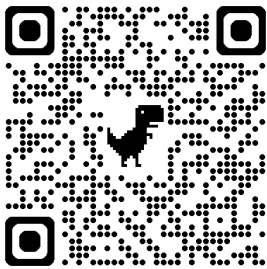


The Window

Presidents Council—Lisa Dormire, VP for Mission Support

It’s the most wonderful time of the year when we are focused on the annual Highlands Fling. The “Fling,” as it has come to be known, has been an annual event supporting Benevolent Care at Redstone for 23 years. The event on November 15th this year marks our 24th celebration! It will be an upscale event at Stratigos Event Center in North Huntingdon, PA. Supporting the Fling has a direct impact upon the availability of Benevolent Care at Redstone, the program that provides financial support for residents who have outlived their financial resources. Benevolent Care ensures that these residents have a home for life in a place that they love. There are many ways that you can be involved! Tickets and game packages are now available to purchase. Come and enjoy a spectacular evening! Cash donations, along with donations for our raffles and auctions are critical to the success of the Fling. Encouraging your friends and family to participate is also very helpful. And for our residents, you will be receiving an invitation to attend a “Fling Cabaret” on your campus in the weeks leading up to the public event. This year’s theme is “What Happens in Vegas,” so we are looking forward to a lively evening of entertainment, dining, dancing, games, and raising funds for residents at Redstone. To learn more about purchasing tickets or to make a donation of an item or money, call Gia at (724) 832-8401 X 3378 and she will assist you. Together, we can make this year’s Fling successful and fun. Remember, what happens in Vegas stays in Vegas, but what happens at Redstone should be shared with the world!



September Is Healthy Aging Month

Healthy Aging Month is a time to celebrate the choices, habits, and resources that help us live well at every stage of life. At Redstone, our blog offers articles that support seniors in staying strong, healthy, and connected. Visit our blog to learn more about the posts below!

- *Living with Congestive Heart Failure:* Managing heart health takes small, mindful steps like choosing low-sodium foods and staying active within your ability. These changes can make everyday life more comfortable and give you more energy to enjoy the things you love.
- *Strength and Balance Fitness Helps Prevent Falls:* Gentle stretching or chair exercises improve mobility and confidence. Preventing falls isn’t just about safety, it’s about maintaining independence and enjoying daily activities without worry.
- *Urinary Tract Infections—Symptoms & Solutions:* Recognize early signs of infection and know when to seek care. Staying informed helps you take action quickly, keeping you healthier and more at ease.

Whether it’s eating more fresh foods, moving your body regularly, or sharing laughter and conversation with friends, every small step contributes to better health. Caring for our bodies, engaging our minds, and leaning on the support of our community make aging a positive journey. Keep learning with us! Our Redstone blog has resources covering wellness, fitness, and more. Exploring these articles can give you ideas to build healthier habits and find new ways to live with purpose and joy. Visit [redstone.org/blog](http://redstone.org/blog) to read the full articles and discover even more tips for healthy aging.

Soup for the Soul, Benefitting Westmoreland County Food Bank

Join us for a simple lunch of soup and bread on Friday, October 3 any time between 11 am and 2 pm. Enjoy potato or butternut squash soup, bread, and water for a donation of \$10 per person. A large percentage of this donation will be given to the Westmoreland County Food Bank to support programs to address food insecurity in our area. If you prefer, you can take a 16 oz container of soup and slice of bread to go. While this may be a simpler lunch than we are often used to eating, it will allow us to help provide food for those who are hungry in our communities and who make use of the Westmoreland County Food Bank. This soup will be good for your soul as we come together as a Redstone community to support our neighbors. **Please pre-register by filling out the form and returning it to the front desk by Friday, September 26.**

**Greensburg Campus:** Veranda Arts & Crafts Room  
**North Huntingdon Campus:** Highlanders  
**Murrysville Campus:** Highlanders



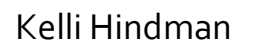
Pet Photo Contest Benefitting Humane Society of Westmoreland County

Congratulations to the first place winners of the 2025 Redstone Pet Photo Contest and thank you to everyone who participated. Our community raised \$836.00 to be donated to HSWC in addition to a few items of pet food! Proceeds from this fundraiser will be donated in honor of Nicco (Funniest Picture), Angel (Biggest Personality), Bocci & Troy (Best Pet Duo), and Cadie (Best Dressed).

