

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

Redstone Highlands – Greensburg Courtyard

10:00 Move & Groove – 1971
11:00 Chaplain's Corner – 2

New Year's Day

10:00 Resistance – 1971
10:30 Move & Groove – 1971
10:00 Keno – 3
2:00 Craft Corner – 3
Snowman Yarn Wrapping
6:00 Trivia – 3

10:00 Muscles in Motion – 1971
10:15 Joyride!
Sign Up Required
10:30 Yoga/Stretch – 1971
1:30 Bingo – 3
2:45 Exercise with Lisa – 3
3:00 Friday Reflection – 1971
6:00 Evening Prayer – C

1:00 Movie Matinee – 1971
Won't You Be My Neighbor
2:00 Sourdough Saturday! – CK

2:30 Interfaith Service – C/1971

9:00 Monday Reflection – 1971
10:00 Resistance – 1971
10:30 Better Balance – 1971
2:00 Frozen Hot Chocolate – 3

10:30 Left Center Right – 3
2:00 Manicures – 3
2:00 Bible Study w/ Julie – 2

11:00 Chaplain's Corner – 2
1:30 Keno – 3
3:30 Happy Hour – 1

10:00 Resistance – 1971
10:30 Move & Groove – 1971
2:00 Let's Bake – CK
Peanut Butter Puppy Chow

Hearing Life Meet n Greet
Time TBA
[Happy Birthday, Kate A!](#)
[Happy Birthday, Shirley N!](#)

10:00 Muscles in Motion – 1971
10:30 Yoga/Stretch – 1971
1:30 Bingo – 3
2:30 Balloon Burst – 3
3:00 Friday Reflection – 1971
6:00 Family Feud
6:00 Evening Prayer – C

1:00 Movie Matinee – 1971
Chupa

10:00 Catholic Communion – C
2:30 Interfaith Service – C/1971

9:00 Monday Reflection – 1971
10:00 Resistance – 1971
10:30 Better Balance – 1971
2:00 YTS Tax Program – C

10:00 Muscles in Motion – 1971
10:30 Yoga/Stretch – 1971
2:00 Manicures – 3
2:00 Bible Study w/ Julie – 2
6:00 Therapy Dog Visit!

Hearing Life Clinic
Time TBA

10:00 Move & Groove – 1971
10:30 Better Balance – 1971
11:00 Chaplain's Corner – 2
1:30 Keno – 3
3:00 Music by Chuck Vita – C/1971

10:00 Resistance – 1971
10:30 Move & Groove – 1971
2:00 Craft Corner – 3
Snowflake Painting

10:00 Muscles in Motion – 1971
10:15 Joyride!
Sign Up Required
10:30 Yoga/Stretch – 1971
1:30 Happy Hour Bingo – 3
2:30 Balloon Burst – 3
3:00 Friday Reflection – 1971
6:00 Bocce – 3
6:00 Evening Prayer – C

10:00 Sourdough Saturday! – CK
1:00 Movie Matinee – 1971
Selma
2:00 Chinese Fellowship Dance Group – C/1971

2:30 Interfaith Service – C/1971
6:30 Football Watch Party – IL Arts n Crafts

Activity Professionals Week

9:00 Monday Reflection – 1971
10:00 Resistance – 1971
10:30 Farkle – 3
10:30 Better Balance – 1971
2:00 Let's Cook – CK
Crunchy Taco Cups

Martin Luther King Jr. Day

10:00 Muscles in Motion – 1971
10:30 Yoga/Stretch – 1971
2:00 Manicures – 3
2:00 Bible Study w/ Julie – 2

10:00 Move & Groove – 1971
10:30 Better Balance – 1971
11:00 Chaplain's Corner – 2
1:30 Keno – 3
3:00 Music by Paul Eisert – C/1971

8:30 Mini Waffle Day! – DR
2:00 Armchair Travel – 3
Costa Rica

10:00 Muscles in Motion – 1971
10:30 Yoga/Stretch – 1971
1:30 Bingo – 3
2:45 Exercise with Lisa – 3
3:15 Memorial Service – C
6:00 Scrabble – 3
6:00 Evening Prayer – C

1:00 Movie Matinee – 1971
Backyard Wilderness

2:30 Interfaith Service – C/1971

Australia Day (Observed)

9:00 Monday Reflection – 1971
10:00 Resistance – 1971
10:30 Better Balance – 1971

[Happy Birthday, Louisa T!](#)

10:00 Muscles in Motion – 1971
10:30 Yoga/Stretch – 1971
10:30 Manicures – 3
1:30-4:00 Men's Club – C
2:00 Bible Study w/ Julie – 2

10:00 Move & Groove – 1971
10:00 Food Committee – 3
10:30 Better Balance – 1971
11:00 Chaplain's Corner – 2
6:00 Family Feud – 3

Chinese New Year (Year of the Snake)

10:00 Resistance – 1971
10:30 Move & Groove – 1971
10:30 Keno – 3
2:00 Craft Corner – 3
Pine Cone Bird Feeder

10:00 Muscles in Motion – 1971
10:30 Yoga/Stretch – 1971
12:00 Birthday Party! – DR
2:00 Chinese New Year Bingo! – C
3:00 Friday Reflection – 1971
6:00 Evening Prayer – C

All areas are setup for meaningful engagement. Feel free to use what is available at any time.

Activities in PINK can be attended in the Chapel or viewed on Channel 1971 – Activities are subject to change.