

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |   |
|---|--|--|--|---|--|--|---|
|  |  |  | 10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice - PCA<br><br><small>Canada Day</small> | 9:15 Morning Greetings<br>10:00 Exercise with Tyler – PCA<br>10:30 Fun Question Time – PCA<br>1:00 Chuck Vita – C / CH 1972<br>1:30 Joyride – ML<br>3:00 Lucky Number Bingo - PCA | <b>Please enjoy an Activity Packet and Activity Stations set up in the Activity Room</b>   |   |   |
| Happy Sunday!<br>10:00 Fun and Games with Prerit- PCA<br>2:30 Chapel Worship - C  | <b>5</b> 9:15 Morning Greetings w/Joanne<br>10:00 Morning Coffee/ Tea Conversation W/ Snack Cake - PCA<br>10:30 Sunrise Stretches – PCA<br>1:00- Bingo - C<br>3:00 Craft Time          | <b>6</b> 9:15 Morning Greetings<br>10:00 All 6 Dice Game - PCA<br>10:30 Let's Get Moving- PCA<br>2:00 Movie & Stars/Sylvester Stallone - PCA<br>3:00 Last Man Standing Game - PCA  | <b>7</b> 10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice - PCA                         | <b>8</b> 10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice - PCA  | <b>9</b> <b>Happy Birthday Melvin!</b><br>9:15 Morning Greetings<br>10:00 Exercise with Tyler – PCA<br>10:30 Fun Question Time - PCA<br>1:30 Make Your Own Sundae - PCA<br>3:00 Bingo – PCA<br>Pet visit with Tessa  | <b>10</b> <b>Enjoy Word searches, coloring pages, and riddles</b>  | <b>11</b> 9:15 Morning Greetings<br>10:00 Bingo – PCA<br>3:00 Snack Time Outside Weather Permitting – PC Patio                          |
| Happy Sunday!<br>10:00 Fun and Games with Prerit- PCA<br>2:30 Chapel Worship - C  | <b>12</b> 9:15 Morning Greetings<br>10:00 Morning Coffee/ Tea Conversation W/ Snack Cake - PCA<br>10:30 Sunrise Stretches – PCA<br>1:00- Bingo - C<br>2:00 John Parrendo – C/CH 1972   | <b>13</b> <b>Happy Birthday Karen B!</b><br>9:15 Morning Greetings<br>10:00 Trivia - PCA<br>10:30 Let's Get Moving- PCA<br>2:00 Nail Salon Day - PCA<br>3:00 Last Man Standing Game - PCA<br><br><small>Bastille Day</small> | <b>14</b> 10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice – PCA                        | <b>15</b> 10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice – PCA   | <b>16</b> 10:00 Exercise with Tyler – PCA<br>10:30 Name that Tune – PCA<br>1:00 Alzheimer's Support Group- 2 <sup>nd</sup> Fl Card Rm<br>1:00 Praise & Promise w/ Beryl - C<br>1:30 Joyride - ML<br>3:00 Bingo - PCA | <b>17</b> 9:15- Morning Greetings<br>10:00 Fun Question Time – PCA<br>10:30 Morning Stretches - PCA<br>1:30 PC Happy Hour - PCL<br>3:00 Let's Color W/ Music Outside Weather Permitting - PCA    | <b>18</b> <b>Enjoy Word searches, coloring pages, and riddles</b>   |
| Happy Sunday!<br>10:00 Fun and Games with Prerit- PCA<br>2:30 Chapel Worship - C  | <b>19</b> 9:15 Morning Greetings<br>10:00 Morning Coffee/ Tea Conversation W/ Snack Cake - PCA<br>10:30 Sunrise Stretches – PCA<br>1:00- Bingo - C<br>2:30 Band Together - C           | <b>20</b> 9:15 Morning Greetings<br>10:00 All 6 Dice Game - PCA<br>10:30 Let's Get Moving – PCA<br>2:00 Let's Travel to Williamsburg Virginia - PCA<br>3:00 Last Man Standing Game - PCA                                     | <b>21</b> 10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice - PCA                        | <b>22</b> 10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice - PCA   | <b>23</b> 9:15 Morning Greetings<br>10:00 Exercise with Tyler – PCA<br>10:30 Fun Question Time - PCA<br>2:00 Popsicle Day Outside - PCP<br>3:00 Faye & Friends - C   | <b>24</b> 9:15- Morning Greetings<br>10:00 Fun Question Time – PCA<br>10:30 Morning Stretches - PCA<br>1:30 Let's Bake Blueberry Muffins - PCA<br>3:00 Let's Have Iced Tea Sitting Outside - PCP | <b>25</b> <b>9:15 Morning Greetings w/Rachel</b><br><b>10:00 Bingo – PCA</b><br><b>2:00 Movie Time – PCA</b>                            |
| Happy Sunday!<br>10:00 Fun and Games with Prerit- PCA<br>2:30 Chapel Worship - C  | <b>26</b> 9:15 Morning Greetings<br>10:00 Morning Coffee/ Tea Conversation W/ Snack Cake - PCA<br>10:30 Sunrise Stretches – PCA<br>1:00- Bingo - C<br>3:00 Let's Create Together – PCA | <b>27</b> 9:15 Morning Greetings<br>10:00 Trivia - PCA<br>10:30 Let's Get Moving- PCA<br>1:00 Music with Craig - TER<br>3:00 July's Birthday Celebration - PCA   | <b>28</b> 10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice - PCA                        | <b>29</b> <b>Happy Birthday Laura!</b><br>10:30 Morning Greetings<br>1:30 Catholic Church – C<br>2:30 Bible Study/ Fred Rogers – PCA<br>5:00 Game of Choice - PCA                 | <b>30</b> 9:15 Morning Greetings<br>10:00 Exercise with Tyler – PCA<br>10:30 Fun Question Time - PCA<br>1:30 Donut Social - PCA<br>3:00 Bingo - PCA  | <b>31</b> 9:15- Morning Greetings<br>10:00 Fun Question Time – PCA<br>10:30 Morning Stretches - PCA<br>1:30 PC Happy Hour - PCL<br>3:00 Let's Color W/ Music Outside Weather Permitting - PCA    | <b>PCA = PC Art &amp; Craft Room</b><br><b>C = Chapel</b><br><b>HL = Highlanders</b><br><b>PCL = PC Lobby</b><br><b>ML = Main Lobby</b> |

All areas are set up for meaningful engagement and can be used at any time. Activities are subject to change. Gift Shop Hours Mon – Sun 11 am – 2 pm