

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



			1	2	3	4
			Exercise 8:30/9:00 am Private 10:00 am	Great Courses 1:00 pm Private 10:00 am	Exercise 8:30/9:00 am Grand Concourse (12:00 departure for those with reservations)	
5	6	7	8	9	10	11
Exercise 8:30/9:00 am Bowling 5:00 pm	Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	Exercise 8:30/9:00 am Parkinson's Support Group 1:30 pm	Exercise 8:30/9:00 am Parkinson's Support Group 1:30 pm	Great Courses 1:00 pm Wine & Dine 4:00 pm	Exercise 8:30/9:00 am Savvy Seniors 11:00 am Rodney's 3:45 pm	
12	13	14	15	16	17	18
Exercise 8:30/9:00 am Private 11:00 am Men's Burgers & Beer 12:00 pm "Blue Book of Values" 1:00 pm Westmoreland Mall 1:00 pm	Chaplain Chat 1:00 pm Private 5:30 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	Exercise 8:30/9:00 am Community Management Meeting 11:00 am	Exercise 8:30/9:00 am Community Management Meeting 11:00 am	Great Courses 1:00 pm	Exercise 8:30/9:00 am Book Club 1:00 am Olive Garden 12:00 pm	Private (all day)
19	20	21	22	23	24	25
Exercise 8:30/9:00 am Wellness Clinic 1:30-1:45 pm Bowling 5:00 pm Giant Eagle NH/Aldi 1:00 pm	Resident Brunch 10:30 am Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	Exercise 8:30/9:00 am	Exercise 8:30/9:00 am	Great Courses 1:00 pm	Exercise 8:30/9:00 am Donuts 9:30 am Applebee's 12:00 pm	
26	27	28	29	30	31	
Exercise 8:30/9:00 am Walmart/Target 1:00 pm	Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	Exercise 8:30/9:00 am Seniors for Safe Driving 12:30 pm	Exercise 8:30/9:00 am Seniors for Safe Driving 12:30 pm	Great Courses 1:00 pm	Exercise 8:30/9:00 am Abruzzi 3:45 pm	