Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AU( Redstone Highla	GUST ands-GBG Skill	2025 ed Nursing (SNF)	The state of the s	10:00 Muscles in Motion – C/1971 10:30 Wii League – 2D 10:30 Yoga/Stretch – C/1971 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections – 1971 6:00 Evening Prayer - C	10:30 August Birthdays Party – 2D 1:00 Movie Matinee – 1971  Miracles from Heaven 2:00 Bingo – 2D
10:00 Catholic Communion - C 2:30 Interfaith Service - C/1971	9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Better Balance – C/1971 10:30 Resident Council– 2D 1:00 Movie Matinee – 1971 Our Oceans: Pacific 1:15 Joyride 3:00 Bingo – 2D	1 10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretching – C/1971 10:30 Travel Time – 2D 2:00 Garden Crafts – 1 (Outside - weather permitting) 6:00 Evening Card Game – 2D	10:00 Gift Shop Visits 10:00 Move & Grove – C/1971 10:30 Better Balance – C/1971 2:00 Game Show Competition – 2D 5:30 Evening Game Time – 2D	6 10:00 Resistance Exercise – C/1971 7 10:30 Move & Grove – C/1971 1:00 The Chosen (series)- 1971 2:00 The Chosen (series)- C 2:00 iN2L Games - 2	10:00 Muscles in Motion – C/1971 10:30 Yoga/Stretch – C/1971 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections – 1971 6:00 Evening Prayer - C	9 1:00 Movie Matinee – 1971 Annie 2:00 Bingo – 2D
2:00 Bingo – 2D 2:30 Interfaith Service - C/1971	9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Better Balance – C/1971 2:00 Bingo – 2D 2:30 Movie Matinee – 1971 Our Oceans: Indian 3:00 Happy Hour – 2D	10:00 Muscles in Motion – C/1971 <b>12</b> 10:30 Yoga/Stretching – C/1971 2:00 Bingo – 2D 6:00 Evening Card Game – 2D	10:00 Move & Grove – C/1971 10:30 Better Balance – C/1971 1:30 Nail Polish – 2D 3:30 Therapy Pigs - C	3 10:00 Resistance Exercise – C/1971 14 10:30 Move & Grove – C/1971 1:00 The Chosen (series)- 1971 2:00 The Chosen (series)- C 2:00 Bingo – 2D	10:00 Muscles in Motion – C/1971 <b>1 5</b> 10:30 Yoga/Stretch – C/1971 2:00 Bingo – 2D 3:00 Happy Hour – 2D 3:00 Friday Reflections – 1971 6:00 Evening Prayer - C	1:00 Movie Matinee – 1971 Shark Whisperer (Documentary)
2:00 Bingo – 2D 2:30 Interfaith Service - C/1971	7 9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Better Balance – C/1971 1:00 Movie Matinee – 1971 Our Oceans: Atlantic 1:15 Joyride 3:00 Bingo – 2D	10:00 Muscles in Motion – C/1971 <b>19</b> 10:30 Yoga/Stretching – C/1971 2:00 Bingo – 2D	10:00 Move & Grove – C/1971 10:30 Better Balance – C/1971 3:00 Music by – C/1971 Richard Risnear	10:00 Resistance Exercise – C/1971 10:30 Move & Grove – C/1971 1:00 The Chosen (series)- 1971 2:00 The Chosen (series)- C 2:00 iN2L Games - 2	10:00 Muscles in Motion – C/197122 10:30 Yoga/Stretch – C/1971 3:00 Friday Reflections – 1971 6:00 Evening Prayer - C	2. 1:00 Movie Matinee – 1971 Justin Willman: Magic Lover (Stand-up Comedy) 2:00 Bingo – 2D
2:00 Bingo – 2D 2:30 Interfaith Service - C/1971	4 9:00 Monday Reflections – 1971 10:00 Resistance Exercise – C/1971 10:00 Hymn Sing –2L 10:30 Better Balance – C/1971 1:00 Movie Matinee – 1971 Our Oceans: Artic 2:00 Bingo – 2D 3:00 Happy Hour – 2D	10:00 Muscles in Motion – C/1971 <b>26</b> 10:30 Yoga/Stretching – C/1971 2:00 Bingo – 2D 6:00 Evening Card Game – 2D	10:00 Move & Grove – C/1971 10:30 Better Balance – C/1971 1:30 Nail Polish – 2D 3:00 Music by – C/1971 Marilyn Thomas	7 10:00 Resistance Exercise – C/1971 10:30 Move & Grove – C/1971 1:00 The Chosen (series)- 1971 2:00 The Chosen (series)- C 2:00 iN2L Games - 2	10:00 Muscles in Motion – C/197129 10:30 Yoga/Stretch – C/1971  2:00 Wizard of Oz	1:00 Movie Matinee – 1971 Paddington in Peru
2:00 Bingo – 2D  2:30 Interfaith Service - C/1971	C = Chapel 1 = 1st Floor Activity Room 2L = 2nd Floor Lounge 2D = 2nd Floor Dining Room HL = Highlanders 1971 = TV Channel 1971 A/C = Arts & Crafts Room (Veranda/IL)	A State of the Astronomy of the Astronom	Friday, August 29 Come watch the r	<b>Dz Anniversary P</b> 9 <sup>th</sup> - 2:00PM in the movie and enjoy some s	Chapel nacks!	