

H-Highlanders
 C-Chapel
 A&C-Arts & Crafts Room
 ML-Main Lobby
 CR-Card Rooms on each floor

February 2026

Calendar is subject to Change-Please check K4 daily for updates.

Great Courses is back! Tuesdays at 11 in the A&C Room. Topics are listed.

Men, please note that we are now requiring sign ups for Men's Lunch. Keep an eye out for the sign up sheet.

1	2	3	4	5	6	7
11:00-Shuttle to Mother of Sorrows-ML 2:30-Chapel Service-C 3:30-LCR-H Tu B'Shevat Begins	10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Coffee,Coloring & Conversation-H 1:00-Bingo-H Groundhog Day	10:00- COO Chat-C 10:30-Yoga/Stretch-H 1:00-Pokeno-H 2:00-Bible Study-A&C National Feed the Birds Day! Stop by the Arts & Crafts Room for a bird seed craft.	10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Wii Bowl-A&C 1:00-Bridge-CR3 1:30-Catholic Service-C 2:30-Circle Fellowship-C 7:00-Bingo-A&C	9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 1:00-Floor Chat for Ground/1st/2nd floor- CR1 2:00-Poker Club-H 4:30- Shuttle to Ginny's -ML	10:00-Move & Groove-C 10:30-Better Balance-C 1:30-Carson's Presentation on his trip to Jerusalem-C 2:00-Memory Class-A&C 3:00-Happy Hour-H (Olympics Theme) 2026 Winter Olympics Opening Ceremony!	1:00-Popcorn and a Movie-A&C 3:30-Scrabble-H
8	9	10	11	12	13	14
11:00-Shuttle to Mother of Sorrows-ML 2:30-Chapel Service-C 3:30-LCR-H	10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Coffee,Coloring & Conversation-H 1:00- Bingo-H	10:30-Yoga/Stretch-C 11:00-Great Courses - "The Rise of the Viet Cong."-A&C 1:00-Mikey D. Performs!-C 2:00-Bible Study-A&C	10:00-Move & Groove-C 10:30-Better Balance-C 11:30-Men's Luncheon-A&C (sign up in mailroom please!) 1:00-Wii Bowl-A&C 1:00-Bridge-CR3 1:30-Catholic Service-C 2:30-Circle Fellowship-C 7:00-Bingo-A&C	9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 2:00-Grief & Loss Support Group-CR2 2:00-Poker Club-H 4:30-Shuttle to Schoolhouse Tavern-ML	10:00-Move & Groove-C 10:30-Better Balance-C 12:45-Walmart-ML 2:00-Memory Class-A&C 3:00-Happy Hour w/Birthday Cake for Feb.Birthdays!-H	1:00-Popcorn and a Movie-A&C 3:30-Scrabble-H Valentine's Day
15	16	17	18	19	20	21
11:00-Shuttle to Mother of Sorrows-ML 2:30-Chapel Service-C 3:30-LCR-H	10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Coffee,Coloring & Conversation-H 1:00-Bingo-H Presidents' Day (U.S.)	10:30-Yoga/Stretch-C 11:00-Great Courses-"JFK and the Space Program." 1:00-Turkey Foot Dominoes-H 2:00-Bible Study-A&C Ramadan Beg Mardi Gras Chinese New Year (Year of the Horse)	10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Wii Bowl-A&C 1:00-Bridge-CR3 1:30-Catholiic Service-C 2:30-Circle Fellowship-C 7:00-Bingo-A&C	9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 1:00-Floor Chat for 3rd & 4th floor-CR1 2:00-Poker Club-H 4:30-Shuttle to Plaza Azteca-ML	10:00-Move & Groove-C 10:30-Better Balance-C 12:45-Aldi's /CVS-ML 1:00-Band Together-C 2:00-Memory Class-A&C 3:00-Happy Hour-H	1:00-Popcorn and a Movie-A&C 3:30-Scrabble-H
22	23	24	25	26	27	28
11:00-Shuttle to Mother of Sorrows-ML 2:30-Chapel Service-C 3:30-LCR-H	10:00-Move & Groove-C 10:30-Better Balance-C 11:00-Coffee, Coloring & Conversation-H 1:00-Bingo-H	10:30-Yoga/Stretch-C 11:00-Great Courses - "The fate of the Milky Way."-A&C 1:00-Nickel Game-H 2:00-Bible Study-A&C	10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Wii Bowl-A&C 1:00-Bridge-CR3 1:30-Catholic Service-C 2:30-CirIce Fellowship-C 3:30-Walking Clinic w/Tyler-ML 6:00-Shuttle to see Shrek Dress Rehearsal-ML (Sign up in MR)	9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretch-C 2:00- Poker Club-H 2:00-Poetry Group-CR2 4:30-Shuttle to Denunzio's-ML	10:00-Move & Groove-C 10:30-Better Balance-C 1:00- Penn Trafford Community Band-C 2:00-Memory Class-A&C 3:00-Happy Hour-H	1:00-Popcorn and a Movie-A&C 3:30-Scrabble-H