

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>August 2025</div> <div>NORTH HUNTINGDON VILLAS</div> </div>					<div> <div>1</div> <div>Exercise 8:30/9:00 am</div> <div>Outing for those with reservations. Departing Clubhouse at 11:00 am</div> </div>	<div> <div>2</div> <div>Cardio Drumming w/Carol 9:30 am</div> </div>
<div> <div>3</div> <div>Chair Yoga/Low Impact Aerobics 5:45 pm (YouTube Videos)</div> </div>	<div> <div>4</div> <div>Exercise 8:30/9:00 am</div> </div>	<div> <div>5</div> <div>Cardio Drumming w/Carol 9:30 am</div> <div>Chaplain Chat 1:00 pm</div> <div>Giant Eagle 9:30 am</div> <div>Shope & Save 10:30 am</div> <div>Banks 11:30 am</div> </div>	<div> <div>6</div> <div>Exercise 8:30/9:00 am</div> <div>Games 2:00 pm</div> <div>Alzheimer's Support Group (top of hill) 3:00 pm</div> </div>	<div> <div>7</div> <div>Private 10:00 am</div> <div>Great Courses 1:00 pm</div> </div>	<div> <div>8</div> <div>Exercise 8:30/9:00 am</div> <div>Twin Oaks 3:45 pm</div> </div>	<div> <div>9</div> <div>Cardio Drumming w/Carol 9:30 am</div> </div>
<div> <div>10</div> <div>Chair Yoga/Low Impact Aerobics 5:45 pm (YouTube Videos)</div> </div>	<div> <div>11</div> <div>Exercise 8:30/9:00 am</div> <div>Men's Burgers 12:00 pm (top of hill)</div> <div>Blue Book of Values 1:00 pm</div> <div>Westmoreland Mall 1:00 pm</div> </div>	<div> <div>12</div> <div>Cadio Drumming w/Carol 9:30 am</div> <div>Chaplain Chat</div> <div>Giant Eagle 9:30 am</div> <div>Shope & Save 10:30 am</div> <div>Banks 11:30 am</div> </div>	<div> <div>13</div> <div>Exercise 8:30/9:00 am</div> <div>Savvy Seniors 10:00 am</div> </div>	<div> <div>14</div> <div>Great Courses 1:00 pm</div> <div>Wine & Dine 5:00 pm</div> </div>	<div> <div>15</div> <div>Exercise 8:30/9:00 am</div> <div>Book Club 1:00 pm</div> <div>Hofbräuhaus 12:00 pm</div> </div>	<div> <div>16</div> <div>Cardio Drumming w/Carol 9:30 am</div> </div>
<div> <div>17</div> <div>Chair Yoga/Low Impact Aerobics 5:45 pm (YouTube Videos)</div> </div>	<div> <div>18</div> <div>Exercise 8:30/9:00 am</div> <div>Private 11:00 am</div> <div>Wellness Clinic 1:30-2:00 pm</div> <div>Games 2:00 pm</div> <div>Giant Eagle/Aldi 1:00 pm</div> </div>	<div> <div>19</div> <div>Cardio Drumming w/Carol 9:30 am</div> <div>Chaplain Chat 1:00 pm</div> <div>Giant Eagle 9:30 am</div> <div>Shope & Save 10:30 am</div> <div>Banks 11:30 am</div> </div>	<div> <div>20</div> <div>Exercise 8:30/9:00 am</div> <div>Drumming w/Cecily 2:30 pm</div> </div>	<div> <div>21</div> <div>Great Courses 1:00 pm]</div> </div>	<div> <div>22</div> <div>Exercise 8:30/9:00 am</div> <div>Donuts 9:30 am</div> <div>Olive Garden 3:45 pm</div> </div>	<div> <div>23</div> <div>Cardio Drumming w/Carol 9:30 am</div> </div>
<div> <div>24</div> <div>Chair Yoga/Low Impact Aerobics 5:45 pm (YouTube Videos)</div> </div>	<div> <div>25</div> <div>Exercise 8:30/9:00 am</div> <div>Parkinson's Support Group 1:30 pm</div> <div>Walmart/Target 1:00 pm</div> </div>	<div> <div>26</div> <div>Cardio Drumming w/Carol 9:30 am</div> <div>Chaplain Chat 1:00 pm</div> <div>Giant Eagle 9:30 am</div> <div>Shope & Save 10:30 am</div> <div>Banks 11:30 am</div> </div>	<div> <div>27</div> <div>Exercise 9:00/9:30 am</div> <div>Lunch Bunch 12:00 noon</div> </div>	<div> <div>28</div> <div>Great Courses 1:00 pm</div> </div>	<div> <div>29</div> <div>Exercise 8:30/9:00 am</div> <div>Three Rivers Casino 9:30 am</div> </div>	<div> <div>30</div> <div>Mission Support Yard Sale 10:00 am</div> <div>Cardio Drumming w/Carol 9:30 am</div> </div>
<div> <div>31</div> <div>Chair Yoga/Low Impact Aerobics 5:45 pm (YouTube Videos)</div> </div>						