<p><b>FUNNIEST PICTURE</b></p> <p><b>WINNER</b></p> <p> Nicco Nancy Loughner</p> <p> Tillie Lisa Hainaut</p>	<p><b>BIGGEST PERSONALITY</b></p> <p><b>WINNER</b></p> <p> Angel Ruth Perry</p> <p> Bruiser Tina Taylor</p>
<p><b>BEST PET DUO</b></p> <p><b>WINNER</b></p> <p> Bocci &amp; Troy Bey Bertoldo &amp; Dorothy Stembis</p> <p> Tabby &amp; Topaz Beth Goshorn</p>	<p><b>BEST DRESSED</b></p> <p><b>WINNER</b></p> <p> Cadie Lisa Hamant</p> <p> Diva Jamie Good</p>



When you are good at what you do, opportunities arise to have a wider sphere of influence. That's certainly true for Maura Gray and Kelli Hindman, who take their knowledge and expertise from positions within Redstone@Home to new roles with Presbyterian SeniorCare Network, with offices at Longwood on the Oakmont campus. Best of all, the teamwork they shared at Redstone will make their transitions to greater responsibilities go more smoothly. Maura came to Redstone eight years ago as a palliative care coordinator, followed by time as quality director. For the past six years she served as Hospice Clinical Team Leader, where she was successful in expanding utilization. Her new position as the Home Health Administrator for Presbyterian Senior Care provides a wider platform from which to grow services as well as focus on staff coordination and retention. Maura has a unique perspective on the importance of home health. Certified in burn, critical and trauma care, this bachelor's prepared nurse has worked in hospital emergency rooms, trauma units and medical helicopter transport. "There was an adrenaline rush in those assignments, but eventually it wore off," she acknowledged. "That's where I moved into hospice care, and was blessed to work with (recent Redstone retiree) Karen Rose at Family Hospice, and eventually come to Redstone. So I've had experience in saving lives and helping with end-of-life transitions." One of the biggest take-aways from her time as a hospital nurse is the importance of discharge planning from the time of admission so that patients receive as much support as possible once they leave. "In my new position, I want to encourage the full-circle assessment of the patient and determine the best course of action to meet both the immediate and long-term needs." The married mother of two boys, Maura is proud that one of her sons is an Army officer with the 82nd Airborne, and that he provided service to Redstone home care patients as a personal care assistant while in college. Kelli brings more than two decades of home health experience, including 10-plus years at Redstone most recently as a Home Health Clinical Team Leader, to the newly created position of Manager of Performance Improvement and Education at PSC. Her introduction to home health came during a shadowing opportunity for the young single mother working night shifts as a nurse, and she fell in love with home caring and never looked back. Kelli is grateful to Redstone for scholarships that enabled her to earn her bachelor's degree in nursing from Carlow University. "Redstone's culture and core values will help shape my approach to my new role," she added. "As a team leader I knew the importance of seeing the bigger picture, not just doing today's work correctly, but the whole week or the quarter or the year," she explained. "That was difficult given the immediacy of the work. Now that I will no longer be involved in day-to-day patient care, I will have the opportunity to take what I've learned and apply it in a broader fashion." A large portion of Kelli's time will be spent on maintaining a constant state of readiness for Pennsylvania Department of Health surveys. And of course, looking for ways Redstone and the entire PSC network can benefit.



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PRESBYTERIAN SENIORCARE INVITES YOU TO

# THE 2025 HIGHLANDS FLING LAS VEGAS

LIVE MUSIC BY  
**THE MURPHY'S MUSIC CENTER BIG BAND  
FEATURING "ALMOST SINATRA"**

**SATURDAY  
NOVEMBER 15, 2025**



**Redstone**

**SAVE THE DATE**

**SATURDAY, NOVEMBER 15, 2025**  
At 6:00PM | Stratigos Banquet Centre, North Huntingdon, PA

JOIN US FOR A MEMORABLE NIGHT OF DINNER,  
AUCTIONS, RAFFLES, GAMES, DANCING, AND MORE!

 **THE MURPHY'S MUSIC CENTER BIG BAND  
FEATURING "ALMOST SINATRA"**

FORMAL INVITATIONS WILL BE MAILED IN SEPTEMBER.  
FOR SPONSORSHIP OPPORTUNITIES, TICKET SALES, OR  
DONATING ITEMS, CONTACT US AT:  
Phone: 724-832-8401 Ext. 3378  
Email: [MissionSupport@redstone.org](mailto:MissionSupport@redstone.org)  
Online: [www.redstone.org/highlands-fling](http://www.redstone.org/highlands-fling)

Proceeds benefit Benevolent Care at Redstone



Maggie joined Redstone as a volunteer in June 2025, bringing her enthusiasm and friendliness to our gift shops. She was inspired to volunteer as a way to build her work ethic, while also helping others and learning more about the lives of Redstone residents. During her time with us, Maggie has discovered how much she enjoys connecting with people. She's grown in her communication skills, strengthened her confidence in handling tasks like counting change, and found joy in getting to know residents on a personal level. Maggie describes her greatest strength as making new friends and starting conversations—something that helps her create meaningful connections with everyone she meets. Outside of Redstone, Maggie loves playing video games and spending time with her friends. When asked what advice she would give to others thinking about volunteering, she shared, "Always try your best to learn about the person you are talking to as a volunteer."

The DOVE Recognition Program seeks to recognize the many wonderful things that employees in the Redstone Family do each and every day while serving our community. Have you witnessed an employee going "above and beyond" while serving our residents, their families, or fellow staff members? Submit their name for DOVE Recognition. You can recognize employees by completing a card located at the DOVE cases at any campus, by scanning the QR code, or by visiting **[www.surveymonkey.com/r/RPSDove](https://www.surveymonkey.com/r/RPSDove)**.

