	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		NO ACTIVITIES TODAY OFFICE CLOSED	Chaplain Chat 1:00 pm	Exercise 8:30/9:00 am  Alzheimer's Support Group (top of hill) 3:00 pm	Private (Charlene L) 10:00 am	Exercise 8:30/9:00 am  Outing to Ligonier for those that signed up 10:30 am departure from	<b>6</b> Cardio Drumming w/Carol 9:30 am	
_		Labor Day	Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am			Clubhouse		
4	Aerobics 5:45 pm	7   8  Exercise 8:30/9:00 am	Cardio Drumming w/Carol	10	1	1 12	13	,
				Exercise 8:30/9:00 am	Wine & Dine 5:00 pm		Cardio Drumming w/Carol	
	(YouTube videos)	Men's Burger 12:00 pm (top of hill)	Chaplain Chat 1:00 pm	Games 2:00 pm			9:30 am	
		Blue Book of Values 1:00 pm	Giant Eagle 9:30 am Shop & Save 10:30 am					
ŀ	Grandparents Day	Westmoreland Mall 1:00 pm 15	Banks 11:30 am <b>16</b>	17	18	3 19	20	
	Chair Yoga/Low Impact	Exercise 8:30/9:00 am	Cardio Drumming w/Carol					
	Aerobics 5:45 pm (YouTube videos)	Private (Taska) 11:00 am	9:30 am	Exercise 8:30/9:00 am	All Campus Picnic	Exercise 8:30/9:00 am	Cardio Drumming w/Carol 9:30 am	
	,	Wellness Clinic 1:30-2:00 pm		Community Management Meeting 11:00 am		Book Club 1:00 pm		
		Giant Eagle 1:00 pm	Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	Drumming w/Cicely 2:30 pm		Cheesecake Factory 11:00 am	Oktoberfest Begins	
-	2.			24	2:		, v	,
4	Chair Yoga/Low Impact Aerobics 5:45 pm (YouTube videos)	Exercise 8:30/9:00 am	Cardio Drumming w/Carol	Exercise 8:30/9:00 am	Private (Management	Exercise 8:30/9:00 am	Cardio Drumming w/Carol 9:30 am	
		Savvy Seniors 11:00 am	Chaplain Chat 1:00 pm	Games 2:00 pm	Excellence) 11:00 am	Donuts 9:30 am	9.50 am	
		Parkinson's Support Group 1:30 pm		•				
1		Walmart/Target 1:00 pm Rosh Hashanah Begins Autumn Begins	Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am			Ligonier 10:30 am		
/	Chair Yoga/Low Impact Aerobics 5:45 pm (YouTube videos)				atam		00E	
	(		Chaplain Chat 1:00 pm	26	JUCIII	ber 2	UZ5	
			Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am		<u> </u>	NGDON VILLAS		