

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>July 2026</b></p> <p>Please consider joining your fellow residents on the Thursday Dinner Trips to local restaurants. There are available seats on the shuttle.</p>			<p><b>1</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 11:30-Netflix Series "A Man on the Inside."-A&amp;C 1:00-The Spare Time Club (Wii Bowl)-A&amp;C 1:30-Catholic Worship-C 2:30-Lifestyle Committee Mtg-A&amp;C</p>	<p><b>2</b></p> <p>9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 12:45-SPECIAL 4th of July Bingo! -C 2:00-Vita Music Presents Patriotic Tunes and Trivia-C 2:00-The Poker Circle-H 4:30-Shuttle to Master's Tavern- ML</p>	<p><b>3</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 11:00-K4 /Giant Eagle Grocery Order Support-H 2:00-Putt Putt Friday w/Tyler! 3:00-Happy Hour-H 6:00-Cornhole on the Patio</p>	<p><b>4</b></p> <p>11:45-Bingo-A&amp;C 1:00-Popcorn &amp; a Picture-A&amp;C</p> <p><b>**Enjoy our 4th of July Buffet in the Dining Room</b></p> <p><b>Happy 250th Birthday, America!</b></p> <p>Independence Day (U.S.)</p>
<p><b>5</b></p> <p>10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 2:30-Chapel Service-C</p>	<p><b>6</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 1:00-Bingo-C 2:30-Write your Life-Memoir Writing Workshop-A&amp;C</p>	<p><b>7</b></p> <p>10:30-Yoga/Stretch-C 1:00-Watercolor Workshop-A&amp;C 1:00-All 6 Dice Game-H 2:00-Therapy Dogs-ML 2:00-Bible Study- C 3:30- Backyard Garden Series Documentary-The Importance of Honey Bees-A&amp;C</p>	<p><b>8</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 11:15-Cardio Drum Circle with Camilo-C 1:00- The Spare Time Club (Wii Bowl)-A&amp;C 2:30-Learn to Wii Bowl-A&amp;C 7:00-Bingo-A&amp;C</p>	<p><b>9</b></p> <p>9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 1:00-Management Council-C 2:00-The Poker Circle-H 4:30-Shuttle to Max &amp; Erma's -ML</p>	<p><b>10</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 12:45-Shuttle to Walmart-ML 2:00-Walking Club with Tyler-ML 3:00-Happy Hour-H 6:00-Cornhole on the Patio</p>	<p><b>11</b></p> <p>11:45-Bingo-A&amp;C 1:00-Popcorn &amp; a Picture-A&amp;C 6:00-Mindful Meditation w/Dr. Eric-C</p> <p>This Saturday's Movie is "Happiness for Beginners."</p>
<p><b>12</b></p> <p>10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 2:30-Chapel Service-C</p>	<p><b>13</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 1:00- Bingo-C 2:00-Violinist John Parrendo with partner Jason-C 3:30-Write Your Life-A Memoir Writing Workshop-A&amp;C 6:00- Honeybee craft with volunteers Maggie and Emma-A&amp;C</p>	<p><b>14</b></p> <p>9:30- Birthday Donuts are Back!- H 10:30-Yoga/Stretch-C 1:00-Watercolor Workshop-A&amp;C 1:00-All 6 Dice Game 2:00-Bible Study- C</p> <p>*Visit the Arts and Crafts room to design your own magnet!</p>	<p><b>15</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 11:30-Netflix Series "A Man on the Inside."-A&amp;C 1:00- The Spare Time Club (Wii Bowl)-A&amp;C 1:30-Catholic Worship-C 7:00-Bingo-A&amp;C</p>	<p><b>16</b></p> <p>9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 1:00-Praise &amp; Promise w/Beryl-C 2:00-The Poker Circle-H 4:30-Shuttle to Denunzio's Italian --ML</p>	<p><b>17</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 12:45-Shuttle to CVS/Aldi's-H 2:00-Putt Putt Friday with Tyler! 3:00-Happy Hour-H 6:00-Cornhole on the Patio</p>	<p><b>18</b></p> <p>11:45-Bingo-A&amp;C 1:00-Popcorn and a Picture-A&amp;C</p> <p>*This Saturday's Movie is "The Proposal" with Sandra Bullock and Betty White</p>
