

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 PLEASE TAKE A MOMENT TO READ THE INFORMATION ON THE BACK OF THIS CALENDAR. TAKE SPECIAL NOTE OF RESERVATION DEADLINE DATES.	2 NO EXERCISE TODAY (per Cicely) Private 2:00 pm Bowling 5:00 pm	3 Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	4 Exercise 8:30/9:00 am Alzheimer Support Group 3:00 pm (Apartment Building)	5 Great Courses 1:00 pm Private (Charlene L) 10:00 am	6 Exercise 8:30/9:00 am Phipps/Abruzzi's 3:45 pm (for those with reservations) Private 12:00 pm	7
8 Exercise 8:30/9:00 am Men's Burgers & Beer (Top of Hill) 12:00 noon Westmoreland Mall 1:00 pm	9	10 Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	11 Exercise 8:30/9:00 am Parkinson's Support Group 1:30 pm	12 Great Courses 1:00 pm	13 NO EXERCISE TODAY (per Cicely) Donuts 9:30 am	14
15 Exercise 8:30/9:00 am Private 12:00 pm Veteran's Social 2:00 pm (Top of hill) Wellness/BP Clinic 1:30 – 2:00 pm Bowling 5:00 pm Giant Eagle NH/Aldi 1:00 pm	16	17 Chaplain Chat 1:00 pm (Library) Resident Christmas Party 5:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	18 Exercise 8:30/9:00 am COO Chat 11:00 am Private 5:00 pm	19 Private (Management Excellence) 12:00 noon (all day)	20 Exercise 8:30/9:00 am Book Club 1:00 pm Calienti Pizza 11:00 am	21 
22 Exercise 8:30/9:00 am Walmart/Target 1:00 pm	23	24 Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Medical Appointments	25  Hanukkah Begins	26 Boxing Day (Canada) Kwanzaa Begins	27 Exercise 8:30/9:00 am Live Casino Westmoreland 9:30 am	28
29 Exercise 8:30/9:00 am	30	31 				