monday Reflections – 1971 9:30 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Games on iN2L Computer – 2L 11:00 Better Balance – C/1971 1:30 Resident Council – 2D 2:00 Food Committee – 2D	3 10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretching – C/1971 10:30 Bible Study - HL 11:30 Tuesday Trivia Time – 2D 2:00 Tuesday Trivia Time - 1 2:00 Jumbo Ring Toss – 2D 3:00 Choose Your Game – 2D 6:00 Evening Card Game – 2D	4 9:00 Morning Music – 2L 10:00 Move & Groove – C/1971 10:00 Gift Shop Visit 10:30 Better Balance – C/1971 1:30 Nail Polish – 2D 2:00 Games on iN2L Computer – 1	5 9:00 Morning Mind Movers – 2L 10:00 Move and Groove – C/1971 10:00 Giant Pong Game – 2D 10:30 Muscles in Motion – C/1971 2:00 Choose Your Game – 1 2:00 Bingo – 2D 3:30 Yahtzee – 2D	6 10:00 Move and Groove – C/1971 10:30 Better Balance – C/1971 2:00 Food Fun Friday - 1 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections - 1971 6:00 Light Up Night – C/1971	7 11:00 Steven’s Saturday Shindig - 1 1:00 Movie Matinee – 1971 <i>A Merry Scottish Christmas</i> 2:00 Bingo – 2D
8 10:00 Catholic Communion - C 2:30 Interfaith Service - C/1971	9 9:00 Monday Reflections – 1971 9:30 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:15 Joyride 11:00 Better Balance – C/1971 2:00 Bingo – 2D 3:00 Happy Hour – 2D	10 10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretching – C/1971 10:30 Bible Study - HL 11:30 Tuesday Trivia Time – 2D 2:00 Tuesday Trivia Time - 1 2:00 Jumbo Ring Toss – 2D 3:00 Choose Your Game – 2D 6:00 Evening Card Game – 2D	11 9:00 Morning Music – 2L 10:00 Move & Groove – C/1971 10:00 Gift Shop Visit 10:30 Better Balance – C/1971 1:30 Catholic Anointing & Communion Service - C/1971 1:30 Nail Polish – 2D 2:00 Games on iN2L Computer – 1	12 9:00 Morning Mind Movers – 2L 10:00 Move and Groove – C/1971 10:00 Giant Pong Game – 2D 10:30 Muscles in Motion – C/1971 2:00 Choose Your Game – 1 2:00 Bingo – 2D 3:30 Yahtzee – 2D 7:00 Delmont Band – C/1971	13 9:00 Morning Music – 2L 10:00 Move and Groove – C/1971 10:00 Washer Toss - 2D 10:30 Better Balance – C/1971 2:00 Food Fun Friday - 1 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections - 1971 6:00 Evening Prayer - C	14 9:00 Morning Mind Movers – 2L 10:00 Games on iN2L Computer – 2D 1:00 Christmas Carolers – C/1971 2:00 Bingo – 2D 3:30 Choose Your Game – 2D
15 2:00 Bingo – 2D 2:30 1 st Presby Church Lessons & Carols - C/1971	16 9:00 Monday Reflections – 1971 9:30 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Games on iN2L Computer – 2L 11:00 Better Balance – C/1971 2:00 Bingo – 2D 3:00 Happy Hour – 2D	17 10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretching – C/1971 10:30 Bible Study - HL 11:30 Tuesday Trivia Time – 2D 2:00 Tuesday Trivia Time - 1 2:00 Hall Cart 7:00 East End Kids – C/1971	18 9:00 Morning Music – 2L 10:00 Move & Groove – C/1971 10:00 Gift Shop Visit 10:30 Maxwell Elementary Christmas Program – C/1971 1:30 Nail Polish – 2D 2:00 Games on iN2L Computer – 1	19 9:00 Morning Mind Movers – 2L 10:00 Move and Groove – C/1971 10:00 Giant Pong Game – 2D 10:30 Muscles in Motion – C/1971 2:00 Choose Your Game – 1 2:00 Bingo – 2D 3:30 Yahtzee – 2D 7:00 Irwin Male Chorus – C/1971	20 9:00 Morning Music – 2L 10:00 Move and Groove – C/1971 10:00 Washer Toss - 2D 10:30 Better Balance – C/1971 2:00 Food Fun Friday - 1 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections - 1971 6:00 Blue Friday - C	21 1:00 Movie Matinee – 1971 <i>Journey to Bethlehem</i> 2:00 Bingo – 2D 4:30 Steelers Game (Arts & Crafts Room) Winter Begins
22 9:00 Balloon Swat – 2L 10:00 Yahtzee – 2D 2:00 Bingo – 2D 2:30 Interfaith Service - C/1971 3:30 Games on iN2L Computer – 2D	23 9:00 Monday Reflections – 1971 9:30 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:15 Joyride 11:00 Better Balance – C/1971 2:00 Bingo – 2D 3:00 Happy Hour – 2D	24 10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretching – C/1971 10:30 Bible Study - HL 11:30 Tuesday Trivia Time – 2D 2:30 Christmas Eve Service - C/1971 3:30 Choose Your Game – 2D 6:00 Evening Card Game – 2D	25 10:15 Movie Matinee – 1971 <i>Christmas Chronicles</i> 1:00 Movie Matinee – 1971 <i>Christmas Chronicles 2</i> 2:00 Christmas Bingo - 2 Christmas Hanukkah Begins	26 9:00 Morning Mind Movers – 2L 10:00 Move and Groove – C/1971 10:00 Giant Pong Game – 2D 10:30 Muscles in Motion – C/1971 2:00 Choose Your Game – 1 2:00 Bingo – 2D 3:30 Yahtzee – 2D Boxing Day (Canada) Kwanzaa Begins	27 9:00 Morning Music – 2L 10:00 Move and Groove – C/1971 10:00 Washer Toss - 2D 10:30 Better Balance – C/1971 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections - 1971 3:15 Memorial Service - C 6:00 Evening Prayer - C	28 1:00 Movie Matinee – 1971 <i>A Boy Called Christmas</i> 2:00 Bingo – 2D
29 2:30 Interfaith Service - C/1971	30 9:00 Monday Reflections – 1971 9:30 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Games on iN2L Computer – 2L 11:00 Better Balance – C/1971 2:00 Bingo – 2D 3:00 Happy Hour – 2D	31 10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretching – C/1971 10:30 Bible Study - HL 11:30 Tuesday Trivia Time – 2D 2:00 New Year’s Eve Party – C/1971 6:00 Evening Card Game – 2D New Year’s Eve	<h1>December 2024</h1> <p>Redstone Highlands – GBG Skilled Nursing (SNF)</p>			

Activities are subject to change - Spiritual Activities - Entertainment/Special Event