



Redstone Highlands® Communities

Events

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location 2nd 2nd Floor Card Room AC ART AND CRAFTS CP Chapel CR Fourth Floor Card room DR Veranda Dining Room HL Highlanders ML Main Lobby MS Medical Suite			4:30 Johnny's Italian Restaurant (ML) 1 9:30 Grocery Bank Drugstore (Veranda) (ML) 10:30 Yoga (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (Veranda) (AC) 1:00 Elizabeth Black Project (CP) 1:45 Murrysville Medic 1 Presentation (CP)	10:00 Move and Groove (CP) 2 10:30 Balance (CP) 11:00 Walking Club (ML) 1:00 New Resident Meet and Greet (HL) 2:00 Memory Class (AC)	2:00 Nickel Game (HL) 3
11:00 Mother of Sorrows Catholic Mass (ML) 4 2:30 Chapel Worship Service (CP) 2:30 Chapel service (CP) 4:00 Pizza Party (HL)	8:00 WINDOW CLEANING STARTS 4TH FLOOR 5 10:00 Move and Groove (Veranda) (CP) 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) Cinco De Mayo Special! (HL) 3:00 Kentucky Derby viewing (HL)	10:30 Yoga/ Stretching (CP) 6 10:30 Birthday Donuts (HL) 11:00 Great Courses 11:00am 1:00 Turkey Foot Dominoes (HL) 2:00 Bible Study: The Scriptures speak on ANXIETY (AC)	10:00 Move and Groove with Bands (Veranda) (CP) 7 10:30 Better Balance (Veranda) (CP) 11:00 Crafting with Jamie (AC) 1:00 Wii Bowling Team 2 (Veranda) (AC) 1:30 Catholic Worship (Veranda) (CP) 2:30 Lifestyle Meeting (CR) 7:00 BINGO (Veranda) (AC)	9:30 Grocery Bank Drugstore (Veranda) (ML) 8 10:30 Yoga (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (Veranda) (AC) 1:00 FLOOR CHAT 3RD, 4TH (AC) 2:00 Let's Try Poker (HL) 4:30 DeeJay's BBQ Grille (ML)	10:00 Move and Groove (CP) 9 10:30 Balance (CP) 11:00 Walking Club (ML) 12:45 Walmart (ML) 1:00 Name that Tune (HL) 2:00 Memory Class (AC) 6:30 Steve Tori - Variety Singer (CP)	2:00 Nickel Game (HL) 10
11:00 Mother of Sorrows Catholic Mass (ML) 11 1:30 Mother's Day Tea and Dessert (CP) 2:30 Chapel Worship Svc. w/ Rev. Dan Lawrence (CP) 2:30 Chapel service (CP)	10:00 Move and Groove (Veranda) (CP) 12 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) (HL)	10:00 Food Committee Meeting (DR) 13 10:30 Yoga/ Stretching (CP) 11:00 Great Courses (AC) 1:00 Shut the Box (HL) 2:00 Bible Study: The Scriptures speak on ANXIETY (AC) 2:00 Grief Support Group (2nd)	10:00 Move and Groove with Bands (Veranda) (CP) 14 10:30 Better Balance (Veranda) (CP) 11:00 Crafting with Jamie (AC) 11:30 Men's luncheon (AC) 1:00 Wii Bowling Team 2 (Veranda) (AC) 1:30 Catholic Worship (Veranda) (CP) 3:15 Grief Support Group (AC) 7:00 BINGO (Veranda) (AC)	9:30 Grocery Bank Drugstore (Veranda) (ML) 15 10:30 Yoga (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 MOVED TO FRIDAY MAY 16 (AC) 1:00 Gospel Songs w/Beryl (CP) 2:00 Let's Try Poker (HL) 2:00 Spiritual Life Committee Meeting (CR) 4:30 Outback Steakhouse (ML)	10:00 Move and Groove (CP) 16 10:30 Balance (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (AC) 2:00 Memory Class (AC) 3:00 Travelogue - MEXICO!!! (AC)	1:00 Popcorn and a show (HL) 17 2:00 Nickel Game (HL)
11:00 Mother of Sorrows Catholic Mass (ML) 18 2:30 Chapel Worship Svc. (CP) 2:30 Chapel service (CP)	10:00 Move and Groove (Veranda) ART AND CRAFTS ROOM (CP) 19 10:30 Better Balance (CP) 10:30 Better Balance ARTS AND CRAFTS ROOM (CP) 10:30 Phipp's Conservatory (ML) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) (HL)	10:30 Yoga/ Stretching (CP) 20 11:00 Great Courses 11:00am 1:00 Dementia Friends (CP) 1:00 Farkle (HL) 2:00 Bible Study: The Scriptures speak on ANXIETY (AC)	10:00 Move and Groove with Bands (Veranda) (CP) 21 10:30 Better Balance (Veranda) (CP) 10:30 Family Feud (CP) 11:00 Crafting with Jamie (AC) 1:00 Wii Bowling Team 2 (Veranda) (AC) 1:30 Catholic Worship (Veranda) (CP) 7:00 BINGO (Veranda) (AC)	9:30 Grocery Bank Drugstore (Veranda) (ML) 22 10:30 Yoga (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (Veranda) (AC) 2:00 Let's Try Poker (HL) 4:30 Fortune Star (ML)	10:00 Move and Groove (CP) 23 10:30 Balance (CP) 11:00 Walking Club (ML) 2:00 Memory Class (AC)	1:00 Popcorn and a Show (HL) 24 2:00 Nickel Game (HL)
11:00 Mother of Sorrows Catholic Mass (ML) 25 2:30 Chapel Worship Svc. (CP) 2:30 Chapel service (CP)	10:00 Move and Groove (Veranda) (CP) 26 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 2:00 Resident Book Club (AC) 3:00 Happy Hour (Veranda) (HL)	10:30 Yoga/ Stretching (CP) 27 11:00 Great Courses 11:00am 1:00 Nickel Game (HL) 2:00 Bible Study: The Scriptures speak on ANXIETY (AC)	10:00 Move and Groove with Bands (Veranda) (CP) 28 10:30 Better Balance (Veranda) (CP) 11:00 Crafting with Jamie (AC) 1:00 Wii Bowling Team 2 (Veranda) (AC) 1:30 Catholic Worship (Veranda) (CP) 7:00 BINGO (Veranda) (AC)	9:30 Grocery Bank Drugstore (Veranda) (ML) 29 10:30 Yoga (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (Veranda) (AC) 1:00 FLOOR CHAT 1ST, 2ND AND GROUND 1PM (AC) 2:00 Let's Try Poker (HL) 4:30 Mad Mex (ML)	10:00 Move and Groove (CP) 30 10:30 Balance (CP) 11:00 Walking Club (ML) 12:30 Westmoreland Mall and LIVE Casino (ML) 2:00 Memory Class (AC)	1:00 Popcorn and a Show (HL) 31 2:00 Nickel Game (HL)