

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Back Yard Garden Series Presents: The Pittsburgh Zoo Animal Antics program on September 4th. Space is limited to the first 20 residents to sign up. Please sign up in the mailroom. C-Chapel A&C-Arts & Crafts Room H-Highlanders CR-Card Room ML-Main Lobby		1 10:30-Yoga/Stretch-C 1:00-Trivia Competition for Dove Dollars -H 2:00-Bible Study- A&C *Visit the 4th floor card room for new puzzle sheets!	2 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Wii Bowl-A&C 2:30-Lifestyle Committee Meeting-A&C 1:30-Catholic Worship-C 6:30-Special ROTARY Bingo!-H	3 9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 4:30 -Shuttle to Buon Cibo - ML Take a walk around the campus! Our beautiful days are numbered, go outside and enjoy the weather!	4 10:00-Move & Groove-C 10:30-Better Balance-C 2:00-Backyard Garden Series Presents the Pittsburgh Zoo and their "Animal Antics" Program. Limited Seating 2:00-Memory Class with Tyler is back!-A&C 3:00-Happy Hour with Local Wine Tastings-H	5 11:45-Bingo-A&C 1:00-Popcorn & a Picture-A&C * This Saturday's Movie is "A Beautiful Day in the Neighborhood."
6 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 2:30-Chapel Service-C	7 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Bingo-C 2:30-Write your Life-Memoir Writing Workshop-A&C Labor Day	8 9:30- Birthday Donuts-H 10:30-Yoga/Stretch-C 11:30-Featured Craft of the Month-Corn cob painting with Jamie-A&C 1:00- Turkeyfoot Dominoes-H 2:00-Bible Study- A&C	9 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Wii Bowl-A&C 1:00-4:00-Lifelong Learning Series presents a free viewing of "Protecting Seniors Online"- CR2 7:00-Bingo-A&C	10 9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 4:30-Shuttle to Olives & Peppers -ML Go outside and enjoy the putting green!	11 10:00-Move & Groove-C 10:30-Better Balance-C 12:45-Shuttle to Walmart-ML 2:00-First Responders Ceremony-C 2:00-Memory Class w/Tyler-A&C 3:00-Happy Hour-H 6:00-Cornhole on the Patio	12 11:45-Bingo-A&C 1:00-Popcorn & a Picture-A&C * This Saturday's Movie is "Ordinary Angels".
13 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 1:00-Steeler's 1st Game!-Pizza Party-H 2:30-Chapel Service-C	14 10:00-Move & Groove-C 10:30-Better Balance-C 11:00-New Resident Support Group-A&C 1:00- Bingo-C 2:30-Write your Life-A Memoir Writing Workshop-A&C	15 10:30-Yoga/Stretch Class-C 11:00-Q&A with Lifestyle Coordinator Jamie-H (Help with K4, Giant Eagle orders and any other community questions!) 1:00-Blank Slate Word Game-H 2:00-Bible Study	16 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Wii Bowl-A&C 1:30-Catholic Worship-C 7:00-Bingo-A&C	17 9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 11:30-Shuttle to Indian Lake Picnic-ML 1:00-Praise & Promise w/Beryl-C 1:00-Dementia Support-CR2 2:00-Lifelong Learning Series - WCCC's "Wines for Fall"-A&C	18 10:00-Move & Groove-C 10:30-Better Balance-C 12:45-Shuttle to CVS/Aldi's-H 1:00-Travelogue Series-"The Most Unusual Towns Around the World"-A&C 2:00-Memory Class with Tyler-A&C 3:00-Happy Hour w/ a Fall Beer Tasting Table-H 6:00-Cornhole on the Patio	19 11:45-Bingo-A&C 1:00-Popcorn and a Picture-A&C *This Saturday's Movie is "Nonnas" Puzzle room is always open. Start a new puzzle with a friend!-CR1
20 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 1:00-Steeler Game Viewing Party with Appetizers!-H 2:30-Chapel Service-C	21 10:00-Move & Groove-C 10:30-Better Balance-C 11:00-New Resident Support Group-A&C 1:00Bingo-H 2:30-Write your Life-A Memoir Writing Workshop-A&C	22 10:30-Yoga Stretch Class-C 1:00-Blank Slate- Word Game-H 2:00-Bible Study- A&C 6:30-7:30-Artful Spaces Series- Fall Craft Class. Sign up is required-A&C Head to the Gift Shop for a Walking Taco!	23 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Wii Bowl-A&C 1:30-Catholic Worship-C 7:00-Bingo-A&C	24 9:30-Groc/Bank/Drugstore-ML 10:30-Yoga/Stretching-C 3:00-Music with Pianist Faye & Friends-C 4:30-Shuttle to Red Lobster -ML	25 10:00-Move & Groove-C 10:30-Better Balance-C 10:30-Shuttle to Hobby Lobby-ML 11:30-Men's Lounge-PDR 2:00-Memory Class with Tyler-A&C 3:00-Happy Hour-H 6:00-Cornhole on the Patio	26 11:45-Bingo-A&C 1:00-Popcorn & a Picture-A&C 6:00-Mindful Meditation Series with Dr. Eric -C *This Saturday's movie is "Rescued by Ruby."
27 10:30-Shuttle to Newlonsburg Presbyterian-ML 11:00-Shuttle to Mother of Sorrows Catholic Church-ML 1:00-Steeler Game Viewing Party with a Popcorn Bar!-H 2:30-Chapel Service-C	28 10:00-Move & Groove-C 10:30-Better Balance-C 11:00-New Resident Support Group-A&C 1:00-Bingo-H 2:00-Book Club-Apt. 335 2:30-Write Your Life-A Memoir Writing Workshop-A&C	29 10:30-Yoga/Stretch Class-C 1:00-Fine Art Miracles Series Presents: Dance & Movement Therapy-C 1:00-Resident's Choice Game-H 2:00-Bible Study-A&C Today is National Coffee Day! - Join us in the Highlanders between 11 and 1. Choose from a variety of coffees to enjoy!	30 10:00-Move & Groove-C 10:30-Better Balance-C 1:00-Wii Bowl-A&C 1:30-Catholic Worship-C 7:00-Bingo-A&C	September 2026 Murrysville-Veranda *Calendar is subject to change. Please check K4 for updates.		