



Redstone Highlands® Communities

IL Calendar

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location 2nd 2nd Floor Card Room AC ART AND CRAFTS CN First Floor Conference/Card Room CP Chapel CR Fourth Floor Card room CR3 Third Floor Card Room DR Veranda Dining Room	HL Highlanders ML Main Lobby MS Medical Suite	9:00 Herbs for Health and Wellness Class (CR) 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 1:00 Wii Bowling Team 2 (AC) 2:30 Circle Fellowship w/ Chaplain Drew (CP) 2:30 Lifestyle Committee Meeting (AC) 7:00 BINGO (Veranda) (AC)	1 9:30 Grocery Bank Drugstore (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 1:00 MANAGEMENT COUNCIL 1PM (CP) 2:00 Poker Club (HL) 4:30 Rizzo's - Crabtree (AC)	2 10:00 Move and Groove (CP) 10:30 Balance (CP) 11:00 Soup for the Soul (HL) 11:30 Yoga Ball Drum Circle (CP) 1:00 Music with Patrick and Joel (CP) 2:00 Memory Class (AC)	3 Puzzle Room (CN) 1:00 Popcorn and a Movie (AC) 3:00 Game in Highlanders (HL)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Worship Service (CP) 5	WINDOW CLEANING 4TH FLOOR 6 10:00 Move and Groove (Veranda) (CP) 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) (HL)	WINDOW CLEANING 3RD FLOOR 7 10:30 Yoga/ Stretching (CP) 10:30 Birthday Donuts (HL) 11:00 Great Courses 1:00 Game Time (HL) 2:00 Bible Study (AC)	WINDOW CLEANING 2ND FLOOR 8 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 11:00 Simple Blessings (HL) 11:30 Men's Luncheon (AC) 1:00 Wii Bowling Team 2 (AC) 2:30 Circle Fellowship w/ Chaplain Drew (CP) 7:00 BINGO (Veranda) (AC)	9 9:30 Grocery Bank Drugstore (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 2:00 Poker Club (HL) 4:30 Edo's Hibachi Restaurant (ML)	10 10:00 Move and Groove (CP) 10:00 Murrysville Women's Club Art Show (CP) 10:30 Balance (CP) 12:45 Walmart - sign up on the K4 app or in the mailroom (ML) 2:00 Memory Class (AC)	11 Puzzle Room (CN) 10:00 Murrysville Women's Club Art Show (CP) 3:00 Game in Highlanders (HL)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Worship Service (CP) 12	13 10:00 Move and Groove (Veranda) (CP) 10:30 Better Balance (CP) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) (HL)	14 10:00 Food Committee Meeting (DR) 10:30 Yoga/ Stretching (CP) 11:00 Great Courses 1:00 Game Time (HL) 2:00 Bible Study (AC)	15 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 1:00 Wii Bowling Team 2 (AC) 2:30 Circle Fellowship w/ Chaplain Drew (CP) 7:00 BINGO (Veranda) (AC)	16 9:30 Grocery Bank Drugstore (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 12:45 Aldi's/CVS (ML) 1:00 Alzheimer's Support Group (2nd) 2:00 Poker Club (HL) 4:30 Tai Pei Tokyo - Monroeville (ML)	17 10:00 Move and Groove (CP) 10:30 Balance (CP) 11:00 Travelogue - Poland! (AC) 11:30 Yoga Ball Drum Circle (CP) 1:00 Blessing of the Pets (CP) 2:00 Memory Class (AC)	18 Puzzle Room (CN) 3:00 Game in Highlanders (HL)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Worship Service (CP) 19	20 10:00 Move and Groove (Veranda) (CP) 10:30 Better Balance (CP) 1:00 BINGO HIGHLANDERS (HL) 3:00 Alma's 100th Birthday Celebration! (HL) 3:00 Happy Hour (Veranda) (HL)	21 10:30 Yoga/ Stretching (CP) 11:00 Great Courses 1:00 Game Time (HL) 2:00 Bible Study (AC) 3:00 Therapy Dogs (ML)	22 9:00 Origins of the American Revolution (CR) 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 11:00 Simple Blessings (HL) 1:00 Wii Bowling Team 2 (AC) 2:00 Resident Book Club (CR3) 2:30 Circle Fellowship w/ Chaplain Drew (CP) 7:00 BINGO (Veranda) (AC)	23 9:30 Grocery Bank Drugstore (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 2:00 Poetry Group (2nd) 2:00 Poker Club (HL) 3:00 Music with Volunteer Faye (CP) 4:30 Applebee's - Murrysville (ML) 6:00 2025 Fling Cabaret (CP)	24 10:00 Move and Groove (CP) 10:30 Balance (CP) 12:45 Westmoreland Mall and LIVE! Casino (ML) 2:00 Memory Class (AC)	25 Puzzle Room (CN) 3:00 Game in Highlanders (HL) 5:30 1st/Ground Floor Social (AC)
11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Worship Service (CP) 26	27 10:00 Move and Groove (Veranda) (CP) 10:30 Better Balance (CP) 1:00 BINGO HIGHLANDERS (HL) 3:00 Halloween Happy Hour (Veranda) (HL)	28 10:30 Yoga/ Stretching (CP) 11:00 Great Courses 1:00 Game Time (HL) 2:00 Bible Study (AC) 2:00 Redstone Poetry Group (2nd)	29 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 1:00 Wii Bowling Team 2 (AC) 2:30 Circle Fellowship w/ Chaplain Drew (CP) 7:00 BINGO (Veranda) (AC) 10:30 Trick or Treating with local Preschoolers (ML)	30 9:30 Grocery Bank Drugstore (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 2:00 Poker Club (HL) 4:30 Mohan's - Penn Hills (ML)	31 10:00 Move and Groove (CP) 10:30 Balance (CP) 2:00 Memory Class (AC)	