Redstone Highlands August 2025

The Window

Presidents Council—Vicki Loucks, President & CEO

As we bid farewell to John Dickson, and I step into the role of CEO, I want to express how deeply honored I am to serve in this capacity. I fully recognize the trust and responsibility that come with this position, and I am committed to all of our stakeholders. Today, I want to take a moment to share a few words with two groups of stakeholders in particular. To our residents, you are the heart of our mission. Each day, your stories, resilience, and vibrant community spirit inspire me. My priority is to ensure that this remains a place where you feel safe, cared for, and truly at home. I look forward to spending more time with you, listening to your ideas, and building on the many strengths of our community. To our team members, you are the hands and hearts that bring our mission to life. I have seen your dedication firsthand, and I know the difference you make in the lives of our residents. In this new role, I am committed to supporting you, investing in your growth, and creating an environ-



ment where your hard work and compassion continue to shine. Together, we will honor our past while building a future filled with purpose, innovation, and connection. Thank you for your trust as we begin this exciting new chapter.

Resident Spotlight: Lifelong Learning and Leadership, Glenn Wolfe



Lifelong learning is a core value here at Redstone Presbyterian SeniorCare. For Greensburg resident, Glenn Wolfe, a passion for lifelong learning has led him to a life lived in education, innovation, and service. Today, Glenn is bringing that passion to Redstone where he serves on the Board of Directors as part of the Administration Committee, using his unique blend of financial expertise and technical skills to help shape the future. Glenn's experience began after earning a degree in Business Administration from Grove City College in 1974, which after led him to a job at Westmoreland Computer Services. There, Glenn learned COBOL programming at a time when digital resources were still in their infancy. That experience planted the seed for a lifelong love of tech-savvy learning. Eager to build on his knowledge, Glenn went on to earn his MBA, and later his PhD, in Finance from Virginia Tech. Around that time in his life, Glenn balanced work in both the corporate and academic sectors. At Mellon Bank, he worked as a COBOL programmer and project leader, playing a key role in devel-

oping the bank's wire transfer system. Later, he transitioned into academia, as Assistant Professor at Bowling Green State University, later returning to Virginia Tech as Visiting Assistant Professor, and ending up at the University of Toledo as Associate Professor. Though he retired from teaching in 2012, Glenn wasn't done contributing. He pursued a graduate certificate in Health Information Administration and soon accepted an internship at ProMedica. His hard work and technical know-how earned him a full-time position as a Senior Financial Analyst where he helped implement EPIC, an electronic health records system. This role blended Glenn's deep knowledge of finance with hands-on tech integration, once again demonstrating his talent for bridging disciplines to improve systems that serve others. Following a second retirement, Glenn relocated to North Carolina where he stayed active in community service. He volunteered at the UNC Cancer Hospital, serving coffee and tea to patients. He also joined the Board of Directors of GiGi's Playhouse, a nonprofit providing free programs for individuals with Down syndrome. Glenn was instrumental in launching Victory Day in North Carolina, a heartwarming event that gives students with special needs the opportunity to take the field with college football players. Glenn helped organize logistics, gather donations, and connect with athletic departments to bring the event to life. "Watching the students connect with the players and light up when they scored a touchdown—it was incredibly moving," Glenn recalls, "One player even came back just to find the student he worked with and take a selfie." It was also in North Carolina where Glenn came out of retirement after five years for a position working in healthcare informatics at WakeMed. There, Glenn worked specifically with Tableau, an interactive visual analytics tool that helps users explore and interpret data using customizable dashboards and charts. In 2024, Glenn made the decision to return to Greensburg, Pennsylvania. He joined the Redstone community. After connecting with John R. Dickson IV, former Redstone President & CEO, through the local Rotary Club, Glenn was invited to join the Board of Directors on the Administrative Committee. Now a member, Glenn is once again embracing something new. He's actively studying Python coding and exploring how artificial intelligence can be used to support operations and streamline services. When he's not researching tech tools or volunteering his time, Glenn enjoys visiting with friends and family. He's also working on a fun bucket list item which is to visit land-grant universities across the country to sample their ice cream. His ultimate favorite? Whitehouse vanilla with maraschino cherries! With a heart for service and a mind always open to learning, Glenn Wolfe continues to prove that growth never stops and that one person's journey can make a lasting impact on the lives of many.

Volunteer Spotlight—Connie Meyers



For the past seven years, Connie Meyers, Murrysville Resident, has generously dedicated her time and energy to volunteering throughout the community. Connie's commitment is wide-ranging. Connie can be found mentoring new residents, working in the campus gift shop, participating in the Spiritual Life Committee, serving as secretary for the Murrysville Resident Council, running Wednesday night bingo, and assisting with resident outings. "My greatest strength is patience," Connie says, "Because some residents need a little extra help with tasks." Helping others has always been an important part of Connie's life and she finds joy in making that difference every day. Beyond Redstone, Connie has volunteered with Meals on Wheels for more than 20 years. When not volunteering, she enjoys reading, gardening, and watching documentaries. Connie encourages others to get involved: "Join as many activities as you can. It will truly enrich your life here at Redstone!"

