

The Window

Presidents Council— Vicki Loucks, President & CEO

Redstone Earns Great Place to Work® Certification Again! We're proud to share that Redstone has once again been officially certified as a Great Place to Work®! This recognition is based on feedback from our employees, and we're thrilled to announce that over 80% of team members who participated in the survey said Redstone is a great place to work. This achievement reflects the dedication and commitment of every person at Redstone to creating a positive, supportive, and engaging workplace. While the survey highlighted some areas for improvement—which we'll continue to work on together—the overall results show that Redstone ranks high in fostering a culture where people feel valued and proud to contribute. Thank you to everyone who took the time to share your feedback. Your voices help us grow stronger and ensure Redstone remains a place where people love to work. Here's to continuing our journey of excellence—together!



Redstone Nurse Aide Program Celebrates Graduates

The first Nurse Aide training program offered at Redstone in nearly a decade has produced its initial six graduates and all are using their newfound skills to benefit the Redstone family. Nurse Aide educator Dori Webb, herself an LPN, couldn't be more pleased to have both internal and external enrollees complete the 126-hour class offered in partnership with Health Ventures Alliance. The program's appeal is wide-ranging: training is free; participants are paid for both classroom and clinical hours when they learn essential skills and gain hands-on experience; and there's a direct path to employment at Redstone. "Best of all, we are raising the bar on the quality of caregiver at a time when healthcare workers are in peak demand," said Dori. "It's a win for everyone." She can speak from personal experience about the satisfaction she found in leaving other employment to pursue her passion. "I was around nurses all the time growing up but I was discouraged from going to nursing school as a single mother and instead went into small business administration. But it wasn't where I wanted to be, and even with three young children at home, I knew I needed to take that plunge." That was more than 35 years ago, and she's had no regrets. She can share her story with others trying to discern their future, and even utilize the skills she gained in small business to teach the importance of care that is both high quality and cost efficient. And she can promote career advancement as Redstone continues to support employees who desire to gain new skills. Two of the six graduates came to the program from other settings: Kasi Pritts previously worked in a hospital environment and is now part of the Redstone Skilled Care team; Chalayia Poston formerly worked in a group home, and is now part of Personal Care. Those already on staff at Redstone are Heather Uncapher, who moved from Personal Care to Skilled, Cody Stewart and Haley Perri, who remain in Personal Care and Kayla Williams, who stays with Hospice. Dori says their collective experiences only serve to make them better caregivers. "I tell people that you will be better at what you do when you aren't afraid to learn all aspects of a job. Understanding what it takes – whether it's taking out the trash, or cleaning up after an accident, or passing meal trays – will make you a more valuable team member and more appreciative of your coworkers and your patients." Applications are being taken for the next class, which will begin once the screening process is completed. To learn more, visit <https://redstone.recruitpro.com/jobs/305770>



Volunteer Spotlight— Patty Campbell



Patty Campbell has been volunteering in Redstone's Gift Shop since June 2025, where she enjoys helping customers and ringing up sales. Her path to Redstone began after the closure of the gift shop at Westmoreland/Independence Hospital, where she previously volunteered and missed the opportunity to serve. "Volunteering at Redstone has given me the opportunity to interact with the residents, staff, and other volunteers," Patty shared. Through her experience, she's learned that most people simply want to be recognized. Patty has also volunteered at the July 4th Twin Lakes Celebration and says she gets great satisfaction from helping others. When she's not volunteering, she enjoys spending time with family, playing in a card club, and meeting former coworkers and classmates for lunch. Her advice to fellow volunteers is simple: "Be friendly and willing to help. Show interest in what others are experiencing."

Happy New Year: Manageable Resolutions for 2026!

A new year is the perfect time to focus on small, healthy changes. New Year's resolutions don't have to be big or overwhelming—sometimes the simplest steps make the biggest difference. Gentle movement, staying connected with loved ones, enjoying favorite activities, and taking time to rest are all ways to make this year healthier and more enjoyable. Let's welcome the year ahead with care, comfort, and a little daily kindness for ourselves. Below are some ideas for resolutions!

Mental Sharpness & Memory

- Read, listen to audiobooks, or watch educational programs
- Do puzzles, word games, or simple math for fun

Home & Daily Life

- Create a simple daily routine you enjoy
- Declutter one small area each month (a drawer, shelf, or closet)

Gentle Health Focus

- Drink water regularly throughout the day
- Do light stretching or chair exercises 3-4 times a week

