Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Sunday	IVIOITUAy	Tuesuay	VEUNESuay			J	2
	May	202	5	Great Courses 1:00 pm Private 10:00 am	Strip District (for those who	Cardio Drumming w/Carol 9:30 am	
NORTH HUNTINGDON VILLAS				May Day	registered) Depart 11:00 am		SAC
4	5	F	ð 7	1 8	8 9	9 10	ō
	Exercise 8:30/9:30 am	Chaplain Chat 1:00 pm	Exercise 8:30/9:00 am	Great Courses 1:00 pm		Cardio Drumming w/Carol 9:30 am	
	Savvy Seniors 11:00 am		Alzheimer's Support Group 3:00 pm (top of hill)	Wine & Dine 4:00 pm	,		
	Bowling 5:00 pm	Giant Eagle 9:30 am Shop & Save 10:30 am			,		
	Cinco de Mayo	Banks 11:30 am	- 4		Long Horn 12:00 pm		_
	Exercise 8:30/9:00 am	2 13 Chaplain Chat 1:00 pm	3 14 Exercise 8:30/9:00 am	4 15 Great Courses 1:00 pm	Exercise 8:30/9:00 am	Cardio Drumming w/Carol	
	Men's Lunch 12:00 noon	Private 5:30 pm	Games 2:00 pm			9:30 am	
mother's		Giant Eagle 9:30 am			,		
National S Page	Westmoreland Mall 1:00 pm	Shop & Save 10:30 am Banks 11:30 am			Caliente Pizzeria 12:00 pm	FORCES	
18	Exercise 8:30/9:00 am		0 21				4
		Chaplain Chat 1:00 pm	Exercise 8:30/9:00 am	Great Courses 1:00 pm		Cardio Drumming w/Carol 9:30 am	
	Wellness Clinic 1:30 – 2:00 pm		Community Management Meeting 11:00 am		Games 2:00 pm		
	Private 3:00 Bowling 5:00 pm Giant Eagle(Aldrean) pm	Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	Drumming with Cicely 2:30 pm		Narcissi Winery 12:00 pm		
25	26	6 27	7 28	8 29		0 31	.1
	NO EXERCISE TODAY	NO CHAPLAIN CHAT	Exercise 8:30/9:00 am	Great Courses 1:00 pm	Exercise 8:30/9:00 am	Cardio Drumming w/Carol 9:30 am	
		Parkinson's Support Group 1:30 pm	Lunch Bunch 12:00 noon		Donuts 9:30 am	9.00 am	
	Day 🛃	Giant Eagle 9:30 am Shop & Save 10:30 am			,		
		Banks 11:30 am			Serendipity Tea House 12:00 pm		