Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	tober 2 ORTH HUNTINGDON VILLE		Exercise 8:30/9:00 am Seniors for Safe Driving 12:00 noon Alzheimer's Support Group 3:00 pm (top of hill)	Private 10:00 am Great Courses 1:00 pm Meet New CEO & Senior Leaders 6:30 pm (Chapel)	Exercise 8:30/9:00 am Outing for those with reservations to Le Mont in Pittsburgh (Depart 4:00 pm)	Cardio Drumming w/Carol 9:30 am
Chair Yoga/Low Impact	Exercise 8:30/9:00 am Savvy Seniors 11:00 am	Cardio Drumming w/Carol 9:30 am Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	7 Exercise 8:30/9:00 am Games 2:00 pm	Great Courses 1:00 pm Wine & Dine 4:00 pm	Exercise 8:30/9:00 am Private 10:00 am Fortune Star 11:30 am	Cardio Drumming w/Carol 9:30 am
12	13	1	4 1	5 1		18
Aerobics (YouTube Videos) 5:45 pm	Exercise 8:30/9:00 am Men's Burgers 12:00 pm (Top of Hill) Blue Book of Values 1:00 pm Westmoreland Mall 1:00 pm Exercise 8:30/9:00 am	Shop & Save 10:30 am Banks 11:30 am	Exercise 8:30/9:00 am Drumming w/Cicely 2:30 pm 1 Exercise 8:30/9:00 am		Exercise 8:30/9:00 am Book Club 1:00 pm Dick's Diner 3:00 pm 24	Cardio Drumming w/Carol 9:30 am
5:45 pm `	Private 11:00 am Wellness Clinic 1:30-2:00 pm Giant Eagle 1:00 pm	Cardio Drumming w/Carol 9:30 am Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	Lunch Bunch 12:00 noon	Great Courses 1:00 pm	Exercise 8:30/9:00 am Donuts 9:30 am The Boulevard 11:00 am	Cardio Drumming w/Carol 9:30 am
26	27	2	8 2	9	0 31	
Chair Yoga/Low Impact Aerobics (YouTube Videos) 5:45 pm	Exercise 8:30/9:00 am Parkinson's Support Group 1:30 pm Walmart/Target 1:00 pm	Cardio Drumming w/Carol 9:30 am Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	Exercise 8:30/9:00 am Games 2:00 pm	No Great Courses today Private Meeting (all day)	Exercise 8:30/9:00 am Brickhouse 3:45 pm	