Resident Spotlight—Millie Shrum, A Slice of Heritage, Love, and 100 Years of Living Well

Onion Pie may not be the most common item on the menu, but for Greensburg resident Millie Shrum, it's a beloved dish full of flavor, tradition, and cherished memories. Found in various Southern, French, and German cookbooks, Onion Pie has been a lifelong favorite for Millie. The delectable taste is not the only special thing about this recipe. Millie reflects on the way her mother used to prepare it, a recipe passed down and rooted in her German heritage. Her parents both came from Germany, bringing with them not only cultural traditions but also the family recipes that would become Millie's most talked about meal. "My mother was the best mother in the world," Millie says. "She would make me anything I wanted, whenever I wanted it." One of those beloved meals? Her signature Onion Pie. Millie remembers her father tending to a large garden full of fresh and seasonal produce. "Whatever my dad would grow, my mom would cook," she recalls with a smile. Now, decades later and recently celebrating her 100th birthday, Millie's favorite recipe is being shared once again...this time by her granddaughter, Kyra, who brought it to Redstone to share with fellow residents. So what's the secret to the perfect Onion Pie? According to Millie, it starts with Vidalia onions, known for their sweetness when cooked. "You need a lot of onions," she insists. The onions are slowly sautéed in butter until soft and golden. While they're cooking, you prepare the pie crust. Store-bought is fine in a pinch, but Millie recommends homemade. Once the onions are tender, they're drained and spread evenly over the crust, then baked until golden brown with a few minutes under the broiler to achieve that crispy finish on top. "I could eat it every day," Millie says, "I hope they put it on the menu here!" Beyond her signature recipe, Millie recently took time to reflect on her century of life, surrounded by loved ones at her 100th birthday celebration. "It was a good life," she says reflecting on years filled with family, fun, and traveling to experience new cultures and cuisines. When asked about the greatest inventions she's seen over the past century, Millie doesn't hesitate. "Sewing machines, good refrigeration, electric washers and dryers," she says before adding with a smile, "and good pots and pans—for cooking a delicious onion pie!"







Redstone Walks a Mile in Her Shoes for Blackburn Center

Gender-based violence is a serious topic that knows no age limits. Redstone staff, residents, volunteers and friends recognize the gravity of the situation and have chosen Blackburn Center as one of the many organizations in Westmoreland County to support as part of the monthly Charities of Choice program. While the issue is sobering, the method of raising money is anything but. In fact, Redstone has put the FUN in fundraising with a unique twist on Blackburn Center's "Walk A Mile in Her Shoes" signature event. And doing the twist is just one of the dance moves that resulted in donations in excess of \$3,000 this year. Each April, Blackburn Center holds a community walk where men as allies don red shoes – often high heels – to raise funds and awareness in support of survivors and victims. Rather than attend this single event, Redstone hosted separate "walks" on all three campuses, with the participants choosing special songs and steps with audience appeal to lighten the mood while highlighting the cause.



As events are held on each campus, residents are able to engage on-site with the mission. Renee Reitz, Executive Director of Blackburn Center, applauded the cleverness of Redstone's endeavor, which has raised more than \$8,000 since 2021 in direct support of those impacted by violence and crime. "What a wonderful way to include more members of our community, supporting our community for a serious issue in a comfortable and fun manner. No travel required!" Renee is equally impressed with Redstone's leadership in promoting and providing a safe environment for those who are among society's most vulnerable. "Older adults are often targeted because they tend to be trusting," she affirmed. "Abuse in later life is defined as the willful abuse, neglect, or financial exploitation of an older adult who is age 50+, which is perpetrated by someone in an ongoing, trust-based relationship. Redstone has taken a stand against such violence in its hiring, training and care practices. The fundraising is a visible affirmation that such mistreatment is unacceptable. We are so fortunate to have such a committed organization serving our community."

DOVE Employee Recognition Program at Redstone

The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our community. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any campus, by scanning the QR code, or by visiting **www.surveymonkey.com/r/RPSDove**.



SCAN ME

It's Time for the Redstone Pet Contest!

It's time for the annual Redstone Pet Photo Contest **benefitting the Humane Society of Westmoreland County.** As last year, a winner will be named in **each** category of this community-wide contest. (Limit 1 category per pet—**FOR EXAMPLE**: Fluffy and Rufus can be entered into/as Best Pet Duo, but neither should be entered into *an additional* category). Donations can be cash or checks made payable to HSWC. Proceeds donated in honor of the name of winning pet in each category. ALL TYPES OF PETS WELCOME!

Contest Categories:

1. Best Pet Duo/Group 2. Funniest Picture 3. Best Dressed 4. Biggest Personality

PHOTO SUBMISSIONS August 1—11: \$5 DONATION PER PET

Please submit photo & donation to front desk. Please include pet's name AND category, campus, human's name, and human's phone number.



**To submit pics digitally, please email MissionSupport@redstone.org. Put in email subject line 'Pet Contest Submission' so we don't miss you!

VOTING IN GIFT SHOPS August 15—25: \$1 DONATION PER VOTE

Contact Alaina at AlFisher@redstone.org or X 3307 with any questions. No limit to voting! **Proceeds benefit Humane Society of Westmoreland County.**