

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 C-Chapel H-Highlanders AC-Arts&Crafts Room ML-Main Lobby CR4-Card Room 4 MS-Medical Suite DR-Dining Room		1 10:30-Yoga/Stretch-C 10:30-Birthday Donuts-H 11:00-Great Courses-AC 1:00-Turkey Foot Dominoes-H 2:00-Bible Study-AC	2 10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Paint/Craft-AC 1:00-Wii Bowling Team 2-AC 2:00-Lifestyle Mtg.-CR4 1:30-Catholic Worship-C 7:00-Bingo-AC	3 9:30-Groc/Bank/Drugst.-ML 10:30-Yoga/Stretch-C 11:00-Wii BowlingTeam 1-AC 11:00-Blood Pressure-MS 1:00 Management Council-C 2:00-Let's try Poker-H 4:30-Edo Hibachi-ML	4 10:00-Move & Groove-C 10:30-Balance-C 11:00-K4 Training-AC 2:00-Memory Class-AC 3:00-Line Dancing-H	5 1:00-Community Band Festival at Franklin Regional	
	6 11:00-Mother of Sorrows-ML 2:30-Chapel Service-C	7 10:00-Move & Groove-C 10:30- Better Balance-C 1:00-Bingo-H 3:00-Happy Hour-H	8 10:00-Food Committee-DR 10:30-Yoga/Stretch-C 10:30-Birthday Donuts-H 11:00-Great Courses-AC 1:00-Shut the Box-H 2:00-Bible Study-AC 6:00-Therapy Dogs-C	9 9:00-Men's Breakfast-AC 10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Paint/Craft-AC 1:00-Wii Bowling Team 2-AC 1:30-Catholic Worship-C 7:00-Bingo-AC	10 9:30-Groc/Bank/Drugst-ML 10:30-Yoga/Stretch-C 11:00-Wii BowlingTeam 1-AC 11:00-Blood Pressure-MS 2:00-Let's try Poker-H 4:30-Denunzio's-ML	11 10:00-Move & Groove-C 10:30-Balance-C 12:45-Walmart-ML 2:00-Memory Class-AC 3:00- Travelogue-The Netherlands-AC	12 1:00-Michael Sadecky-The Human Jukebox. 🎵
	13 11:00-Mother of Sorrows-ML 2:30-Chapel Service-C	14 10:00-Move & Groove-C 10:30- Better Balance-C 11:00-Coo Chat w/Vicki-C 1:00-Bingo-H 3:00-Happy Hour-H	15 10:30-Yoga/Stretch-C 11:00-Great Courses-AC 1:00-Farkle-H 2:00-Bible Study-AC	16 10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Paint/Craft-AC 1:00-Wii Bowling Team 2-AC 1:30-Catholic Worship-C 7:00-Bingo-AC	17 9:30-Groc/Bank/Drug-ML 10:30-Yoga/Stretch-C 11:00-Wii BowlingTeam 1-AC 11:00-Blood Pressure-MS 2:00-Let's try Poker-H 4:30-Madero-ML	18 10:00-Move & Groove-C 10:30-Balance-C 1:00- Cornhole-H 2:00-Memory Class-AC	19 2:00-Socialize with your neighbors in Highlanders. Color, do brain exercise worksheets, and chat. Try using the Chat Cards!
	20 11:00-Mother of Sorrows-ML 2:30-Chapel Service-C	21 10:00-Move & Groove-C 10:30- Better Balance-C 1:00-Bingo-H 3:00-Happy Hour-H 6:30-Rob Stewart Entertainment-C	22 10:30-Yoga/Stretch-C 11:00-Great Courses-AC 1:00-Nickel Game-H 2:00-Bible Study-AC	23 10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Paint/Craft-AC 1:00-Wii Bowling Team 2-AC 1:30-Catholic Worship-C 7:00-Bingo-AC	24 9:30-Groc/Bank/Drug-ML 10:30-Yoga/Stretch-C 11:00-Wii BowlingTeam 1-AC 11:00-Blood Pressure-MS 2:00-Let's try Poker-H 4:30-Dick's Diner-ML	25 10:00-Move & Groove-C 10:30-Balance-C 11:00-Cooking Demo w/Jerry-DR 1:00- Cornhole-H 2:00-Memory Class-AC	26 2:00-Socialize with your neighbors in Highlanders. Chat cards will be on the table.
	27 11:00-Mother of Sorrows-ML 2:30-Chapel Service-C	28 10:00-Move & Groove-C 10:30- Better Balance-C 1:00-Bingo-H 2:00-Book Club-AC 3:00-Happy Hour-H	29 10:30-Yoga/Stretch-C 11:00-Great Courses-AC 1:00-Yahtzee-H 2:00-Bible Study-AC	30 10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Paint/Craft-AC 1:00-Wii Bowling Team 2-AC 1:30-Catholic Worship-C 7:00-Bingo-AC			