<p><b>19</b></p> <p>10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church- ML 2:30-Chapel Service-C</p>	<p><b>20</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 1:00-Bingo-C 2:30-Write your Life-A Memoir Writing Workshop-A&amp;C</p> <p>*Stop by the Highlanders between 12:30 and 2:30 for our first Lemonade Bar!</p>	<p><b>21</b></p> <p>10:30-Yoga/Stretch-C 11:30-Travelogue-The World's Most Extraordinary Islands-A&amp;C 1:00-Watercolor Workshop-A&amp;C 1:00-Resident Ran Dice Game-H 2:00-Bible Study- C 3:00-Backyard Garden Series- "Pennsylvania Birds". Presented by Redstone resident Mark McConaughy-C</p>	<p><b>22</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 11:30-Netflix Series "A Man on the Inside."-A&amp;C 1:00-The Spare Time Club (Wii Bowl)-A&amp;C 1:30-Catholic Worship-C 7:00-Bingo-A&amp;C</p>	<p><b>23</b></p> <p>9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 2:00-The Poker Circle-H 4:30-Shuttle to Taipei Tokyo-ML 7:00-Delmont Band-C</p>	<p><b>24</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C Shuttle to Ligonier to Shop, Browse and/or Dine-ML 2:00-Walking Club with Tyler-ML 3:00-Happy Hour-H 6:00-Cornhole on the Patio</p>	<p><b>25</b></p> <p>11:45-Bingo-A&amp;C 1:00-Popcorn &amp; a Picture-A&amp;C 6:00-Word Games in Card Room 2</p> <p>*This Saturday's Movie is "Hitch" with Wil Smith and Kevin James</p>
<p><b>26</b></p> <p>10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church- ML 2:30-Chapel Service-C</p>	<p><b>27</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 1:00-Bingo-C 2:00-Book Club-Apt. 335 3:00-Backyard Garden Series- "Pittsburgh Honey". See Flyers for details! 6:00-All 6 Dice Game-H *No writing workshop today</p>	<p><b>28</b></p> <p>10:30-Yoga/Stretch-C 1:00-Watercolor Workshop-A&amp;C 2:00-Bible Study-C 6:00-Word Games in Card Room 4</p> <p>*Taco Tuesday* - Gift Shop \$5.00 Walking Tacos while supplies last</p>	<p><b>29</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 11:30-Netflix Series "A Man on the Inside"-A&amp;C 1:00-The Spare Time Club (Wii Bowl)-A&amp;C 1:30-Catholic Worship-C 7:00-Bingo-A&amp;C</p>	<p><b>30</b></p> <p>9:30-Grocery/Bank/Drugstore-ML 10:30-Yoga/Stretch-C 2:00-The Poker Circle-H 3:00-Music with Faye &amp; Friends-C 4:30-Shuttle to Dick's Diner -ML</p>	<p><b>31</b></p> <p>10:00-Move &amp; Groove-C 10:30-Better Balance-C 11:00-Shuttle to Murrysville Park-ML 11:30-Men's Lounge 2:00-Putt Putt Friday with Tyler-ML 3:00-Happy Hour-H 6:00-Cornhole on the Patio</p>	<p>C-CHAPEL A&amp;C-ARTS &amp; CRAFTS ROOM ML-MAIN LOBBY CR-CARD ROOM + FLOOR NUMBER H-HIGHLANDERS PDR-PRIVATE DINING ROOM</p> 

Calendars are subject to change. Please refer to K4 for updates. Say to your Alexa, "Alexa, what are today's events?" or "Alexa, what are today's notices?"