Redstone Highlands April 2025

The Window

<u> President's Council—Lisa Dormire, VP for Mission Support</u>

It is beautiful to see all of the signs of spring that are surrounding us. The flowering trees and the daffodils are welcome signs of new life on our campuses. Inside our campuses, every spring it has become the tradition to have a Garden of Love Tree in each central lobby area. This white tree contains symbols of spring, symbolizing the gifts that are being made by those who have a heart for Redstone's mission. We are so grateful for the way that these gifts sustain and support all that we do and all the love that is given within our communities. Currently, there are 11 residents receiving Benevolent Care across our campuses. These are Independent Living or Personal Care residents who have depleted their assets but continue to receive the care that they need here at Redstone through our Benevolent Care Program. In addition to these residents, our long-term care residents in skilled nursing enjoy the blessing of having the gap between what Medicaid pays for their care, and the true cost of care, forgiven through Redstone's charitable programs. Currently, 27 residents in our Skilled Nursing Facility receive Medicaid gap forgiveness. Beyond supporting our residents, the annual spring Garden of Love campaign raises support for general operations at Redstone, and for the Hope program which provides crisis support to employees in need. Over the past few months we have provided support to employees whose spouses are undergoing serious ill-

ness, have helped to pay for funerals for family members, and have helped employees find safe housing when they find themselves in abusive relationships. When you make a gift to the Garden of Love spring campaign, you can designate exactly where you want your gift to go. You can know that your gift is making a difference and providing another sign of life and hope within our communities.



Help Us Grow Our Garden of Love!

Nurture and care are important, especially in this season. We are also grateful for those who have cared for and nurtured us—our cherished seniors. This spring, we invite you to join us in supporting our mission of providing compassionate care and services to seniors in our Redstone communities. Whether it's providing benevolent care support for those who have depleted their financial resources, providing special activities or programs, compassionate hospice care, or simply providing a beautiful and safe place to live, your contribution will have a profound impact on



the lives of the seniors we serve. In addition to serving our residents through our annual spring campaign, some donors choose to make gifts of support to nurture our workforce. Gifts to the HOPE Program provide financial assistance to employees who find themselves in crisis situations, and provide opportunities for employees to blossom here at Redstone, too. Your gifts become visible signs of hope in our communities as we fill a "Garden of Love Tree" on each of our campuses. A white tree is placed in a central location and soon is full of spring symbols. Each symbol represents a gift of love. All gifts given from now until July 1, 2025 will be recognized on these trees. Gifts will also be acknowledged on a signboard in the adjacent area. Gifts may be made in honor or memory of someone special and we will be happy to notify someone of your gift if you wish. We invite you to use the enclosed response card to let us know exactly how you want your gift to be used. You may also choose to make an online gift by scanning the QR code. When you provide us with contact information, we are happy to send a note to someone you have chosen to honor with your gift.



DOVE Employee Recognition Program at Redstone

The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our community. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name SCAN ME for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any campus, by scanning the QR code, or visit **www.surveymonkey.com/r/RPSDove**.

Clifton George, Forefront —Rising Star Award

Clifton George's star has been on the rise his entire working life. Forefront Dining Service has just made it official in presenting him with the company's Rising Star Award. Although he's only been with Forefront for about a year, Cliff's leadership, teamwork and commitment to upholding Forefront's high culinary standards has made a profound impact on the people with whom he works. At age 48, Cliff's resume reflects a steady progression within the industry. A U.S. Army veteran with 13 years of service, Cliff attained the rank of staff sergeant before concluding his tour of duty which included time as a combat engineer as well as in food service.



Over the next 23 years, he's been a sous chef, an executive chef, and a food and beverage manager among other assignments in civilian life in his native Louisiana, Texas and now Pennsylvania. Before stepping into his current role as System Director for Redstone, Cliff was most recently part of the Culinary Support Team, where he played a key role in enhancing operations and driving excellence. And what drives Cliff? "I repeat this saying daily: 'Nothing changes if nothing changes!' Cliff explains that he challenges himself as well as those around him to remain fresh. "When you stop tweaking things or critiquing yourself you become stale," he added. "I'm glad my supervisors see what I'm about and value that." In his System role, Cliff is responsible for menu collaboration, catering, retail sales and menu adherence, assuring that meals meet the appropriate dietary and safety standards. Working alongside the campus specific directors and chefs, Cliff also can guide such activities as plate presentation, including garnishes that make the meal visually interesting, or whether the meal recipient sees the starches or the proteins first based on how the plate is placed on the table. "These details may be subtle, but they serve a purpose and help to ensure residents are enjoying nutritious and delicious meals." Cliff's passion for culinary innovation, combined with his ability to inspire those around him, truly sets him apart. But he might say the same thing about the Redstone community. "Having come to Redstone as part of Forefront's traveling opening team, I was immediately impressed with everyone's genuine love and compassion for senior living," he explained. "The sense of family and the art of customer service are both prominent here. I'm not just a co-worker, I am treated like a customer across departments." And in return, Cliff will continue to let his star-light shine.