SOUPer Fridays Build Community at Redstone

For Redstone chaplain Julie Smith, scripture texts are more than food for thought; they are fodder for action, and like the apostle Peter whom Jesus urged to “feed my sheep,” Julie took that directive to heart. In her dual role at Redstone’s Greensburg campus, Julie provides both pastoral care and employee support. Recognizing that some staff were struggling with financial challenges, she considered how to help in a way that would build community and nourish body and soul and allow anyone, regardless of need, to participate. From her first single crockpot offering was born SOUPer Fridays. “I’ll admit, I wondered what if nobody came, but the news had people talking about how they could get involved with helping others and the idea took off,” Julie explained. “It’s like the stone soup story,” she mused. “First one person made soup, then two more, then someone brought pepperoni rolls and another a loaf of bread or rolls. A family moved and offered the contents of their pantry. People were encouraged to sign up so I know what to expect, and there are take-home containers, so that nothing is leftover. We’ve had five or six crockpots of soup on any given Friday.” The staff breakroom wasn’t large enough to accommodate the number of electrical outlets needed so SOUPer Friday was relocated to the administrative conference room, which also meant more departments could join. “Skilled Nursing was my initial focus because they can get really busy with patient care and don’t take a break,” Julie said. “Or they didn’t bring a lunch or the lobby café is closed. The reason doesn’t matter, just the result.” While the project was started to address a specific need, Julie sees faith in action on a weekly basis. The winter months are traditionally soup weather, so the Friday soup meals are ongoing. And once the temperatures rise, Julie is considering replacing a crockpot with a salad bowl. The contents might be fresh from a backyard garden, or a creative recipe that uses hearty grains as a base. “Food and fellowship go hand in hand,” Julie noted. “People are getting to know one another, so it’s so much more than a meal.”



2026 Redstone Goes Trips & Tours: Adventure Awaits!

Redstone Goes is a travel club of Redstone Highlands Communities. We are dedicated to helping seniors stay adventurous and enjoy travel with a great group of people. Modest proceeds from our trips support charitable care programs at Redstone. We have set the schedule for 2026 and we want to share the plans with you so that you can save the dates on your calendar! It will be possible to make a deposit to hold your spot immediately even before final cost is determined, and then once the full prices are updated you can choose to either continue to hold your spot or cancel and receive your deposit back. To learn more, or to register, visit <https://redstone.org/giving/redstonegoes> or call (724) 832-8401 X 3378.



Bella Terra Vineyards
January 9, 6:30-9:00p

Wicked at the Benedum
February 13

Holy Pittsburgh
March 24

Vision of the Seas
April 30-May 9

Mainly Maine
June 12-June 20

Train to Titusville
July 11-July 12

Put-in-Bay, OH
August 3-August 4

National Park Adventures
September 13-September 21

PA European Highlights
October 9-October 12

New York City
November 20-November 22

Christmas in Maryland
December 1-December 2

Hidden Masterpieces: Residents Uncover Art Around Every Corner at Redstone

Norman Rockwell and Peggy Cavalier are among the notables hiding in plain sight at Redstone’s Greensburg campus. But thanks to a committee of the resident council, their locations within the halls of Independent Living are no longer a mystery, as their whereabouts are now catalogued along with the dozens of other paintings, photographs, prints, posters and framed needlework gracing the corridors on three floors. Brainchild of council member Carol Burrows, the project proved a good fit for apartment neighbors Donna Sheridan and Joan Megrey-Haertjens, both of whom have an appreciation for art – their own or the work of others. Creator of her own holiday cards, Donna has taken classes at Greensburg Art Center and her handiwork hangs in her apartment. She also enjoys spending time at Westmoreland Museum of American Art engaging in the scavenger hunts that allow her to explore the collection more deeply. Joan’s apartment is another mini art gallery, with paintings completed by her aunt decorating the walls. Joan is hoping that they will be lovingly cared for, either by her family, or perhaps as a gift to Redstone. It’s the latter notion – that residents have left a lasting impression on Redstone through their donated artwork – that also intrigues Carol, who is never at a loss for ideas for community engagement with a twist. The project began last summer. Over several months, the friends met regularly to walk the halls, taking note of the décor. They looked for signatures or other identifying information as part of describing what they found, and made a map of each floor and hallway with a key to its contents. “There are some lovely landscapes and several recognizable pictures of Greensburg and Ligonier, but very few items have a title,” noted Donna. “Where there was information, we went to the internet and did some research to learn more.” In the sleuthing and careful examination of the artwork, Joan was pleasantly surprised to find a hidden rabbit in one piece. “It’s easy to walk by and never notice unless you look with intention,” Donna added. Happily, a painting signed by Peggy Cavalier hangs just outside Donna’s apartment and she recognized the name of this now deceased Greensburg artist. While the resulting report provides archival documentation, the women can see their efforts turned into a scavenger hunt for residents looking for ways to fill a winter’s day or engage with visiting grandchildren. Or this endeavor may be inspiration for a future “home tour” where folks might get a peak at the art adorning the walls of resident apartments. And speaking of a sneak peak, Donna and Joan found a few hidden gems when they spied a piece of art inside a men’s restroom when the door was left open. “We hadn’t considered looking there,” Donna said with a chuckle, “but then we decided we’d better check them all.”

