

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

C-Chapel
A&C-Arts and Crafts Room
H-Highlanders
CR#-Card Room & Floor Number
ML-Main Lobby
MS-Medical Suite

May 2026

						<p>1 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Band Together -The Power of Music for those on the Spectrum-C 2:00-Maximizing Memory -A&C 3:00-Happy Hour-H *Wear your favorite Kentucky Derby style hat to Happy Hour!</p>	<p>2 11:45-Bingo-A&C 1:00-Popcorn & a Picture-A&C 5:30-2nd Floor Social 6:00-Meditation for the Soul-C *Kentucky Derby-Vote on your favorite horse in the A&C Room-Winners will receive Dove Dollars</p>
<p>3 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 2:30-Chapel Service-C 4:00-Word Games-CR4</p>	<p>4 10:00-12:00-Learn to play Mahjong-A&C 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Bingo-C 2:30-Write Your Life-A Memoir Writing Workshop-A&C 6:30-LCR- An easy and fun dice game! -CR3</p>	<p>5 10:30-Yoga/Stretch-C 11:00-Canvas Creations-A&C (see sample in Mailroom) 1:00-Word Games-A&C 1:00-Ice Cream Social-A&C 2:00-Bible Study- A&C Cinco de Mayo</p>	<p>6 10:00-Move & Groove-C 10:30-Better Balance-C 11:30-New TV Series "Man on the Inside"-A&C 1:00-The Spare Time Club (Wii Bowl)-A&C 1:30-Catholic Worship-C 2:30-Lifestyle Committee Mtg-A&C 6:30-Alabaster Disney Show-C</p>	<p>7 10:00-12:00-Learn to play Mahjong-A&C 9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 1:00-Floor Chat (Ground,1st & 2nd floor)-CR1 1:00-Blood Pressure-MS 2:00-The Poker Circle-H 4:30-Shuttle to Bon Cibo -ML</p>	<p>8 10:00-Move & Groove-C 10:30-Better Balance-C 12:45-Redstone Shuttle to Walmart-ML 2:00- Cornhole Tournament-Outside weather permitting 3:00-Happy Hour-H</p>	<p>9 11:45-Bingo-A&C 1:00-Popcorn & a Picture-A&C 6:00-Meditation for the Soul-C</p>	
<p>10 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 2:30-Chapel Service-C 4:00-Word Games-CR4 Mother's Day</p>	<p>11 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Special Mother's Day Bingo-C 2:30-Write Your Life-A Memoir Writing Workshop-A&C 6:30-Tenzi-Another easy & fun Dice Game! -CR3</p>	<p>12 10:00-Food Committee Mtg-DR 10:30-Yoga/Stretch-C 11:00-Chair Volleyball-C 1:00-Trivia & Teatime-A&C 2:00-Bible Study- A&C 6:00-Artful Spaces Art Class- A&C * See flyer, must sign up in mailroom</p>	<p>13 10:00-Move & Groove-C 10:30-Better Balance-C 11:30-New TV Series "Man on the Inside"-A&C 1:00- The Spare Time Club (Wii Bowl)-A&C 1:30-Catholic Worship-C 7:00-Bingo-A&Cde</p>	<p>14 9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 1:00-Blood Pressure-MS 2:00-The Poker Circle-H 4:30-Shuttle to Pizzaiolo's -ML</p>	<p>15 10:00-Move & Groove-C 10:30-Better Balance-C Shuttle to The National Aviary-ML 2:00-Maximizing Memory -A&C 3:00-Happy Hour-H</p>	<p>16 11:45-Bingo-A&C 1:00-Popcorn & a Picture-A&C 6:00-Meditation for the Soul-C Armed Forces Day</p>	
<p>17 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 2:30-Chapel Service-C 4:00-Word Games-CR4</p>	<p>18 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Bingo-C 2:30-Paul Eisert-Tropical Themed Music-C 6:30-LCR- An easy and fun Dice Game - CR3</p>	<p>19 10:30-Yoga/Stretch-C 11:30-Travelogue-A&C 1:00- Word Games-A&C 1:00-Ice Cream Social - A&C 2:00-Bible Study- A&C</p>	<p>20 10:00-Move & Groove-C 10:30-Better Balance-C 11:30-Veteran's Round Table-A&C 1:00- The Spare Time Club (Wii Bowl)-A&C 1:30-Catholic Worship-C 7:00-Bingo-A&C</p>	<p>21 9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 1:00-Blood Pressure-MS 1:00-Praise & Promise w/Beryl-C 2:00-Spiritual Life Committee-CR2 2:00-The Poker Circle-H 4:30-Shuttle to Fortune Star -ML Shavuot Begins</p>	<p>22 10:00-Move & Groove-C 10:30-Better Balance-C 12:45-Shuttle to CVS/Aldi's-ML 2:00-Maximizing Memory-A&C 3:00-Happy Hour-H</p>	<p>23 11:45-Bingo-A&C 1:00-Popcorn & a Picture-A&C 6:00-Meditation for the Soul-C</p>	
<p>24 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 2:30-Chapel Service-C 4:00-Word Games-CR4</p>	<p>25 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Bingo-C 2:30-Write Your Life-A Memoir Writing Workshop-A&C Memorial Day</p>	<p>26 10:30-Yoga/Stretch-C 11:00-Chair Volleyball-C 1:00-Scottish Dancer-C 2:00-Bible Study- A&C</p>	<p>27 10:00-Move & Groove-C 10:30-Better Balance-C 11:30-New TV Series "Man on the Inside"-A&C 1:00-The Spare Time Club (Wii Bowl)-A&C 1:30-Catholic Worship-C 7:00-Bingo-A&C</p>	<p>28 9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 1:00-Blood Pressure-MS 2:00-The Poker Circle-H 2:00-Poetic Pals Poetry Group-CR2 3:00-Music with Faye & Friends-C 4:30- Shuttle to Route 66 Grille-ML</p>	<p>29 10:00-Move & Groove-C 10:30-Information session on current scams with Mary Bach and Jill Cooper-C 2:00-Maximizing Memory-A&C 3:00-Happy Hour-H</p>	<p>30 11:45-Bingo-A&C 1:00-Popcorn & a Picture-A&C 6:00-Meditation for the Soul-C</p>	
<p>31 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 2:30-Chapel Service-C 4:00-Word Games-CR4</p>	<p style="text-align: center;">Hello, May! Do to our hearts what you do to the Earth's flowers. Calendars are subject to change. Please check K4 daily for updates.</p>						