



Redstone Highlands® Communities

IL Calendar

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Yoga/ Stretching (CP) 10:30 Birthday Donuts (HL) 11:00 Great Courses 11:00am 1:00 Game Time (HL) 2:00 Bible Study (AC)	2 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 1:00 Wii Bowling Team 2 (AC) 1:30 Catholic Service (CP) 2:30 Lifestyle Committee Meeting (AC) 7:00 BINGO (Veranda) (AC)	3 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 1:00 Wii Bowling Team 2 (AC) 1:30 Catholic Service (CP) 2:30 Lifestyle Committee Meeting (AC) 7:00 BINGO (Veranda) (AC)	4 9:30 Grocery Bank Drugstore (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 1:00 RESIDENT COUNCIL 1PM (CP) 2:00 Let's Try Poker (HL) 4:30 Dinner at Bon Cibo (ML)	5 10:00 Move and Groove (CP) 10:30 Balance (CP) 11:00 Walking Club (ML) 11:30 Yoga Ball Drum Circle (CP) 2:00 Memory Class (AC) 3:00 Trivia Group (HL)	6 Puzzle Room (CN) 1:00 Saturday Afternoon Matinee with Popcorn (AC) 3:00 Game in Highlanders (HL)
7 11:00 Mother of Sorrows Shuttle (ML) 1:00 Let's Go Steelers! (HL) 2:30 Chapel Worship Service (CP)	8 10:00 Move and Groove (Veranda) (CP) 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) (HL) 6:30 John Parrendo - Violinist (CP)	9 10:00 Food Committee Meeting (DR) 10:30 Yoga/ Stretching (CP) 11:00 Great Courses 1:00 Game Time (HL) 2:00 Bible Study (AC)	10 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 11:00 Simple Blessings (HL) 11:30 Men's Luncheon (AC) 1:00 Wii Bowling Team 2 (AC) 1:30 Catholic Service (CP) 7:00 BINGO (Veranda) (AC)	11 9:30 Grocery Bank Drugstore (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 11:00 FLU AND COVID VACCINE CLINIC 11:00AM -2PM (CP) 2:00 Let's Try Poker (HL) 4:30 Dinner at Tulum(Mexican) (ML)	12 10:00 Move and Groove (CP) 10:00 Wii Bowl Tournament-NH Campus (ML) 10:30 Balance (CP) 11:00 Walking Club (ML) 2:00 Memory Class (AC) 3:00 Trivia Group (HL) 11:45 Wal-Mart (ML)	13 Puzzle Room (CN) 1:00 Saturday Afternoon Matinee with Popcorn (AC) 3:00 Game in Highlanders (HL)
14 10:30 St. John's - Delmont (ML) 1:00 Pittsburgh Steelers vs. Seattle Seahawks (HL) 2:30 Chapel Worship Service (CP)	15 10:00 Move and Groove (Veranda) ARTS AND CRAFTS ROOM (CP) 10:30 Better Balance (CP) 10:30 Better Balance ARTS AND CRAFTS ROOM (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 3:00 Happy Hour (Veranda) (HL)	16 10:30 Yoga/ Stretching (CP) 11:00 Great Courses 1:00 Game Time (HL) 2:00 Bible Study (AC)	17 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 12:00 Lunch & Communion w/ Newlonsburg Presby. (AC) 1:30 Catholic Service (CP) 1:30 Wii Bowling Team 2-time change, this week only (AC) 7:00 BINGO (Veranda) (AC)	18 9:30 Grocery Trip changed to 9:00 a.m.-this week only (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 11:00 Independent Living Picnic (ML) 1:00 Gospel Songs W/Beryl (CP) 2:00 Let's Try Poker (HL) 2:00 Spiritual Life Committee Meeting (CR) 4:30 Dinner at DJ's BBQ in Murrysville (ML)	19 10:00 Move and Groove (CP) 10:30 Balance (CP) 11:00 K4 Training (AC) 11:30 Yoga Ball Drum Circle (CP) 12:45 Aldi's/CVS (ML) 1:00 Travelogue - Sweden! (AC) 2:00 Memory Class (AC) 3:00 Trivia Group (HL)	20 Puzzle Room (CN) 1:00 Broadway's Best (CP) 3:00 Game in Highlanders (HL)
21 10:30 St. John's - Delmont (ML) 2:30 Chapel Worship Service (CP)	22 10:00 Move and Groove (Veranda) (CP) 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 1:00 BINGO HIGHLANDERS (HL) 2:00 Resident Book Club (AC) 3:00 Happy Hour (Veranda) (HL)	23 10:30 Yoga/ Stretching (CP) 11:00 Great Courses 1:00 Game Time (HL) 2:00 Bible Study (AC)	24 10:00 Move and Groove with Bands (CP) 10:30 Better Balance (CP) 11:00 Simple Blessings (HL) 1:00 Wii Bowling Team 2 (AC) 1:30 Catholic Service (CP) 7:00 BINGO (Veranda) (AC)	25 9:30 Grocery Bank Drugstore (ML) 10:30 Yoga (CP) 11:00 Wii Bowling Team 1 (AC) 2:00 Let's Try Poker (HL) 2:00 Poetry Group (2nd) 4:30 Dinner at 80 acres - meet at 4 (ML)	26 10:00 Move and Groove (CP) 10:30 Balance (CP) 12:45 Kohl's (ML) 2:00 Memory Class (AC) 3:00 Trivia Group (HL)	27 Puzzle Room (CN) 1:00 Saturday Afternoon Matinee with Popcorn (AC) 3:00 Game in Highlanders (HL) 5:00 2nd Floor Social (2 E)
28 11:00 Mother of Sorrows Shuttle (ML) 2:30 Chapel Worship Service (CP)	29 10:00 Move and Groove (Veranda) (CP) 10:30 Better Balance (CP) 11:00 BLOOD PRESSURE (MS) 11:00 Fall Fest - Full Day of Fun Activities! 3:00 Happy Hour (Veranda) (HL)	30 10:30 Yoga/ Stretching (CP) 11:00 Great Courses 1:00 Game Time (HL) 2:00 Bible Study (AC)	Location 2 2nd Floor Elevator Lobby EN 2nd Floor Card Room AC ART AND CRAFTS CN First Floor Conference/Card Room CP Chapel CR Fourth Floor Card room DR eranda Dining Room			HL highlanders ML ain Lobby MS edical Suite