Volunteer Spotlight—Suzanne Taleff

Suzanne Taleff has been volunteering in the Redstone community since November 2022. Suzanne currently volunteers in the gift shop and also serves as an administrative volunteer for Hospice! Suzanne says her motivation for volunteering came after her mother and uncle were residents on the North Huntingdon campus, her mother passing in 2020 and uncle in 2022. She says, "I was impressed with the exceptional care they received, and I wanted to find a way to give back to the organization that made their lives more comfortable and meaningful during their time there." She says that this opportunity has been incredibly re-

warding to meet and interact with residents, in addition to contributing to the community is a meaningful way. She describes the start of her journey as natural! "If you're not already volunteering, consider what skills you can offer to organizations you already support. Then, don't just think about it—take the leap and get involved. It's one of the most fulfilling things you can do!" Outside of volunteering, Suzanne loves to sing and recently joined the Mon Yough Chorale, participating in two concerts a year and community events. Suzanne is also a proud parent of two sons, with one soon to graduate from St. Vincent College this May, and the other a freshman at Duquesne University. She also shares her home with two rescue cats, Ben and Henry, saying, "Cats are like potato chips—you can't just have one!"

Threading the Generations

Like adding multicolored beads to a strand to create a unique piece of jewelry, the Threading the Generations events envisioned by a subgroup of the current cohort of Leadership Westmoreland brought together participants of varying ages, backgrounds and interests for fun-filled educational activities that left everyone wanting more. That's the outcome Jen Caretti, Redstone's Assistant Controller, was hoping for when she and the members of her team which included representatives from Somerset Trust, Seton Hill University (SHU) and Central Westmoreland Career and Technology Center (CWCTC) adopted their group name – Threading Westmoreland. Although the logistics of meshing the availability of working professionals and active teenagers with the residents'



schedules proved challenging, she is confident the project is worth repeating and will convey that to her Westmoreland Chamber of Commerce classmates during the upcoming project report-out. On Day 1 of the two-day program at the Greensburg campus, students from CWCTC connected with Independent Living residents during a sit-down "networking" event and a mocktail party, featuring a CWCTC culinary student's menu, and entertainment by a SHU violinist. On Day 2, CWCTC Cosmetology students provided manicures to residents in Personal Care while pots – not fingernails – were being painted with assistance from CWCTC Sports Medicine & Aspiring Educator students in the Arts & Crafts room. "Knowing how much both seniors and students can benefit from intergenerational connections, our goal was to establish relationships between CWCTC and Seton Hill with our Redstone Lifestyle and Volunteer teams so that these types of programs can continue and grow beyond these two events," Jen noted. "For some of the students, this may have been their first time visiting a senior living community like ours. We hope this experience encourages the students to return, whether to participate in another program, become a volunteer or even continue their career path through Redstone's employment opportunities."

Holiday Chapel Services

Please join us for worship services at your campus chapel during the dates and times below. Happy Easter!



Murrysville

April 13 @ 2:30p Palm Sunday April 18 @ 2:00p Good Friday April 20 @ 2:30p Easter Sunday

North Huntingdon

April 17 @ 2:00p Maundy Thursday April 18 @ 2:00p Good Friday April 20 @ 2:00p Easter Sunday w/ Communion

Greensburg

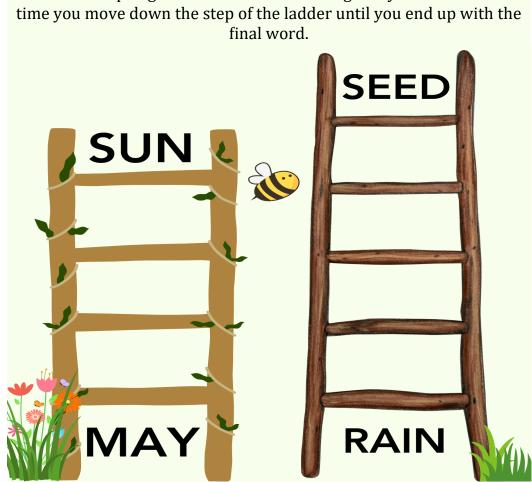
April 13 @ 2:30p Palm Sunday w/ Shirley Musick April 17 @ 4:00p Maundy Thursday

April 18 @ 11:00p Good Friday—Stations of the Cross & 2:30p Service

April 20 @ 2:30p Easter Sunday w/ Martin Ankrum

Puzzle Pitstop

Solve these spring word ladders! Hint: change only ONE letter each

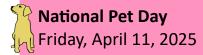




Mark Your Calendar



World Health Day Monday, April 7, 2025



Good Friday Friday, April 18, 2025

