

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Redstone Highlands – GBG Skilled Nursing (SNF)

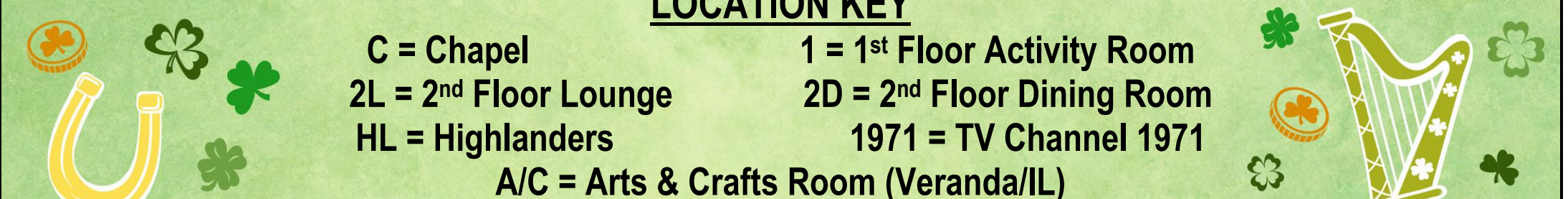


2:00 Bingo – 2D 2:30 Interfaith Service - C/1971	2 9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:15 Joyride 10:30 Better Balance – C/1971 1:00 Movie Matinee – 1971 <i>Unknown: Cosmic Time Machine (Documentary)</i> 1:30 Resident Council– 2D Bingo following the meeting– 2D	3 10:30 Painting Daffodils – 2D 2:00 Mardi Gras Social - C 6:00 Evening Card Game – 2D Mardi Gras	4 10:00 Gift Shop Visit 1:30 Nail Polish – 2D 2:00 IN2L Computer Games – 2L 3:30 Ashes Available - C 4:30 Dinner Jamz (music) – 2D	5 10:00 Resistance Exercise – C/1971 10:15 Baking – 2D 10:30 Move & Groove – C/1971 2:00 The Chosen - C 2:00 Bingo – 2D 3:30 Board Games – 2D	6 9:00 Hearing Life Clinic - C 10:00 Muscles in Motion – C/1971 10:30 Wii League – 2D 10:30 Yoga/Stretch – C/1971 12:00 Stations of the Cross - C 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections – 1971 4:00 Rosary Prayers - C 6:00 Evening Prayer - C	7 1:00 Movie Matinee – 1971 <i>Two Weeks' Notice</i> 2:00 Bingo – 2D	8 10:00 Muscles in Motion – C/1971 10:30 Wii League – 2D 10:30 Yoga/Stretch – C/1971 12:00 Stations of the Cross - C 2:00 Memory & Conversation – A/C 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections - 1971 4:00 Rosary Prayers - C 6:00 Evening Prayer - C	9 10:00 Catholic Communion - C 2:00 Bingo – 2D 2:30 Interfaith Service - C/1971 Daylight Saving Time Begins	9 9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Better Balance – C/1971 1:00 Movie Matinee – 1971 <i>Irish Wish</i> 2:00 Bingo – 2D 3:00 Happy Hour – 2D	10 10:30 Travel Time – 2D 2:00 Karaoke Sing Along – 2D 6:00 Evening Card Game – 2D	11 10:00 Move & Groove – C/1971 10:00 Gift Shop Visit 10:30 Better Balance – C/1971 1:30 Nail Polish – 2D 1:30 IN2L Computer Games – 2L 3:00 Music by – C/1971 <i>The Highland Strummers</i> 4:30 Dinner Jamz (music) – 2D	12 10:00 Resistance Exercise – C/1971 10:15 Baking – 2D 10:30 Move & Groove – C/1971 2:00 The Chosen - C 2:00 Bingo – 2D 3:30 Board Games – 2D Purim Begins	13 10:00 Muscles in Motion – C/1971 10:30 Wii League – 2D 10:30 Yoga/Stretch – C/1971 12:00 Stations of the Cross - C 2:00 Memory & Conversation – A/C 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections - 1971 4:00 Rosary Prayers - C 6:00 Evening Prayer - C	14 10:30 Saturday Soiree – 2D 1:00 Movie Matinee – 1971 <i>Happiness for Beginners</i> 2:00 Bingo – 2D	16 2:00 Bingo – 2D 2:30 Interfaith Service - C/1971	16 9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:15 Joyride 10:30 Better Balance – C/1971 2:00 Entertainer (TBA) – C/1971 4:30 Dinner Jamz (music) – 2D St. Patrick's Day	17 10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretching – C/1971 10:30 Travel Time – 2D 2:00 Hall Cart 2:00 Karaoke Sing Along – 2D 6:00 Evening Card Game – 2D	18 10:00 Move & Groove – C/1971 10:00 Gift Shop Visit 10:30 Better Balance – C/1971 1:30 Nail Polish – 2D 2:00 IN2L Computer Games – 2L 4:30 Dinner Jamz (music) – 2D	19 10:15 Baking – 2D 2:00 The Chosen - C 2:00 Bingo – 2D 3:30 Board Games – 2D Spring Begins	20 10:30 Wii League – 2D 12:00 Stations of the Cross - C 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections - 1971 4:00 Rosary Prayers - C 6:00 Evening Prayer - C	21 1:00 Movie Matinee – 1971 <i>Red Notice</i> 2:00 Bingo – 2D	23 2:00 Bingo – 2D 2:30 Interfaith Service - C/1971	23 9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Better Balance – C/1971 1:00 Movie Matinee – 1971 <i>Hack Your Health...(Documentary)</i> 2:00 Bingo – 2D 3:00 Happy Hour – 2D	24 10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretching – C/1971 10:30 Travel Trivia – 2D 1:30 Men's Club - C 6:00 Evening Card Game – 2D	25 10:00 Gift Shop Visit 1:30 Nail Polish – 2D 1:30 Outing 3:00 Music by <i>Alec Henderson – C/1971</i> 4:30 Dinner Jamz (music) – 2D	26 10:00 Resistance Exercise – C/1971 10:15 Baking – 2D 10:30 Move & Groove – C/1971 2:00 The Chosen - C 2:00 Bingo – 2D 3:30 Board Games – 2D	27 10:00 Muscles in Motion – C/1971 10:30 Wii League – 2D 10:30 Yoga/Stretch – C/1971 12:00 Stations of the Cross - C 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections - 1971 3:15 Memorial Service - C 4:00 Rosary Prayers - C 6:00 Evening Prayer - C	28 10:30 Saturday Soiree – 2D 1:00 Movie Matinee – 1971 <i>Buy Now! The Shopping Conspiracy (Documentary)</i> 2:00 Bingo – 2D	30 2:00 Bingo – 2D 2:30 Interfaith Service - C/1971	30 9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Color/Craft Corner – 2D 10:30 Better Balance – C/1971 1:00 Movie Matinee – 1971 <i>Chasing Coral (Documentary)</i> 2:00 Bingo – 2D 3:00 Happy Hour – 2D	31
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LOCATION KEY

C = Chapel
 2L = 2nd Floor Lounge
 HL = Highlanders
 A/C = Arts & Crafts Room (Veranda/IL)

1 = 1st Floor Activity Room
 2D = 2nd Floor Dining Room
 1971 = TV Channel 1971



Activities are subject to change - Spiritual Activities - Entertainment/Special Event