

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

NORTH HUNTINGDON VILLAS

<p>1</p> <p>Chair Yoga & Low Impact Aerobic Exercises (YouTube videos) 5:45 pm</p>	<p>2</p> <p>Exercise 8:30/9:30 am</p> <p>Groundhog Day</p>	<p>3</p> <p>Cardio Drumming w/Carol 9:30 am</p> <p>Chaplain Chat 1:00 pm</p> <p>Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am</p>	<p>4</p> <p>Exercise 8:30/9:30 am</p> <p>Games 2:00 pm</p> <p>Alzheimer Support Group 3:00 pm (top of hill)</p>	<p>5</p> <p>Great Courses 1:00 pm</p> <p>Private 10:00 am</p>	<p>6</p> <p>Exercise 8:30/9:30 am</p> <p>Outing to Wooden Door Winery for those with reservations. Depart Clubhouse at 3:00 pm</p> <p>Movie 5:30 pm</p>	<p>7</p> <p>Cardio Drumming w/Carol 9:30 am</p>
<p>8</p> <p>Chair Yoga & Low Impact Aerobic Exercises (YouTube videos) 5:45 pm</p>	<p>9</p> <p>Exercise 8:30/9:30 am</p> <p>Men's Lunch 12:00 pm (top of hill)</p> <p>Westmoreland Mall 1:00 pm</p>	<p>10</p> <p>Cardio Drumming w/Carol 9:30 am</p> <p>Chaplain Chat 1:00 pm</p> <p>Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am</p>	<p>11</p> <p>Exercise 8:30/9:30 am</p> <p>Seniors for Safe Driving 12:00 pm</p>	<p>12</p> <p>Move & Groove Exercise 9:30 am</p> <p>Great Courses 1:00 pm</p> <p>Wine & Dine 4:00 pm</p>	<p>13</p> <p>Exercise 8:30/9:30 am</p> <p>Book Club 1:00 pm</p> <p>Movie 5:30 pm</p> <p>Fortune Star 11:30 am</p>	<p>14</p> <p>Cardio Drumming w/Carol 9:30 am</p> <p>Valentine's Day</p>
<p>15</p> <p>Chair Yoga & Low Impact Aerobic Exercises (YouTube videos) 5:45 pm</p>	<p>16</p> <p>Exercise 8:30/9:00 am</p> <p>Private 11:00 am</p> <p>BP/Wellness Clinic 1:30 – 2:00 pm</p> <p>Kohl's/Aldi 1:00 pm</p> <p>Presidents' Day (U.S.)</p>	<p>17</p> <p>Cardio Drumming w/Carol 9:30 am</p> <p>Chaplain Chat 1:00 pm</p> <p>Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am</p>	<p>18</p> <p>Exercise 8:30/9:30 am</p> <p>Drumming w/Cecily 2:30 pm</p>	<p>19</p> <p>Move & Groove Exercise 9:30 am</p> <p>Great Courses 1:00 pm</p>	<p>20</p> <p>Exercise 8:30/9:30 am</p> <p>Games 2:00 pm</p> <p>Movie 5:30 pm</p> <p>Dick's Diner 11:30 am</p>	<p>21</p> <p>Cardio Drumming w/Carol 9:30 am</p>
<p>22</p> <p>Chair Yoga & Low Impact Aerobic Exercises (YouTube videos) 5:45 pm</p>	<p>23</p> <p>Exercise 8:30/9:00 am</p> <p>Parkinson's Support Group 1:30 pm</p> <p>Walmart/Target 1:00 pm</p>	<p>24</p> <p>Cardio Drumming w/Carol 9:30 am</p> <p>Chaplain Chat 1:00 pm</p> <p>Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am</p>	<p>25</p> <p>Exercise 8:30/9:30 am</p> <p>Lunch Bunch 12:00 pm</p>	<p>26</p> <p>Move & Groove Exercise 9:30 am</p> <p>Great Courses 1:00 pm</p>	<p>27</p> <p>Exercise 8:30/9:30 am</p> <p>Donuts 9:30 am</p> <p>Movie 5:30 pm</p> <p>Twin Oaks 3:30 pm</p>	<p>28</p> <p>Cardio Drumming w/Carol 9:30 am</p>