

Sunday

Monday

Tuesday

Wednesday

Thursday

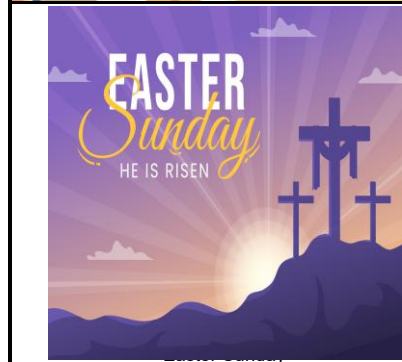
Friday

Saturday



# April 2026

NORTH HUNTINGDON VILLAS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Exercise 8:30/9:00 am Alzheimer's Support Group (top of hill) 3:00 pm	1 Private (Charlene L) 10:00 am Great Courses 1:00 pm Dessert & Conversation w/Redstone Sr. Management 6:30 pm (Veranda Dining Room)	2 Exercise 8:30/9:00 am Outing to Phipps & Hofbrauhaus for those who signed up – Depart Clubhouse @ 10:00 am	3 Cardio Drumming w/Carol 9:30 am
5 Exercise 8:30/9:00 am	6 Cardio Drumming w/Carol 9:30 am Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am Westmoreland Mall 1:00 pm	7 Exercise 8:30/9:00 am Games 2:00 pm	8 Move & Groove 9:30 am (YouTube videos) Great Courses 1:00 pm Wine & Dine 4:00 pm	9 Exercise 8:30/9:00 am Book Club 1:00 pm Bob Evans 11:30 am	10 Cardio Drumming w/Carol 9:30 am	11 Cardio Drumming w/Carol 9:30 am
12 Chair Yoga 3:30 pm (YouTube videos)	13 Exercise 8:30/9:00 am Savvy Seniors 11:00 am Men's Lunch (top of hill) 12:00 pm Kohl's/Aldi 1:00 pm	14 Cardio Drumming w/Carol 9:30 am Chaplain Chat 1:00 pm Private (Charlene L) 5:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	15 Exercise 8:30/9:00 am Drumming w/Cecily 2:30 pm	16 Move & Groove 9:30 am (YouTube videos) Great Courses 1:00 pm	17 Exercise 8:30/9:00 am Donuts 9:30 am Abruzzi 3:45 pm	18 Cardio Drumming w/Carol 9:30 am
19 Chair Yoga 3:30 pm (YouTube videos)	20 Exercise 8:30/9:00 am Private (Taska) 11:00 am BP Wellness/Clinic 1:30 – 2:00 pm Walmart/Target 1:00 pm	21 Cardio Drumming w/Carol 9:30 am Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	22 Exercise 8:30/9:00 am Lunch Bunch 12:00 pm	23 Move & Groove 9:30 am (YouTube videos) Great Courses 1:00 pm	24 Exercise 8:30/9:00 am Villa Ladies to Drew Menas 3:00 pm Olive Garden 11:30 am Arbor Day	25 Cardio Drumming w/Carol 9:30 am
26 Chair Yoga 3:30 pm (YouTube videos)	27 Exercise 8:30/9:00 am Parkinson's Support Group 1:30 pm	28 Cardio Drumming w/Carol 9:30 am Chaplain Chat 1:00 pm Giant Eagle 9:30 am Shop & Save 10:30 am Banks 11:30 am	29 Exercise 8:30/9:00 am Games 2:00 pm	30 Move & Groove 9:30 am (YouTube videos) Great Courses 1:00 pm	See the reverse side of this calendar for event details and other important information.	

