



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location 2nd 2nd Floor Card Room AC ART AND CRAFTS CN First Floor Conference/Card Room CP Chapel DR Veranda Dining Room	HL Highlanders ML Main Lobby MS Medical Suite			10:00 Move and Groove (CP) 10:30 Balance (CP) 11:00 Walking Club (ML) 2:00 Memory Class (AC) 3:00 Trivia Group (HL)	Puzzle Room (CN) 1:00 Saturday Afternoon Matinee with Popcorn (AC) 3:00 Game in Highlanders (HL)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Service (CP) 3	10:00 Move and Groove (Veranda) (CP) 4 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) (HL)	10:30 Yoga/ Stretching (CP) 5 10:30 Birthday Donuts (HL) 11:00 Great Courses 11:00am 1:00 Game Time (HL) 2:00 Bible Study returns to 2:00PM Tuesdays (A&C) (AC) 3:00 Drum Circle (CP)	10:00 Move and Groove with Bands (CP) 6 10:30 Better Balance (CP) 11:00 Crafting (AC) 1:00 Wii Bowling Team 2 (AC) 1:30 Catholic Service (CP) 2:30 Lifestyle Committee Meeting (AC) 7:00 BINGO (Veranda) (AC)	9:30 Grocery Bank Drugstore (ML) 7 10:30 Yoga (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (AC) 2:00 Let's Try Poker (HL) 4:30 Dine out with your fellow residents (AC)	10:00 Move and Groove (CP) 8 10:30 Balance (CP) 11:00 Walking Club (ML) 12:45 Walmart-Please sign up! We need at least 3 to go (ML) 2:00 Memory Class (AC) 3:00 Trivia Group (HL)	Puzzle Room (CN) 9 1:00 Patrick Ganley Entertainer (CP) 3:00 Game in Highlanders (HL)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Service (CP) 10	10:00 Move and Groove (Veranda) (CP) 11 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 11:00 COO CHAT (CP) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour-Meet & Greet w/Ron (HL)	10:00 Food Committee Meeting (DR) 12 10:30 Yoga/ Stretching (CP) 11:00 Great Courses 11:00am 1:00 Game Time (HL) 2:00 Bible Study returns to 2:00PM Tuesdays (A&C) (AC) 2:00 Integral Ballroom Dancers (CP)	10:00 Move and Groove with Bands (CP) 13 10:30 Better Balance (CP) 11:00 Crafting (AC) 11:30 Men's Luncheon (AC) 1:00 FLOOR CHAT 3RD AND 4TH (CN) 1:00 Wii Bowling Team 2 (AC) 1:30 Catholic Service (CP) 7:00 BINGO (Veranda) (AC)	9:30 Grocery Bank Drugstore (ML) 14 10:30 Yoga (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (AC) 2:00 Grief & Loss Support Group (2nd) 2:00 Let's Try Poker (HL) 4:30 Dine out with your fellow residents (AC)	10:00 Move and Groove (CP) 15 10:30 Balance (CP) 11:00 Walking Club (ML) 12:45 Aldi's - please sign up-must have 3 people! (ML) 2:00 Memory Class (AC) 3:00 Trivia Group (HL)	Puzzle Room (CN) 16 1:00 Saturday Afternoon Matinee with Popcorn (AC) 3:00 Game in Highlanders (HL)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Service (CP) 17	10:00 Move and Groove (Veranda) (CP) 18 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) (HL) 6:30 Westmoreland Performing Arts Kids Show (CP)	10:30 Yoga/ Stretching (CP) 19 11:00 Great Courses 11:00am 1:00 Alzheimer's Support Group (2nd) 1:00 Game Time (HL) 2:00 Bible Study returns to 2:00PM Tuesdays (A&C) (AC) 3:00 Drum Circle (CP)	10:00 Move and Groove with Bands (CP) 20 10:30 Better Balance (CP) 11:00 Crafting (AC) 1:00 Wii Bowling Team 2 (AC) 1:30 Catholic Service (CP) 3:00 Travelogue-Australia (AC) 7:00 BINGO (Veranda) (AC)	9:30 Grocery Bank Drugstore (ML) 21 10:30 NO Yoga (CANCELED) (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (AC) 2:00 Let's Try Poker (HL) 4:30 Dine out with your fellow residents (AC)	10:00 Move and Groove (CP) 22 10:30 Balance (CP) 11:00 Walking Club (ML) 11:00 Shuttle trip to Ligonier! (ML) 2:00 Memory Class (AC) 3:00 Trivia Group (HL)	Puzzle Room (CN) 23 1:00 Laurel Harmony Chorus (CP) 3:00 Game in Highlanders (HL)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Service (CP) 24	10:00 Move and Groove (Veranda) (CP) 25 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 2:00 Resident Book Club (AC) 3:00 Happy Hour (Veranda) (HL)	10:30 Yoga/ Stretching (CP) 26 11:00 Great Courses 11:00am 1:00 Game Time (HL) 2:00 Bible Study returns to 2:00PM Tuesdays (A&C) (AC)	10:00 Move and Groove with Bands (CP) 27 10:30 Better Balance (CP) 11:00 Crafting (AC) 1:00 Wii Bowling Team 2 (AC) 1:30 Catholic Service (CP) 7:00 BINGO (Veranda) (AC)	9:30 Grocery Bank Drugstore (ML) 28 10:30 Yoga (CP) 11:00 Walking Club (ML) 11:00 Wii Bowling Team 1 (AC) 1:00 FLOOR CHAT 1ST, 2ND GROUND 1PM (AC) 1:00 Gospel Songs w/ Beryl (CP) 2:00 Let's Try Poker (HL)	10:00 Move and Groove (CP) 29 10:30 Balance (CP) 11:00 Walking Club (ML) 12:45 Griff's Ice Cream Shop (ML) 2:00 Memory Class (AC) 3:00 Trivia Group (HL)	Puzzle Room (CN) 30 1:00 Saturday Afternoon Matinee with Popcorn (AC) 3:00 Game in Highlanders (HL)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Service (CP) 31						